

## Comprehensive compilation of randomized controlled trials (RCTs) involving psychodynamic treatments and interventions

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| # | Study name      | Year | Total n | Patient sample   | Age group | PDT-intervention  | Comparison group(s)  | Main outcome reference  |
|---|-----------------|------|---------|--|-----------|---|--|---|
| 1 | Abbass, et al.  | 2008 | 27      | Personality disorders (mixed)  | Adult     | Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1990)                                    | Minimal contact  | Abbass, A., Sheldon, A., Gyra, J., & Kalpin, A. (2008). Intensive short-term dynamic psychotherapy for DSM-IV personality disorders: a randomized controlled trial. <i>J Nerv Ment Dis</i> , 196, 211-216. <a href="http://www.ncbi.nlm.nih.gov/pubmed/18340256">http://www.ncbi.nlm.nih.gov/pubmed/18340256</a>  |
| 2 | Ahola, et al.   | 2016 | 33      | Depression   | Adult     | Long-Term Psychodynamic Psychotherapy (at least 12 months, biweekly sessions, no reference to manual) | Waitlist (6 months)  | Ahola, P., Joensuu, M., Knekt, P., Lindfors, O., Saarinen, P., Tolmunen, T., ... Lehtonen, J. (2016). Effects of Scheduled Waiting for Psychotherapy in Patients With Major Depression. <i>The Journal of Nervous and Mental Disease</i> , 205(8), 611–617. <a href="http://doi.org/10.1097/NMD.0000000000000616">http://doi.org/10.1097/NMD.0000000000000616</a>         |
| 3 | Ajlchi, et al.  | 2016 | 32      | Depression   | Adult     | Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1990)                                    | Waitlist   | Ajlchi, B., Nejati, V., Town, J. M., Wilson, R., & Abbass, A. (2016). Effects of Intensive Short-Term Dynamic Psychotherapy on depressive symptoms and executive functioning in Major Depression. <i>The Journal of Nervous and Mental Disease</i> , 204(7), 500–5. <a href="http://doi.org/10.1097/NMD.0000000000000518">http://doi.org/10.1097/NMD.0000000000000518</a> |
| 4 | Alstrom, et al. | 1984 | 73      | Agoraphobia (in women not suitable for insight-oriented psychotherapy) | Adult     | Supportive dynamic psychotherapy (Dewald, 1964)   | 1. Prolonged exposure (in vivo w. therapist)<br>2. Relaxation training | Alstrom, J. E., Nordlund, G., Persson, G., Harding, M., & Lundquist, C. (1984). Effects of four treatment methods on agoraphobic women not suitable for insight-oriented psychotherapy. <i>Acta Psychiatrica Scandinavica</i> , 70, 1–17. <a href="http://www.ncbi.nlm.nih.gov/pubmed/6147066">http://www.ncbi.nlm.nih.gov/pubmed/6147066</a>                             |



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| 10 | Aziz, et al.     | 2020 | 36  | Generalized anxiety disorder (GAD)                  | Adult | Integrative (STDP + CBT)   | 1. CBT.<br>2. No treatment                                  | Aziz, M. O., Mehrinejad, S. A., Hashemian, K., & Paivastegar, M. (2020). Integrative therapy (short-term psychodynamic psychotherapy & cognitive-behavioral therapy) and cognitive-behavioral therapy in the treatment of generalized anxiety disorder: A randomized controlled trial. <i>Complementary Therapies in Clinical Practice</i> , 39 (January), 101122. <a href="https://doi.org/10.1016/j.ctcp.2020.101122">https://doi.org/10.1016/j.ctcp.2020.101122</a> |
| 11 | Bachar, et al.   | 1999 | 33  | Bulimia   | Adult | Self Psychological Treatment (based on Kohut, 1984)                  | Cognitive Orientation Treatment (Kreitler & Kreitler, 1990) | Bachar, E., Latzer, Y., Kreitler, S., & Berry, E. M. (1999). Empirical comparison of two psychological therapies. Self psychology and cognitive orientation in the treatment of anorexia and bulimia. <i>J Psychother Pract Res</i> , 8, 115-128. <a href="http://www.ncbi.nlm.nih.gov/pubmed/10079_459">http://www.ncbi.nlm.nih.gov/pubmed/10079_459</a>  |
| 12 | Baldoni, et al.  | 1995 | 36  | Urethral syndrome                                   | Adult | Short-Term Dynamic Psychotherapy (STDP; Malan, 1979; Davanloo, 1980) | TAU   | Baldoni, F., Baldaro, B., & Trombini, G. (1995). Psychotherapeutic perspectives in urethral syndrome. <i>Stress Medicine</i> , 11 (July 1994), 79–84. <a href="http://onlinelibrary.wiley.com/doi/10.1002/smi.2460110115/abstract">http://onlinelibrary.wiley.com/doi/10.1002/smi.2460110115/abstract</a>  |
| 13 | Balottin, et al. | 2014 | 33  | Idiopathic headache (children/adolescents 6-18 yrs) | Child | Short-Term Psychodynamic Psychotherapy (STPP; Aliprandi et al, 1990) | TAU   | Balottin, U., Ferri, M., Racca, M., Rossi, M., Rossi, G., Beghi, E., ... Termine, C. (2014). Psychotherapy versus usual care in pediatric migraine and tension-type headache: a single-blind controlled pilot study. <i>Italian Journal of Pediatrics</i> , 40(1), 6. <a href="http://www.ncbi.nlm.nih.gov/pubmed/24444_140">http://www.ncbi.nlm.nih.gov/pubmed/24444_140</a>  |
| 14 | Barber, et al.   | 2011 | 156 | Depression  | Adult | Supportive Expressive Psychotherapy (SEP; Luborsky, 1984)            | 1. Placebo<br>2. SSRI/SNRI                                  | Barber, J. P., Barrett, M. S., Gallop, R., Rynn, M. a, & Rickels, K. (2011). Short-term dynamic psychotherapy versus pharmacotherapy for major depressive disorder: a randomized, placebo-controlled trial. <i>The Journal of clinical psychiatry</i> , 1–8. <a href="http://www.ncbi.nlm.nih.gov/pubmed/22152_401">http://www.ncbi.nlm.nih.gov/pubmed/22152_401</a>   |

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| 15 | Barkham, et al.  | 1996 | 36  | Depression                      | Adult | Psychodynamic-Interpersonal Therapy (PIT, Hobson, 1985)   | CBT (no reference)                          | Barkham, M., Rees, A., Shapiro, D. A., Stiles, W. B., Agnew, R. M., & Halstead, J., et al. (1996). Outcomes of time-limited psychotherapy in applied settings: replicating the Second Sheffield Psychotherapy Project. <i>J Consult Clin Psychol</i> , 64, 1079-1085.<br><a href="http://www.ncbi.nlm.nih.gov/pubmed/8916639">http://www.ncbi.nlm.nih.gov/pubmed/8916639</a>                                     |
| 16 | Barkham, et al.  | 1999 | 116 | Depression (subsyndromal)       | Adult | Psychodynamic-Interpersonal Therapy (PIT, 3 sessions; Barkham & Shapiro, based on Hobson, 1985) | CBT (Beck et al 1979; Beck, 1995)           | Barkham, M., Shapiro, D. A., Hardy, G. E., & Rees, A. (1999). Psychotherapy in two-plus-one sessions: outcomes of a randomized controlled trial of cognitive-behavioral and psychodynamic-interpersonal therapy for subsyndromal depression. <i>J Consult Clin Psychol</i> , 67, 201-211.<br><a href="http://www.ncbi.nlm.nih.gov/pubmed/10224730">http://www.ncbi.nlm.nih.gov/pubmed/10224730</a>               |
| 17 | Bassett, et al.  | 1985 | 26  | Chronic pain                    | Adult | Psychodynamic therapy (12 sessions, no reference)   | Supportive psychotherapy (no reference)     | Bassett, D. L., & Pilowsky, I. (1985). A study of brief psychotherapy for chronic pain. <i>J Psychosom Res</i> , 29, 259-264. <a href="http://www.sciencedirect.com/science/article/pii/0022399985900522">http://www.sciencedirect.com/science/article/pii/0022399985900522</a>  |
| 18 | Bastos, et al.   | 2014 | 272 | Depression                      | Adult | Long-term psychodynamic psychotherapy (LTPP; Gabbard, 2004; 2010)                               | 1. Fluoxetine alone<br>2. LTPP + fluoxetine | Bastos, A. G., Guimaraes, L. S. P., & Trentini, C. M. (2014). The efficacy of long-term psychodynamic psychotherapy, fluoxetine and their combination in the outpatient treatment of depression. <i>Psychotherapy Research : Journal of the Society for Psychotherapy Research</i> , (July 2014), 1-13.<br><a href="http://www.ncbi.nlm.nih.gov/pubmed/25041333">http://www.ncbi.nlm.nih.gov/pubmed/25041333</a> |
| 19 | Bateman & Fonagy | 1999 | 38  | Borderline personality disorder | Adult | Mentalization-Based Treatment (MBT; Bateman & Fonagy, 2004)                                     | TAU   | Bateman, A., & Fonagy, P. (1999). Effectiveness of partial hospitalization in the treatment of borderline personality disorder: a randomized controlled trial. <i>The American Journal of Psychiatry</i> , 156(10), 1563-9.<br><a href="http://www.ncbi.nlm.nih.gov/pubmed/10518167">http://www.ncbi.nlm.nih.gov/pubmed/10518167</a>   |

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| 20 | Bateman & Fonagy   | 2009 | 134 | Borderline personality disorder<br>Borderline and co-morbid Antisocial personality disorder | Adult      | Mentalization-Based Treatment (MBT; Bateman & Fonagy, 2004)  | Structured Clinical Management (SCM)                   | Bateman, A., & Fonagy, P. (2009). Randomized controlled trial of outpatient mentalization-based treatment versus structured clinical management for borderline personality disorder. <i>Am J Psychiatry</i> , 166, 1355-1364.<br><a href="http://www.ncbi.nlm.nih.gov/pubmed/19833787">http://www.ncbi.nlm.nih.gov/pubmed/19833787</a>  |
| 21 | Bateman & Fonagy   | 2018 | 56  | Families of people with Borderline Personality Disorder                                     | Adult      | Mentalization-Based Intervention (MBT-FACTS; psychoeducation and skills-training based on MBT; Bateman & Fonagy, 2016) | Waitlist   | Bateman, A., & Fonagy, P. (2018). A Randomized Controlled Trial of a Mentalization-Based Intervention (MBT-FACTS) for Families of People With Borderline Personality Disorder. <i>Personality Disorders: Theory, Research, and Treatment</i> .<br><a href="https://www.ncbi.nlm.nih.gov/pubmed/29999394">https://www.ncbi.nlm.nih.gov/pubmed/29999394</a>   |
| 22 | Beck, et al.       | 2019 | 112 | Borderline personality disorder   | Adolescent | Mentalization-Based Group Therapy (MBT-G; Karterud, 2011; Karterud & Bateman; 2012)                                    | TAU with 12 individual supportive sessions             | Beck, E., Bo, S., Jørgensen, M. S., Gondan, M., Poulsen, S., Storebø, O. J., ... Simonsen, E. (2019). Mentalization-based treatment in groups for adolescents with borderline personality disorder: a randomized controlled trial. <i>Journal of Child Psychology and Psychiatry</i> , 0(0), jcpp.13152.<br><a href="https://doi.org/10.1111/jcpp.13152">https://doi.org/10.1111/jcpp.13152</a>   |
| 23 | Ben-Itzhak, et al. | 2012 | 66  | Adjustment disorder   | Adult      | Brief Psychodynamic Psychotherapy (BPP; 12 sessions; Malan, 1979)  | Brief Psychodynamic Psychotherapy (1 yrs; Malan, 1979) | Ben-Itzhak, S., Bluvstein, I., Schreiber, S., Aharonov-Zaig, I., Maor, M., Lipnik, R., & Bloch, M. (2012). The Effectiveness of Brief Versus Intermediate Duration Psychodynamic Psychotherapy in the Treatment of Adjustment Disorder. <i>Journal of Contemporary Psychotherapy</i> , 42(4), 249–256.<br><a href="http://www.springerlink.com/index/10.1007/s_10879-012-9208-6">http://www.springerlink.com/index/10.1007/s_10879-012-9208-6</a> |
| 24 | Beresnevaite       | 2000 | 37  | Alexithymia (in patients with coronary heart disease)                                       | Adult      | Group psychotherapy (no reference)   | Psychoeducation  | Beresnevaite, M. (2000) Exploring the benefits of group psychotherapy in reducing alexithymia in coronary heart disease patients: a preliminary study. <i>Psychotherapy and Psychosomatics</i> , 69, 117–122.<br><a href="http://www.ncbi.nlm.nih.gov/pubmed/10773774?dopt=Abstract">http://www.ncbi.nlm.nih.gov/pubmed/10773774?dopt=Abstract</a>  |

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| 25 | Bernik, et al. | 2018 | 147 | Social anxiety disorder (SAD)          | Adult | Group psychodynamic therapy (GPT; no manual)<br>1. Sertraline + GPT<br>2. Placebo + GPT                        | Group CBT (manualized, but no reference)<br>1. Sertraline + GCBT<br>2. Placebo + GCBT | Bernik, M., Corregiari, F., Savoia, M. G., Barros Neto, T. P. de, Pinheiro, C., & Neto, F. L. (2018). Concomitant treatment with sertraline and social skills training improves social skills acquisition in social anxiety disorder: A double-blind, randomized controlled trial. <i>PLOS ONE</i> , 13(10), 2–18. <a href="http://doi.org/10.1371/journal.pone.0205809">http://doi.org/10.1371/journal.pone.0205809</a>                           |
| 26 | Beutel, et al. | 2006 | 354 | Severe obesity                         | Adult | Individual in-patient psychodynamic psychotherapy (local program, no reference)                                | In-patient CBT (Local program, no reference)  | Beutel, M. E., Dippel, A., Szczepanski, M., Thiede, R., & Wiltink, J. (2006). Mid-Term Effectiveness of Behavioral and Psychodynamic Inpatient Treatments of Severe Obesity Based on a Randomized Study. <i>Psychotherapy and Psychosomatics</i> , 75(6), 337–345. <a href="http://www.ncbi.nlm.nih.gov/pubmed/17053334?dopt=Abstract">http://www.ncbi.nlm.nih.gov/pubmed/17053334?dopt=Abstract</a>   |
| 27 | Beutel, et al. | 2013 | 157 | Depression (in breast cancer patients) | Adult | Supportive-Expressive Psychotherapy (SEP; Haselbacher, Barthel, Brähler et al., 2010; based on Luborsky, 1984) | TAU   | Beutel, M. E., Weissflog, G., Leuteritz, K., Wiltink, J., Haselbacher, a., Ruckes, C., ... Brähler, E. (2013). Efficacy of short-term psychodynamic psychotherapy (STPP) with depressed breast cancer patients: results of a randomized controlled multicenter trial. <i>Annals of Oncology</i> , 1–7. <a href="http://annonc.oxfordjournals.org/cgi/doi/10.1093/annonc/mdt526">http://annonc.oxfordjournals.org/cgi/doi/10.1093/annonc/mdt526</a> |
| 28 | Beutel, et al. | 2013 | 54  | Panic disorder                         | Adult | Panic Focused Psychodynamic Psychotherapy (PFPP; Milrod, 2001)   | CBT   | Beutel, M. E., Scheurich, V., Knebel, A., Michal, M., Wiltink, J., Graf-Morgenstern, M., ... Subic-Wrana, C. (2013). Implementing panic-focused psychodynamic psychotherapy into clinical practice. <i>Canadian journal of psychiatry. Revue canadienne de psychiatrie</i> , 58(6), 326–34. <a href="http://www.ncbi.nlm.nih.gov/pubmed/23768260">http://www.ncbi.nlm.nih.gov/pubmed/23768260</a>  |
| 29 | Bloch, et al.  | 2012 | 42  | Depression (post-partum)               | Adult | Brief Dynamic Psychotherapy (BDT; Malan, 1979) + placebo meds  | Brief Dynamic Psychotherapy (BDT; Malan, 1979) + Sertraline                           | Bloch, M., Meiboom, H., Lorberblatt, M., Bluvstein, I., Aharonov, I., & Schreiber, S. (2012). The effect of sertraline add-on to brief dynamic psychotherapy for the treatment of postpartum depression: a randomized, double-blind, placebo-controlled study. <i>The Journal of clinical psychiatry</i> , 73(2), 235–41. <a href="http://www.ncbi.nlm.nih.gov/pubmed/22401479">http://www.ncbi.nlm.nih.gov/pubmed/22401479</a>                    |

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| 30 | Bressi, et al.    | 2010 | 60  | Mixed sample (depression and anxiety) | Adult | Brief Dynamic Psychotherapy (BDT; Malan, 1976; Osimo & Malan, 1992) | TAU   | Bressi, C., Porcellana, M., Marinaccio, P. M., Nocito, E. P., & Magri, L. (2010). Short-term psychodynamic psychotherapy versus treatment as usual for depressive and anxiety disorders: a randomized clinical trial of efficacy. <i>The Journal of Nervous and Mental Disease</i> , 198(9), 647–52. <a href="http://www.ncbi.nlm.nih.gov/pubmed/20823_726">http://www.ncbi.nlm.nih.gov/pubmed/20823_726</a> |
| 31 | Brockman, et al.  | 1987 | 48  | Mixed sample                          | Adult | Interpretive therapy (Mann & Goldman, 1982)                         | Cognitive-analytic therapy (CAT; Ryle, 1979; 1982)  | Brockman, B., Poynton, A., Ryle, A., & Watson, J. P. (1987). Effectiveness of time-limited therapy carried out by trainees. Comparison of two methods. <i>Br J Psychiatry</i> , 151, 602-610. <a href="http://bjp.rcpsych.org/content/151/5/602">http://bjp.rcpsych.org/content/151/5/602</a>  |
| 32 | Brodaty & Andrews | 1983 | 56  | Mixed sample                          | Adult | Short-Term Dynamic Psychotherapy (STDP; Balant, Malan & Sifneos)    | 1. Family practitioner<br>2. No treatment   | Brodaty, H., & Andrews, G. (1983). Brief psychotherapy in family practice. A controlled prospective intervention trial. <i>Br J Psychiatry</i> , 143, 11-19. <a href="http://bjp.rcpsych.org/content/143/1/11.short">http://bjp.rcpsych.org/content/143/1/11.short</a>   |
| 33 | Brom, et al.      | 1989 | 112 | PTSD                                  | Adult | Brief Psychodynamic Therapy (BPT; Horowitz, 1976)                   | 1. Trauma Desensitization (no specific reference)<br>2. Hypnotherapy (no specific reference)<br>3. Waitlist | Brom, D., Kleber, R. J., & Defares, P. B. (1989). Brief psychotherapy for posttraumatic stress disorders. <i>J Consult Clin Psychol</i> , 57, 607-612. <a href="http://www.ncbi.nlm.nih.gov/pubmed/25716_25">http://www.ncbi.nlm.nih.gov/pubmed/25716_25</a>   |
| 34 | Budman, et al.    | 1988 | 98  | Mixed sample                          | Adult | Time-Limited Psychotherapy (TLP; Mann, 1973)                        | Time-limited group psychotherapy (Budman & Bennett, 1983)   | Budman, S. H., Demby, A., Redondo, J. P., Hannan, M., Feldstein, M., & Ring, J., et al. (1988). Comparative outcome in time-limited individual and group psychotherapy. <i>Int J Group Psychother</i> , 38, 63-86. <a href="http://www.tandfonline.com/doi/abs/10.1080/00207284.1988.11491085">http://www.tandfonline.com/doi/abs/10.1080/00207284.1988.11491085</a>   |

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| 35 | Burnand, et al. | 2002 | 74 | Depression                    | Adult       | Psychodynamic psychotherapy + clomipramine, (unclear which PDT-model, Safran & Muran is mentioned among references) | Supportive care + clomipramine                     | Burnand, Y., Andreoli, A., Kolatte, E., Venturini, A., & Rosset, N. (2002). Psychodynamic psychotherapy and clomipramine in the treatment of major depression. <i>Psychiatr Serv</i> , 53, 585-590. <a href="http://www.ncbi.nlm.nih.gov/pubmed/11986508">http://www.ncbi.nlm.nih.gov/pubmed/11986508</a>                                     |
| 36 | Burns, et al.   | 2005 | 40 | Alzheimers disease            | Older adult | Psychodynamic-Interpersonal Therapy (PIT; Hobson, 1985)   | TAU  | Burns, A., Guthrie, E., Marino-Francis, F., Busby, C., Morris, J., Russell, E., ... Byrne, J. (2005). Brief psychotherapy in Alzheimer's disease. <i>British Journal Of Psychiatry</i> , 187(2), 143-147. <a href="http://bjp.rcpsych.org/content/187/2/143.short">http://bjp.rcpsych.org/content/187/2/143.short</a>                         |
| 37 | Bögels, et al.  | 2014 | 47 | Social anxiety disorder (SAD) | Adult       | Short-Term Dynamic Psychotherapy (STDP; Malan, 1979; also mentions Luborsky 1984)                                   | 1. CBT (Clark & Wells, 1995)<br>2. Waitlist        | Bögels, S., Wijts, P., Oort, F., & Sallaerts, S. J. (2014). Psychodynamic psychotherapy versus cognitive-behavior therapy for social anxiety disorder: An efficacy and partial effectiveness trial. <i>Depression and Anxiety</i> , 31(5), 363-373. <a href="http://doi.wiley.com/10.1002/da.22246">http://doi.wiley.com/10.1002/da.22246</a> |
| 38 | Caputo et al.   | 2020 | 82 | Psychology professionals      | Adult       | Psychodynamic Intervention for Career Strategies  | Waitlist   | Caputo, A., Fregonese, C., & Langher, V. (2020). The effectiveness of psychodynamic career counselling: a randomised control trial on the PICS programme. <i>Psychodynamic Practice</i> , 26(2), 136-165. <a href="https://doi.org/10.1080/14753634.2020.1745676">https://doi.org/10.1080/14753634.2020.1745676</a>                           |
| 39 | Carrington      | 1979 | 30 | Depression                    | Adult       | Analytic psychotherapy (no reference)   | 1. Cognitive therapy (no reference)<br>2. Waitlist | Carrington, C. H. (1979). <i>A comparison of cognitive and analytically oriented brief treatment approaches to depression in black women</i> . Dissertation. University of Maryland.  |

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| 40 | Carty, et al.     | 2019 | 62  | Chronic urogenital pain          | Adult | Emotional Awareness and Expression Therapy (Integrative method with psychodynamic components, see Lumley & Schubiner, 2019) | TAU  | □ Carty, J. N., Ziadni, M. S., Holmes, H. J., Tomakowsky, J., Peters, K., Schubiner, H., & Lumley, M. A. (2019). The Effects of a Life Stress Emotional Awareness and Expression Interview for Women with Chronic Urogenital Pain: A Randomized Controlled Trial. <i>Pain Medicine</i> , 20(7), 1321–1329. <a href="https://doi.org/10.1093/pm/pny182">https://doi.org/10.1093/pm/pny182</a>  |
| 41 | Chavooshi, et al. | 2016 | 100 | Medically unexplained pain (MUP) | Adult | Internet-delivered Intensive Short-Term Dynamic Psychotherapy (ID-ISTDP; Abbass, 2015)                                      | TAU  | Chavooshi, B., Mohammadkhani, P., & Dolatshahee, B. (2016). A Randomized Double- Blind Controlled Trial Comparing Davanloo's Intensive Short-Term Dynamic Psychotherapy as Internet-Delivered Versus Treatment as Usual for Medically Unexplained Pain: A Six- Month Pilot Study. <i>Psychosomatics</i> , 57(3), 292–300. <a href="http://linkinghub.elsevier.com/retrieve/pii/S033318216000025">http://linkinghub.elsevier.com/retrieve/pii/S033318216000025</a> |
| 42 | Chavooshi, et al. | 2016 | 81  | Medically unexplained pain (MUP) | Adult | Intensive Short-Term Dynamic Psychotherapy (ISTDP; Abbass, 2015)  | Internet-delivered ISTDP (ID-ISTDP)                                  | Chavooshi, B., Mohammadkhani, P., & Dolatshahee, B. (2016). Telemedicine vs. in- person delivery of intensive short-term dynamic psychotherapy for patients with medically unexplained pain: A 12-month randomized, controlled trial. <i>Journal of Telemedicine and Telecare</i> , 0(0), 1–9. <a href="http://jtt.sagepub.com/lookup/doi/10.1177/1357633X15627382">http://jtt.sagepub.com/lookup/doi/10.1177/1357633X15627382</a>                                |
| 43 | Chavooshi, et al. | 2016 | 63  | Medically unexplained pain (MUP) | Adult | Intensive Short-Term Dynamic Psychotherapy (ISTDP; Abbass, 2015)  | 1. Mindfulness-based stress reduction (MBSR; no reference)<br>2. TAU | Chavooshi, B., Mohammadkhani, P., & Dolatshahee, B. (2016). Efficacy of Intensive Short-Term Dynamic Psychotherapy for Medically Unexplained Pain: A Pilot Three- Armed Randomized Controlled Trial Comparison with Mindfulness-Based Stress Reduction. <i>Psychotherapy and Psychosomatics</i> , 123–125. <a href="http://www.karger.com/?doi=10.1159/000441698">http://www.karger.com/?doi=10.1159/000441698</a>  |
| 44 | Chavooshi, et al. | 2017 | 341 | Medically unexplained pain (MUP) | Adult | Intensive Short-Term Dynamic Psychotherapy (ISTDP; Abbass, 2015)  | CBT (Turk et al., 1983)  | Chavooshi, B., Saberi, M., Tavallaie, S. A., & Sahraei, H. (2017). Psychotherapy for Medically Unexplained Pain: A Randomized Clinical Trial Comparing Intensive Short-Term Dynamic Psychotherapy and Cognitive Behavior Therapy, <i>Psychosomatics</i> , <a href="http://dx.doi.org/10.1016/j.psym.2017.01.003">http://dx.doi.org/10.1016/j.psym.2017.01.003</a>   |

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| 45 | Clarici, et al.          | 2015 | 16  | Depression (post-partum) | Adult | Psychodynamic approach (non-manualized?) + oxytocine                          | Psychodynamic approach (non-manualized?) + placebo                       | Clarici, A., Pellizzoni, S., Guaschino, S., Alberico, S., Bembich, S., Giuliani, R., ... Panksepp, J. (2015). Intranasal administration of oxytocin in postnatal depression: implications for psychodynamic psychotherapy from a randomized double-blind pilot study. <i>Frontiers in Psychology</i> , 06, 1–10. <a href="http://journal.frontiersin.org/article/10.3389/fpsyg.2015.00426/abstract">http://journal.frontiersin.org/article/10.3389/fpsyg.2015.00426/abstract</a> |
| 46 | Clarkin, et al.          | 2007 | 90  | Borderline personality   | Adult | Transference-Focused Psychotherapy (TFP; Clarkin, Yeomans, & Kernberg, 1999)  | 1. DBT (Linehan, 1991)<br>2. Supportive therapy                          | Clarkin, J. F., Levy, K. N., Lenzenweger, M. F., & Kernberg, O. F. (2007). Evaluating three treatments for borderline personality disorder: a multiwave study. <i>Am J Psychiatry</i> , 164, 922-928. <a href="http://www.ncbi.nlm.nih.gov/pubmed/17541052">http://www.ncbi.nlm.nih.gov/pubmed/17541052</a>  |
| 47 | Conceição, et al.        | 2020 | 80  | Females with lupus (SLE) | Adult | Short-term Group Therapy (Marty, 1990; Luborsky, 1984; Sifneos, 1987)         | Waitlist (or add-on design - both groups received standard medical care) | Conceição, C. T. M., Meinão, I. M., Bombana, J. A., & Sato, E. I. (2019). Psychoanalytic psychotherapy improves quality of life, depression, anxiety and coping in patients with systemic lupus erythematosus: a controlled randomized clinical trial. <i>Advances in Rheumatology (London, England)</i> , 59(1), 4. <a href="https://doi.org/10.1186/s42358-019-0047-y">https://doi.org/10.1186/s42358-019-0047-y</a>   |
| 48 | Connolly Gibbons, et al. | 2012 | 40  | Depression               | Adult | Supportive-Expressive Psychotherapy (SEP; manual adapted from Luborsky, 1984) | TAU  | Connolly Gibbons, M. B., Thompson, S. M., Scott, K., Schauble, L. a, Mooney, T., Thompson, D., ... Crits-Christoph, P. (2012). Supportive-expressive dynamic psychotherapy in the community mental health system: A pilot effectiveness trial for the treatment of depression. <i>Psychotherapy (Chicago, Ill.)</i> , 49(3), 303–16. <a href="http://www.ncbi.nlm.nih.gov/pubmed/22962_971">http://www.ncbi.nlm.nih.gov/pubmed/22962_971</a>                                     |
| 49 | Connolly Gibbons, et al. | 2016 | 237 | Depression               | Adult | Supportive-Expressive Psychotherapy (SEP; Book, 1998; Luborsky, 1984)         | CBT (Beck, 1995)   | Connolly Gibbons, M. B., Gallop, R., Thompson, D., Luther, D., Crits-Christoph, K., Jacobs, J., ... Crits-Christoph, P. (2016). Comparative effectiveness of Cognitive Therapy and Dynamic Psychotherapy for Major Depressive Disorder in a community mental health setting. <i>JAMA Psychiatry</i> , 19104, 1–8. <a href="http://doi.org/10.1001/jamapsychiatry.2016.1.720">http://doi.org/10.1001/jamapsychiatry.2016.1.720</a>  |

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| 50 | Cooper, et al.          | 2003 | 193 | Depression (post-partum) | Adult | Psychodynamic therapy (Cramer et al, 1990; Stern, 1995)  | 1. TAU<br>2. Non-directive counseling (Holden et al, 1989)<br>3. Cognitive-Behavioural Therapy (Hawton et al, 1989)                          | Cooper, P. J., Murray, L., Wilson, A., & Romaniuk, H. (2003). Controlled trial of the short- and long-term effect of psychological treatment of post-partum depression. I. Impact on maternal mood. <i>Br J Psychiatry</i> , 182, 412-419. <a href="http://www.ncbi.nlm.nih.gov/pubmed/12724_244">http://www.ncbi.nlm.nih.gov/pubmed/12724_244</a>  |
| 51 | Covi & Lipman           | 1987 | 90  | Depression               | Adult | Traditional Group Therapy (based on "psychodynamic-Interpersonal" theories but with no reference)        | 1. CBT group therapy (Beck, 1979; Covi, 1982)<br>2. CBT group therapy + Imipramine   | Covi, L., & Lipman, R. S. (1987). Cognitive behavioral group psychotherapy combined with imipramine in major depression. <i>Psychopharmacol Bull</i> , 23, 173-176. <a href="http://www.ncbi.nlm.nih.gov/pubmed/36023_15">http://www.ncbi.nlm.nih.gov/pubmed/36023_15</a>   |
| 52 | Covi, et al.            | 1974 | 146 | Depression (chronic)     | Adult | Psychodynamically oriented group therapy (no reference) + medication or placebo                          | Brief supportive contact + medication or placebo   | Covi, L., Lipman, R. S., Derogatis, L. R., Smith, J. E., & Pattison, J. H. (1974). Drugs and group psychotherapy in neurotic depression. <i>Am J Psychiatry</i> , 131, 191-198. <a href="http://ajp.psychiatryonline.org/doi/abs/10.1176/ajp.131.2.191">http://ajp.psychiatryonline.org/doi/abs/10.1176/ajp.131.2.191</a>   |
| 53 | Creed, et al.           | 2003 | 257 | Irritable bowel syndrome | Adult | Psychodynamic-Interpersonal Therapy (PIT; Hobson, 1985)  | 1. TAU<br>2. SSRI  | Creed, F., Fernandes, L., Guthrie, E., Palmer, S., Ratcliffe, J., & Read, N., et al. (2003). The cost-effectiveness of psychotherapy and paroxetine for severe irritable bowel syndrome. <i>Gastroenterology</i> , 124, 303-317. <a href="http://www.ncbi.nlm.nih.gov/pubmed/12557_136">http://www.ncbi.nlm.nih.gov/pubmed/12557_136</a>  |
| 54 | Crits-Christoph, et al. | 1999 | 487 | Cocaine dependence       | Adult | Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984) + group drug counseling (Mercer & Woody, 1992) | 1. Cognitive therapy (Beck, 1993) + group drug counseling (GDC; Mercer & Woody, 1992)<br>2. Individual drug counseling + GDC<br>3. GDC alone | Crits-Christoph, P., Siqueland, L., Blaine, J., Frank, A., Luborsky, L., & Onken, L. S., et al. (1999). Psychosocial treatments for cocaine dependence: National Institute on Drug Abuse Collaborative Cocaine Treatment Study. <i>Arch Gen Psychiatry</i> , 56, 493-502. <a href="http://archpsyc.amanetwork.com/article.aspx?articleid=1673777">http://archpsyc.amanetwork.com/article.aspx?articleid=1673777</a> |

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| 55 | Crits-Christoph, et al. | 2005 | 84  | Generalized anxiety disorder (GAD)                         | Adult | Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984)   | Supportive therapy (Borkovec & Matthews, 1988; Borkovec & Costello, 1993)  | Crits-Christoph, P., Gibbons, M. B. C., Narducci, J., Schamberger, M., & Gallop, R. (2005). Interpersonal Problems and the Outcome of Interpersonally Oriented Psychodynamic Treatment of GAD. <i>Psychotherapy: Theory, Research, Practice, Training</i> , 42 (2), 211–224.<br><a href="http://doi.apa.org/getdoi.cfm?doi=10.1037/0_033-3204.42.2.211">http://doi.apa.org/getdoi.cfm?doi=10.1037/0_033-3204.42.2.211</a> |
| 56 | Cummings, et al.        | 2008 | 54  | Oppositional defiant disorder/disruptive behavior disorder | Child | Supportive-Expressive Psychotherapy – Parent Child (SEP-PC; Wittenberg, adapted from Luborsky, 19854) | The Incredible Years Parenting Program   | Cummings, J. G., & Wittenberg, J. V. (2008). Supportive expressive therapy - Parent child version: an exploratory study. <i>Psychotherapy Theory, Research, Practice, Training</i> , 45, 148-164.<br><a href="http://www.ncbi.nlm.nih.gov/pubmed/22122_414">http://www.ncbi.nlm.nih.gov/pubmed/22122_414</a>  |
| 57 | Dare, et al.            | 2001 | 84  | Anorexia   | Adult | Focal psychoanalytic psychotherapy (Dare, 1995; Malan, 1979)  | 1. Cognitive Analytic Therapy (Ryle, 1990; Treasure et al, 1995)<br>2. Family therapy (no specific reference)<br>3. Routine care (TAU) | Dare, C., Eisler, I., Russell, G., Treasure, J., & Dodge, L. (2001). Psychological therapies for adults with anorexia nervosa: randomised controlled trial of out-patient treatments. <i>Br J Psychiatry</i> , 178, 216-221.<br><a href="http://www.ncbi.nlm.nih.gov/pubmed/11230_031">http://www.ncbi.nlm.nih.gov/pubmed/11230_031</a>   |
| 58 | de Jonghe, et al.       | 2001 | 129 | Depression   | Adult | Short Psychodynamic Supportive Psychotherapy (SPSP; de Jonghe, 2005) + medication                     | Medication alone   | de Jonghe, F., Kool, S., van Aalst, G., Dekker, J., & Peen, J. (2001). Combining psychotherapy and antidepressants in the treatment of depression. <i>Journal of Affective Disorders</i> , 64 (2-3), 217–29.<br><a href="http://www.ncbi.nlm.nih.gov/pubmed/11313_088">http://www.ncbi.nlm.nih.gov/pubmed/11313_088</a>   |
| 59 | de Jonghe, et al.       | 2004 | 191 | Depression   | Adult | Short Psychodynamic Supportive Psychotherapy (SPSP; de Jonghe, 2005)                                  | Short Psychodynamic Supportive Psychotherapy + antidepressants   | de Jonghe, F., Hendriksen, M., van Aalst, G., Kool, S., Peen, J., & Van, R., et al. (2004). Psychotherapy alone and combined with pharmacotherapy in the treatment of depression. <i>British Journal of Psychiatry</i> , 185, 37-45.<br><a href="http://www.ncbi.nlm.nih.gov/pubmed/15231554">http://www.ncbi.nlm.nih.gov/pubmed/15231554</a>   |

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| 60 | de Roten, et al. | 2017 | 149 | Depression                      | Adult | Intensive Brief Psychodynamic Psychotherapy (IBPP; Despland et al., 2010) + TAU              | TAU only  | de Roten, Y., Ambresin, G., Herrera, F., Fassassi, S., Fournier, N., Preisig, M., & Despland, J.-N. (2017). Efficacy of an adjunctive brief psychodynamic psychotherapy to usual inpatient treatment of depression: Results of a randomized controlled trial. <i>Journal of Affective Disorders</i> , 209, 105–113. <a href="http://doi.org/10.1016/j.jad.2016.11.013">http://doi.org/10.1016/j.jad.2016.11.013</a>  |
| 61 | Dekker, et al.   | 2005 | 103 | Depression                      | Adult | Short Psychodynamic Supportive Psychotherapy (SPSP; de Jonghe, 2005) 8 sessions + medication | Short Psychodynamic Supportive Psychotherapy (SPSP; de Jonghe, 2005) 16 sessions + medication | Dekker, J., Molenaar, P. J., Kool, S., Van Aalst, G., Peen, J., & de Jonghe, F. (2005). Dose– effect relations in time-limited combined psycho-pharmacological treatment for depression. <i>Psychological Medicine</i> , 35 (1), 47–58. <a href="http://www.journals.cambridge.org/abstract_S0033291704002685">http://www.journals.cambridge.org/abstract_S0033291704002685</a>  |
| 62 | Dekker, et al.   | 2008 | 70  | Depression                      | Adult | Short Psychodynamic Supportive Psychotherapy (SPSP; de Jonghe, 2005)                         | Pharmacotherapy   | Dekker, J. J. M., Koelen, J. A., Van, H. L., Schoevers, R. A., Peen, J., Hendriksen, M., ... De Jonghe, F. (2008). Speed of action: the relative efficacy of short psychodynamic supportive psychotherapy and pharmacotherapy in the first 8 weeks of a treatment algorithm for depression. <i>Journal of Affective Disorders</i> , 109(1-2), 183–188. <a href="http://linkinghub.elsevier.com/retrieve/pii/S0165032707003588">http://linkinghub.elsevier.com/retrieve/pii/S0165032707003588</a> |
| 63 | Dinger, et al.   | 2014 | 44  | Depression                      | Adult | Day-clinic multimodal psychodynamic psychotherapy (no specific manual referenced)            | Inpatient multimodal psychodynamic psychotherapy (no specific manual referenced)              | Dinger, U., Klipsch, O., Köhling, J., Ehrenthal, J. C., Nikendei, C., Herzog, W., & Schauenburg, H. (2014). Day-clinic and inpatient psychotherapy for depression (DIP-D): A randomized controlled pilot study in routine clinical care. <i>Psychotherapy and Psychosomatics</i> , 83 (3), 194–195. <a href="http://doi.org/10.1159/000357437">http://doi.org/10.1159/000357437</a>  |
| 64 | Doering, et al.  | 2010 | 104 | Borderline personality disorder | Adult | Transference-Focused Psychotherapy (TFP; Clarkin, Yeomans, & Kernberg, 1999)                 | TAU (experienced therapists)  | Doering, S., Hörz, S., Rentrop, M., Fischer- Kern, M., Schuster, P., & Benecke, C., et al. (2010). Transference-focused psychotherapy v. treatment by community psychotherapists for borderline personality disorder: randomised controlled trial. <i>Br J Psychiatry</i> , 196, 389-395. <a href="http://www.ncbi.nlm.nih.gov/pubmed/20435_966">http://www.ncbi.nlm.nih.gov/pubmed/20435_966</a>  |

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| 65 | Driessen, et al.  | 2013 | 341 | Depression  | Adult | Short Psychodynamic Supportive Psychotherapy (SPSP; de Jonghe, 2005)       | Cognitive-Behavior Therapy (CBT; Molenaar et al., 2009)              | Driessen E, Van HL, Don FJ, Peen J, Kool, S., Westra, D., ... Dekker, J. J. M. (2013). The Efficacy of Cognitive-Behavioral Therapy and Psychodynamic Therapy in the Outpatient Treatment of Major Depression: A Randomized Clinical Trial. <i>American Journal of Psychiatry</i> , 170(9), 1041-1050<br><a href="https://www.ncbi.nlm.nih.gov/pubmed/24030613">https://www.ncbi.nlm.nih.gov/pubmed/24030613</a>  |
| 66 | Durham, et al.    | 1994 | 110 | Generalized anxiety disorder (GAD)                                | Adult | Analytic-based psychotherapy (no specific reference)                       | Cognitive Therapy / Anxiety Management training (Beck & Emery, 1985) | Durham, R. C., Murphy, T., Allan, T., Richard, K., Treliving, L. R., & Fenton, G. W., et al. (1994). Cognitive therapy, analytic psychotherapy and anxiety management training for generalised anxiety disorder. <i>Br J Psychiatry</i> , 165, 315-323.<br><a href="http://www.ncbi.nlm.nih.gov/pubmed/79945_00">http://www.ncbi.nlm.nih.gov/pubmed/79945_00</a>  |
| 67 | Durham, et al.    | 2003 | 66  | Schizophrenia (and other medication-resistant psychotic symptoms) | Adult | Supportive therapy (dynamically oriented; Garfield, 1995; De Jonghe, 1993) | CBT (Tarrier, 1992; Kingdon & Turkington, 1994).<br>+ TAU            | Durham, R. C., Guthrie, M., Morton, R. V., Reid, D. a, Treliving, L. R., Owler, D. F., & Macdonald, R. A. R. (2003). Tayside-Fife clinical trial of cognitive-behavioural therapy for medication-resistant psychotic symptoms. <i>British Journal of Psychiatry</i> , 182, 303-311.<br><a href="http://www.ncbi.nlm.nih.gov/pubmed/12668_405">http://www.ncbi.nlm.nih.gov/pubmed/12668_405</a>  |
| 68 | Edginton, et al.  | 2018 | 32  | Treatment-resistant conduct disorders (children and carers)       | Child | Manualised psychoanalytic child psychotherapy (mPCP)                       | TAU  | Edginton, E., Walwyn, R., Twiddy, M., Wright-hughes, A., Tubeuf, S., Reed, S., ... Group, F. (2018). TIGA-CUB-manualised psychoanalytic child psychotherapy versus treatment as usual for children aged 5 – 11 with treatment-resistant conduct disorders and their primary carers: results from a randomised controlled feasibility trial. <i>Journal of Child and Adolescent Mental Health</i> , 0583.<br><a href="http://doi.org/10.2989/17280583.2018.15324_33">http://doi.org/10.2989/17280583.2018.15324_33</a> |
| 69 | Emmelkamp, et al. | 2006 | 62  | Avoidant personality disorder                                     | Adult | Brief Dynamic Therapy (BDT; Malan, 1979; also reference to Luborsky, 1984) | 1. CBT (Beck & Freeman, 1990; Emmelkamp et al, 1992)<br>2. Waitlist  | Emmelkamp, P. M. G., Benner, A., Kuipers, A., Feiertag, G. A., Koster, H. C., & Van Apeldoorn, F. J., et al. (2006). Comparison of brief dynamic and cognitive-behavioural therapies in avoidant personality disorder. <i>Br J Psychiatry</i> , 189, 60-64. <a href="http://www.ncbi.nlm.nih.gov/pubmed/16816_307">http://www.ncbi.nlm.nih.gov/pubmed/16816_307</a>   |

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| 70 | Esmaili, et al.   | 2015 | 30  | ADHD                                | Child       | Sandplay Therapy (no specific reference; see review by Roesler, 2019)                                     | Waitlist/TAU          | Esmaili, A., & Soltanizadeh, M. (2015). The effects of sand therapy on the anxiety, positive & negative emotions & social adjustment pr-school children with attention deficit/hyperactivity. <i>Journal of Chemical and Pharmaceutical Research</i> , 7(10), 972–977. Retrieved from <a href="https://www.scopus.com/inward/record.uri?eid=2-s2.0-84979482381&amp;partnerID=40&amp;md5=3efaea1f07b5caff0bc5ac45967582b5">https://www.scopus.com/inward/record.uri?eid=2-s2.0-84979482381&amp;partnerID=40&amp;md5=3efaea1f07b5caff0bc5ac45967582b5</a> |
| 71 | Fairburn, et al.  | 1986 | 24  | Bulimia                             | Adult       | Short-term Focal Psychotherapy (Rosen, 1979)  | CBT (Fairburn, 1985)  | Fairburn, G., Kirk, J., Connor, M. O., & Cooper, P. J. (1986). A comparison of two psychological treatments for bulimia. <i>Behaviour research and therapy</i> , 24(6), 629–643. <a href="http://www.sciencedirect.com/science/article/pii/0005796786900586">http://www.sciencedirect.com/science/article/pii/0005796786900586</a>  |
| 72 | Faramarzi, et al. | 2013 | 49  | Functional dyspepsia                |             | Supportive-Expressive Psychotherapy (SEP; Book, 1998, based on Luborsky, 1984) + standard medical therapy | TAU (medical therapy) | Faramarzi, M., Azadfallah, P., Book, H. E., Tabatabaei, K. R., Taheri, H., & Shokri-Shirvani, J. (2013). A randomized controlled trial of brief psychoanalytic psychotherapy in patients with functional dyspepsia. <i>Asian journal of psychiatry</i> , 6(3), 228–34. <a href="http://www.ncbi.nlm.nih.gov/pubmed/23642_981">http://www.ncbi.nlm.nih.gov/pubmed/23642_981</a>  |
| 73 | Fonagy, et al.    | 2015 | 129 | Depression (treatment resistant)    | Adult       | Long-Term Psychoanalytic Psychotherapy (LTPP; Taylor, 2015)   | TAU                   | Fonagy, P., Rost, F., Carlyle, J.-A., Mcpherson, S., Thomas, R., Fearon, R. M. P., ... Taylor, D. (2015). Pragmatic randomized controlled trial of long-term psychoanalytic psychotherapy for treatment-resistant depression : the Tavistock Adult Depression Study (TADS ). <i>World Psychiatry</i> , 14(3), 312-321. <a href="http://www.ncbi.nlm.nih.gov/pubmed/26407_787">http://www.ncbi.nlm.nih.gov/pubmed/26407_787</a>  |
| 74 | Fonagy, et al.    | 2016 | 74  | Parents with mental health problems | Adult/child | Parent-Infant Psychotherapy (PIP)   | Standard care         | Fonagy, P., Slead, M., & Baradon, T. (2016). Randomized Controlled Trial of Parent-Infant Psychotherapy for Parents With Mental Health Problems and Young Infants. <i>Infant Mental Health Journal</i> , 37(2), 97-114. <a href="http://doi.wiley.com/10.1002/imhj.21553">http://doi.wiley.com/10.1002/imhj.21553</a>   |

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| 75 | Fonagy, et al.             | 2019 | 147 | Depression   | Adult       | Dynamic Interpersonal Therapy (DIT; Lemma et al., 2010, 2011)      | 1. Low intensity treatment (Coull & Morris, 2011)<br>2. Standard CBT (Beck & Haigh, 2014) | Fonagy, P., Lemma, A., Target, M., O'Keeffe, S., Constantinou, M. P., Ventura Wurman, T., ... Pilling, S. (2019). Dynamic interpersonal therapy for moderate to severe depression: a pilot randomized controlled and feasibility trial. <i>Psychological Medicine</i> , (May), 1–10. <a href="https://doi.org/10.1017/S0033291719000928">https://doi.org/10.1017/S0033291719000928</a> |
| 76 | Fooladi, et al.            | 2018 | 16  | Social anxious mothers of children with Aspergers syndrome | Adult       | Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1980) | No treatment  | Fooladi, F., Broojeni, M. K., Soodjani, Y. R., & Province, B. (2018). Effectiveness of Intensive Short-Term Dynamic Psychotherapy (ISTDP) on the Social Anxiety of Mothers of Children with Asperger Syndrome. <i>Journal of Exceptional Children (Iran)</i> , 55–64.  |
| 77 | Frederickson, et al.       | 2019 | 62  | Substance abuse  | Adult       | ISTDP-based inpatient program (Abbass, 2015; Frederickson, 2013)   | TAU   | Frederickson, J., Dendooven, B., Abbass, A., Solbakken, O. A., & Rousmaniere, T. (2019). Pilot study: An inpatient drug rehabilitation program based on intensive short-term dynamic psychotherapy. <i>Journal of Addictive Diseases</i> , 0(0), 1–7. <a href="https://doi.org/10.1080/10550887.2019.1658513">https://doi.org/10.1080/10550887.2019.1658513</a>                        |
| 78 | Gallagher-Thompson, et al. | 1994 | 66  | Depression (among family caregivers)                       | Adult       | Time-Limited Psychotherapy (TLP; Mann, 1973)                       | CBT (Beck et al., 1979; Lewinsohn et al, 1985; Gallagher et al 1981)                      | Gallagher-Thompson, D., & Steffen, A. M. (1994). Comparative effects of cognitive- behavioral and brief psychodynamic psychotherapies for depressed family caregivers. <i>J Consult Clin Psychol</i> , 62, 543-549. <a href="http://www.ncbi.nlm.nih.gov/pubmed/80639_80">http://www.ncbi.nlm.nih.gov/pubmed/80639_80</a>  |
| 79 | Gallagher, et al.          | 1982 | 30  | Depression   | Older adult | Brief relational/insight psychotherapy (Bellak & Small, 1965)      | Behavioral therapy / Cognitive therapy (Lewinsohn et al, 1976; Gallagher et al., 1981)    | Gallagher, D. E., & Thompson, L. W. (1982). Treatment of major depressive disorder in older adult outpatients with brief psychotherapies. <i>Psychotherapy: Theory, Research, and Practice</i> , 482-490. <a href="http://psycnet.apa.org/journals/pst/19/4/482/">http://psycnet.apa.org/journals/pst/19/4/482/</a>  |

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| 80 | Garner, et al.   | 1993 | 60  | Bulimia                         | Adult | Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984)  | CBT (Fairburn, 1985)   | Garner, D. M., Rockert, W., Davis, R., Garner, M. V., Olmsted, M. P., & Eagle, M., et al. (1993). Comparison of cognitive-behavioral and supportive-expressive therapy for bulimia nervosa. <i>Am J Psychiatry</i> , 150, 37-46. <a href="http://www.ncbi.nlm.nih.gov/pubmed/8417578">http://www.ncbi.nlm.nih.gov/pubmed/8417578</a>  |
| 81 | Gelder, et al.   | 1967 | 44  | Phobic states                   | Adult | Psychotherapy (described as dynamic, no reference)   | 1. Desensitization (Wolpe)<br>2. Group psychotherapy (Foulkes) | Gelder, M. G., Marks, I. M., & Wolff, H. H. (1967). Desensitization and psychotherapy in the treatment of phobic states: a controlled inquiry. <i>British Journal of Psychiatry</i> , 113 (494), 53–81. <a href="http://bjp.rcpsych.org/cgi/doi/10.1192/bjp.113.494.53">http://bjp.rcpsych.org/cgi/doi/10.1192/bjp.113.494.53</a>   |
| 82 | Georg, et al.    | 2020 | 154 | Regulatory disorders in infants | Child | Focused Parent-Infant Psychotherapy (fPIP; Cierpka; 2007, 2016, 2017)                                    | TAU  | Georg, A. K., Cierpka, M., Schröder-Pfeifer, P., Kress, S., & Taubner, S. (2020). The Efficacy of Brief Parent-Infant Psychotherapy for Treating Early Regulatory Disorders: A Randomized-Controlled Trial. <i>Journal of the American Academy of Child &amp; Adolescent Psychiatry</i> . <a href="https://doi.org/10.1016/j.jaac.2020.06.016">https://doi.org/10.1016/j.jaac.2020.06.016</a> |
| 83 | Gersons, et al.  | 2000 | 42  | PTSD                            | Adult | Brief Eclectic Psychotherapy (BEP; Gersons & Carlier, 1994; Manual includes both CBT and PDT components) | Waitlist   | Gersons, B. P., Carlier, I. V., Lamberts, R. D., & van der Kolk, B. a. (2000). Randomized clinical trial of brief eclectic psychotherapy for police officers with posttraumatic stress disorder. <i>Journal of Traumatic Stress</i> , 13(2), 333–47. <a href="http://www.ncbi.nlm.nih.gov/pubmed/10838679">http://www.ncbi.nlm.nih.gov/pubmed/10838679</a>                                    |
| 84 | Ghorbani, et al. | 2000 | 27  | Students                        | Adult | Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1990)                                       | Simple verbal disclosure groups (SVD)                          | Ghorbani, N., Dadsetan, P., Ejei, J., & Motiyan, H. (2000). The consequences of overcoming resistance and emotional disclosure on lymphocyte T-helper and T-suppressor and psychological pathology. <i>Journal of Psychology (in persian)</i> , 3, 368–89.  |

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| 85 | Giesen-Bloo, et al.       | 2006 | 88  | Borderline personality disorder     | Adult                  | Transference-Focused Psychotherapy (TFP; Clarkin, Yeomans, & Kernberg, 1999; Yeomans, Clarkin, & Kernberg, 2002) | Schema-focused therapy (Young, 1994; Young et al, 2003)  | Giesen-Bloo, J., van Dyck, R., Spinhoven, P., van Tilburg, W., Dirksen, C., & van Asselt, T., et al. (2006). Outpatient psychotherapy for borderline personality disorder: randomized trial of schema-focused therapy vs transference-focused psychotherapy. <i>Arch Gen Psychiatry</i> , 63, 649-658. <a href="http://www.ncbi.nlm.nih.gov/pubmed/16754_838">http://www.ncbi.nlm.nih.gov/pubmed/16754_838</a>   |
| 86 | Gilbert, et al.           | 1981 | 52  | Depression (psychotic and neurotic) | Adult                  | Analytically oriented psychotherapy (Mann, 1963)   | 1. CBT (Beck, 1976, 1978)<br>2. Waitlist   | Gilbert, A. R. (1982). <i>Psychotherapy and clinical depression: An evaluation of Cognitive-behavioral and Psychoanalytic modes of treatment intervention</i> . Dissertation. The Wright Institute Graduate School of Psychology (Berkely).  |
| 87 | Gilboa-Schechtman, et al. | 2010 | 38  | PTSD                                | Adolescent             | Time-Limited Psychotherapy for Adolescents (TLP-A; Shefler et al, 1995)  | Prolonged exposure (Foa)   | Gilboa-Schechtman, E., Foa, E. B., Shafran, N., Aderka, I. M., Powers, M. B., Rachamim, L., ... Apter, A. (2010). Prolonged exposure versus dynamic therapy for adolescent PTSD: a pilot randomized controlled trial. <i>Journal of the American Academy of Child and Adolescent Psychiatry</i> , 49(10), 1034-42. <a href="http://www.pubmedcentral.nih.gov/artid/der.fcgi?artid=2945239&amp;tool=pmcentrez&amp;rendertype=abstract">http://www.pubmedcentral.nih.gov/artid/der.fcgi?artid=2945239&amp;tool=pmcentrez&amp;rendertype=abstract</a> |
| 88 | Goodyer, et al.           | 2016 | 470 | Depression                          | Adolescent             | Short-Term Psychoanalytic Psychotherapy (STPP; Cregeen et al., 2016)   | 1. CBT (Graham et al., 2015)<br>2. Brief Psychosocial Intervention (BPI; Trowell et al., 2009) | Goodyer, I. M., Reynolds, S., Barrett, B., Byford, S., Dubicka, B., Hill, J., ... Midgley, N. (2016). Cognitive behavioural therapy and short-term psychoanalytical psychotherapy versus a brief psychosocial intervention in adolescents with unipolar major depressive disorder (IMPACT): a multicentre, pragmatic, observer-blind, randomised controlled superiority trial. <i>The Lancet Psychiatry</i> , 366(16), 1-11. <a href="http://doi.org/10.1016/S2215-0366(16)30378-9">http://doi.org/10.1016/S2215-0366(16)30378-9</a>               |
| 89 | Gowers, et al.            | 1994 | 40  | Anorexia                            | Adolescent/young adult | Short term individual + family interview (Butcher, 1986)   | Assessment only  | Gowers, S., Norton, K., Halek, C., & Crisp, A. H. (1994). Outcome of outpatient psychotherapy in a random allocation treatment study of anorexia nervosa. <i>Int J Eat Disord</i> , 15, 165-177 <a href="http://www.ncbi.nlm.nih.gov/pubmed/8173562">http://www.ncbi.nlm.nih.gov/pubmed/8173562</a>  |

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| 90 | Gregory, et al.   | 2008 | 30  | Borderline personality disorder + alcohol use disorder | Adult      | Dynamic Deconstructive Therapy (DDT; Gregory & Remenl)                                    | TAU  | Gregory, R. J., Chlebowski, S., Kang, D., Remen, A. L., Soderberg, M. G., & Stepkovitch, J., et al. (2008). A controlled trial of psychodynamic psychotherapy for co-occurring borderline personality disorder and alcohol use disorder. <i>Psychotherapy: Theory, Research, Practice, Training</i> , 45, 28-41.<br><a href="https://www.ncbi.nlm.nih.gov/pubmed/22122363">https://www.ncbi.nlm.nih.gov/pubmed/22122363</a> |
| 91 | Griffiths, et al. | 2019 | 53  | Recent self-ham (6 months)                             | Adolescent | MBT introductory group manual for an adolescent population (MBT-Ai; Karterud, 2011) + TAU | TAU  | Griffiths, H., Duffy, F., Duffy, L., Brown, S., Hockaday, H., Eliasson, E., ... Schwannauer, M. (2019). Efficacy of Mentalization-based group therapy for adolescents: The results of a pilot randomised controlled trial. <i>BMC Psychiatry</i> , 19(1), 1–13. <a href="https://doi.org/10.1186/s12888-019-2158-8">https://doi.org/10.1186/s12888-019-2158-8</a>   |
| 92 | Grothe, et al.    | 2003 | 22  | PTSD   | Adult      | Mehrdimensionale Psychodynamische Traumaterapie (MPTT; Fischer, 2000)                     | 1. EMDR (Shapiro, 1995; 1998)<br>2. Waitlist control (?) | Grothe, C., Bering, R., Spieß, R., Luneburg, E., & Fischer, G. (2003). Mehrdimensionale Psychodynamische Traumaterapie (MPTT) Forschungsergebnisse zur Standardversion. <i>Zeitschrift für Psychotraumatologie, Psychotherapiewissenschaft und Psychologische Medizin</i> 1 (2), 27–43.   |
| 93 | Gunderson, et al. | 1984 | 95  | Schizophrenia  | Adult      | Exploratory, insight oriented psychotherapy (Adapted from Fromm-Reichmann, no reference)  | Reality-adaptive, supportive psychotherapy               | Gunderson, J. G., Frank, A. F., Katz, H. M., Vannicelli, M. L., Frosch, J. P., & Knapp, P. H., et al. (1984). Effects of psychotherapy in schizophrenia: II. Comparative outcome of two forms of treatment. <i>Schizophr Bull</i> , 10, 564-598.<br><a href="http://www.ncbi.nlm.nih.gov/pubmed/6151246">http://www.ncbi.nlm.nih.gov/pubmed/6151246</a>   |
| 94 | Guthrie, et al.   | 1991 | 115 | Irritable bowel syndrome                               | Adult      | Psychodynamic-Interpersonal Therapy (PIT; Hobson, 1985) + TAU                             | TAU  | Guthrie, E., Creed, F., Dawson, D., & Tomenson, B. (1991). A controlled trial of psychological treatment for the irritable bowel syndrome. <i>Gastroenterology</i> , 100, 450-457.<br><a href="http://www.gastrojournal.org/article/0016-5085(91)90215-7/pdf">http://www.gastrojournal.org/article/0016-5085(91)90215-7/pdf</a>   |

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| 95 | Guthrie, et al. | 1999 | 110 | Mixed sample  | Adult                  | Psychodynamic-<br>Interpersonal Therapy<br>(PIT; Hobson, 1985)             | TAU            | Guthrie, E., Moorey, J., Margison, F., Barker, H., Palmer, S., & McGrath, G., et al. (1999). Cost-effectiveness of brief psychodynamic-interpersonal therapy in high utilizers of psychiatric services. <i>Arch Gen Psychiatry</i> , 56, 519-526.<br><a href="http://www.ncbi.nlm.nih.gov/pubmed/10359466">http://www.ncbi.nlm.nih.gov/pubmed/10359466</a>  |
| 96 | Guthrie, et al. | 2001 | 119 | Deliberate self-poisoning                           | Adult                  | Psychodynamic-<br>Interpersonal Therapy<br>(PIT; Hobson, 1985)             | TAU            | Guthrie, E., Kapur, N., Mackway-Jones, K., Chew-Graham, C., Moorey, J., & Mendel, E., et al. (2001). Randomised controlled trial of brief psychological intervention after deliberate self poisoning. <i>BMJ</i> , 323, 135-138.<br><a href="http://www.pubmedcentral.nih.gov/articlerender.fcgi?artid=34723&amp;tool=pmcentrez&amp;rendertype=abstract">http://www.pubmedcentral.nih.gov/articlerender.fcgi?artid=34723&amp;tool=pmcentrez&amp;rendertype=abstract</a> |
| 97 | Hackett, et al. | 2020 | 20  | Aggression in people with intellectual disabilities | Adult                  | Interpersonal art psychotherapy (based on CCRT, Hackett, 2012; 2013) + TAU | TAU            | Hackett, S. S., Zubala, A., Aafjes-van Doorn, K., Chadwick, T., Harrison, T. L., Bourne, J., ... Kaner, E. (2020). A randomised controlled feasibility study of interpersonal art psychotherapy for the treatment of aggression in people with intellectual disabilities in secure care. <i>Pilot and Feasibility Studies</i> , 6(1), 1–15.<br><a href="https://doi.org/10.1186/s40814-020-00703-0">https://doi.org/10.1186/s40814-020-00703-0</a>                      |
| 98 | Haji, et al.    | 2020 | 40  | Anxiety in Rheumatoid Arthritis patients            | Adult                  | Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1999)         | Waitlist       | Haji alizadeh, K., Amani, N., Zarei, E., & Dortaj, F. (2020). Effectiveness of intensive short-term dynamic psychotherapy on anxiety in Rheumatoid Arthritis patients. <i>Journal of Research in Behavioural Sciences</i> , 18(3), 1000–1001. Retrieved from <a href="http://dx.doi.org/10.1088/1751-8113/44/8/085201">http://dx.doi.org/10.1088/1751-8113/44/8/085201</a>  |
| 99 | Hall & Crisp    | 1987 | 30  | Anorexia  | Adolescent/young adult | Combined individual and family psychotherapy (no reference)                | Dietary advice | Hall, A., & Crisp, A. H. (1987). Brief psychotherapy in the treatment of anorexia nervosa: Outcome at one year. <i>British Journal of Psychiatry</i> , 151, 185-191.<br><a href="http://www.ncbi.nlm.nih.gov/pubmed/3690108">http://www.ncbi.nlm.nih.gov/pubmed/3690108</a>   |

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| 100 | Hamilton, et al.        | 2000 | 95  | Chronic Functional Dyspepsia                                 | Adult | Psychodynamic-Interpersonal Therapy (PIT; Hobson, 1985)   | Supportive therapy (Guthrie, unpub.)  | Hamilton, J., Guthrie, E., Creed, F., Thompson, D., Tomenson, B., & Bennett, R., et al. (2000). A randomized controlled trial of psychotherapy in patients with chronic functional dyspepsia. <i>Gastroenterology</i> , 119, 661-669.<br><a href="http://linkinghub.elsevier.com/retrieve/pii/S0016508500145949">http://linkinghub.elsevier.com/retrieve/pii/S0016508500145949</a>  |
| 101 | Hellerstein, et al.     | 1998 | 49  | Personality disorders (cluster C)                            | Adult | Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1980)  | Brief Adaptive Therapy (Winston?)   | Hellerstein, D. J., Rosenthal, R. N., Pinsker, H., Samstag, L. W., Muran, J. C., & Winston, A., et al. (1998). A randomized prospective study comparing supportive and dynamic therapies. Outcome and alliance. <i>J Psychother Pract Res</i> , 7, 261-271.<br><a href="http://psycnet.apa.org/psycinfo/1998-12001-001">http://psycnet.apa.org/psycinfo/1998-12001-001</a>  |
| 102 | Herrmann-Lingen, et al. | 2016 | 570 | Depressive symptoms in patients with coronary artery disease | Adult | Stepwise psychotherapy program (3 sessions Supportive-Expressive Psychotherapy (Luborsky, 1984) + group therapy (no specific manual | TAU   | Herrmann-Lingen, C., Beutel, M. E., Bosbach, A., Deter, H., Fritzsche, K., Hellmich, M., ... Albus, C. (2016). Stepwise Psychotherapy Intervention for Reducing Risk in Coronary Artery Disease: Results of an Observer-Blinded, Multicenter, Randomized Trial in Depressed Patients With Coronary Artery Disease. <i>Psychosomatic Medicine</i> , 1–12.<br><a href="http://doi.org/10.1097/PSY.0000000000000332">http://doi.org/10.1097/PSY.0000000000000332</a> |
| 103 | Hersen, et al.          | 1984 | 120 | Depression   | Adult | Time-Limited Dynamic Therapy (no reference) + placebo   | 1. Social skill training + placebo<br>2. Social skills training + amitriptyline<br>3. Amitriptyline alone | Hersen, M., Himmelhoch, J. M., Thase, M. E., & Bellack, A. S. (1984). Effects of social skill training, amitriptyline, and psychotherapy in unipolar depressed women. <i>Behavior Therapy</i> , 15(1), 21–40.<br><a href="http://linkinghub.elsevier.com/retrieve/pii/S005789484800398">http://linkinghub.elsevier.com/retrieve/pii/S005789484800398</a>  |
| 104 | Hertzmann, et al.       | 2016 | 30  | Parents in entrenched conflict                               | Adult | Mentalization-Based Treatment for Parental Conflict (MBT-PT; Hertzmann & Abse, 2008; Nyberg & Hertzmann, 2014)                      | Parent Group (psychoeducation)  | Hertzmann, L., Target, M., Hewison, D., Casey, P., Fearon, P., & Lassri, D. (2016). Mentalization-based therapy for parents in entrenched conflict: A random allocation feasibility study. <i>Psychotherapy</i> , 53(4), 388-401. <a href="http://psycnet.apa.org/buy/2016-58498-002">http://psycnet.apa.org/buy/2016-58498-002</a>   |

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| 105 | Hoffart, et al.   | 1990 | 69  | Agoraphobia   | Adult            | Integrative behavioural-<br>psychodynamic<br>treatment (no specific<br>reference)                                   | Psychodynamic<br>oriented group therapy   | Hoffart, A., & Martinsen, E. W. (1990). Exposure-based integrated vs. Pure psychodynamic treatment of agoraphobic inpatients. <i>Psychotherapy: Theory, Research, Practice, Training, Vol 27(2)</i> , 210–218.<br><a href="http://psycnet.apa.org/psycinfo/1990-29285-001">http://psycnet.apa.org/psycinfo/1990-29285-001</a>   |
| 106 | Horn, et al.      | 2005 | 20  | Depression  | Child/adolescent | Psychodynamic Short-Term Psychotherapy (PSTP: unpublished manual by Hartmann, Horn, & Kronmüller)                   | Waitlist  | Horn, H., Geiser-Elze, A., Reck, C., Hartmann, M., Victor, D., Winkelmann, K., & Kronmüller, K.-T. (2005). Zur Wirksamkeit psychodynamischer Kurzzeitpsychotherapie bei Kindern und Jugendlichen mit Angststörungen [Efficacy of psychodynamic short-term psychotherapy for children and adolescents with depression]. <i>Praxis Der Kinderpsychologie Und Kinderpsychiatrie</i> , 54, 578–597. Article in German.<br><a href="https://www.ncbi.nlm.nih.gov/pubmed/16180527">https://www.ncbi.nlm.nih.gov/pubmed/16180527</a> |
| 107 | Huber, et al.     | 2012 | 100 | Depression  | Adult            | Psychoanalysis (non-manualized)   | 1. LTTP (non-manualized)<br>2. CBT (non-manualized; patients not randomly assigned to this group) | Huber, D., Henrich, G., Gastner, J., & Klug, G. (2012). Must All Have Prizes? The Munich Psychotherapy Study. In <i>Psychodynamic Psychotherapy Research</i> .<br><a href="http://link.springer.com/chapter/10.1007%2F978-1-60761-792-1_4#page-1">http://link.springer.com/chapter/10.1007%2F978-1-60761-792-1_4#page-1</a>   |
| 108 | Hubschmid, et al. | 2015 | 23  | Motor conversion disorder and nonepileptic seizures | Adult            | Interdisciplinary psychotherapeutic intervention (Psychodynamic-Interpersonal Therapy (PIT) based on Guthrie, 1999) | Standard care   | Hubschmid, M., Aybek, S., D, M., Maccaferri, G. E., D, M., Chocron, O., ... D, M. (2015). Efficacy of brief interdisciplinary psychotherapeutic intervention for motor conversion disorder and nonepileptic attacks. <i>General Hospital Psychiatry</i> , 37(5), 448–455.<br><a href="http://dx.doi.org/10.1016/j.genhosppsych.2015.05.007">http://dx.doi.org/10.1016/j.genhosppsych.2015.05.007</a>  |
| 109 | Høglend, et al.   | 2006 | 100 | Mixed sample  | Adult            | Psychodynamic psychotherapy with transference interpretation (Høglend, 1995)  | Psychodynamic psychotherapy without transference interpretation (Høglend, 1995)                   | Høglend, P., Amlø, S., Marble, A., Bøgwald, K. P., Sørbye, O., & Sjaastad, M. C., et al. (2006). Analysis of the patient-therapist relationship in dynamic psychotherapy: an experimental study of transference interpretations. <i>Am J Psychiatry</i> , 163, 1739-1746.<br><a href="http://www.ncbi.nlm.nih.gov/pubmed/17012684">http://www.ncbi.nlm.nih.gov/pubmed/17012684</a>  |

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| 110 | Jakobsen, et al.  | 2014 | 44  | Depression                | Adult | Mentalization-Based Treatment (MBT; Danish manual by Larsen, 2009 ( <a href="http://www.ctu.dk">http://www.ctu.dk</a> )) | Third Wave Cognitive Therapy ( <a href="http://ctu.dk/publications/supplementary-material.aspx">http://ctu.dk/publications/supplementary-material.aspx</a> ). | Jakobsen, J. C., Glud, C., Kongerslev, M., Larsen, K. A., Sørensen, P., Winkel, P., ... Simonsen, E. (2014). Third-wave cognitive therapy versus mentalisation-based treatment for major depressive disorder: A randomised clinical trial. <i>BMJ Open</i> , 4 (8), 1–12. <a href="http://doi.org/10.1136/bmjopen-2014-004903">http://doi.org/10.1136/bmjopen-2014-004903</a> |
| 111 | Jang & Kim        | 2012 | 9   | Migrant women             | Adult | Group sandplay Therapy (Kalff, 1973; see also review by Roesler, 2019)   | No treatment  | Jang, M., & Kim, Y. hee. (2012). The effect of group sandplay therapy on the social anxiety, loneliness and self-expression of migrant women in international marriages in South Korea. <i>Arts in Psychotherapy</i> , 39(1), 38–41. <a href="https://doi.org/10.1016/j.aip.2011.11.008">https://doi.org/10.1016/j.aip.2011.11.008</a>  |
| 112 | Jantschek, et al. | 1999 | 108 | Crohn's disease           | Adult | Psychodynamic psychotherapy + relaxation + drug treatment (no manual was used but reference to Luborsky, 1984)           | Drug treatment alone  | Jantschek, G., Zeitz, M., Wirsching, M., Klor, H. U., Studt, H. H., Rasenack, J., ... Disease, T. G. S. G. on P. I. in C. (1999). Effect of psychotherapy on the course of Crohn's disease. <i>Psychosomatic Intervention in CD</i> , 1289–1296. <a href="http://www.ncbi.nlm.nih.gov/pubmed/99303_93">http://www.ncbi.nlm.nih.gov/pubmed/99303_93</a>                        |
| 113 | Johansson, et al. | 2012 | 92  | Depression                | Adult | Internet-Based Psychodynamic Guided Self-Help (IPDT; based on SUBGAP model by ilverberg, 2005)                           | Psychoeducation + support   | Johansson, R., Ekbladh, S., Hebert, A., Lindström, M., Möller, S., Petitt, E., ... Andersson, G. (2012). Psychodynamic Guided Self-Help for Adult Depression through the Internet: A Randomised Controlled Trial. (A. Bruce, Ed.) <i>PLoS ONE</i> , 7(5), <a href="http://dx.plos.org/10.1371/journal.pone.0038_021">http://dx.plos.org/10.1371/journal.pone.0038_021</a>     |
| 114 | Johansson, et al. | 2013 | 100 | Depression and/or anxiety | Adult | Internet-Based Affect-Focused Psychodynamic Guided Self-Help (IPDT; based on Frederick, 2009)                            | Online therapist support and clinical monitoring  | Johansson, R., Björklund, M., Hornborg, C., Karlsson, S., Hesser, H., Ljótsson, B., ... Andersson, G. (2013). Affect-focused psychodynamic psychotherapy for depression and anxiety through the Internet: a randomized controlled trial. <i>PeerJ</i> , 1, e102. <a href="https://peerj.com/artides/102">https://peerj.com/artides/102</a>                                    |

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| 115 | Johansson, et al. | 2017 | 72 | Social anxiety disorder (SAD)  | Adult            | Internet-Based Affect-Focused Psychodynamic Guided Self-Help (IPDT; based on Frederick, 2009)                     | Waitlist  | Johansson, R., Hesslow, T., Ljótsson, B., Jansson, A., Jonsson, L., Färdig, S., Karlsson, J., Hesser, H., Frederik, R. J., Lilliengren, P., Carlbring, P., & Andersson, G. (2017). Internet-based affect-focused psychodynamic therapy for social anxiety disorder: A randomized controlled trial with 2-year follow-up. <i>Psychotherapy</i> , 54(4). <a href="http://doi.org/10.1037/pst0000147">http://doi.org/10.1037/pst0000147</a> |
| 116 | Jørgensen, et al. | 2012 | 85 | Borderline personality disorder  | Adult            | Mentalization-Based Therapy (MBT; Bateman & Fonagy, 2001)   | Supportive group therapy  | Jørgensen, C. R., Freund, C., Bøye, R., Jordet, H., Andersen, D., & Kjølbye, M. (2012). Outcome of mentalization-based and supportive psychotherapy in patients with borderline personality disorder: a randomized trial. <i>Acta psychiatrica Scandinavica</i> , 1–13. <a href="http://www.ncbi.nlm.nih.gov/pubmed/22897123">http://www.ncbi.nlm.nih.gov/pubmed/22897123</a>  |
| 117 | Kamkhagi, et al.  | 2015 | 37 | Family caregivers to Alzheimer's disease (depression, quality of life, burden) | Adult            | Psychodynamic Group Psychotherapy (PGT)   | Body Awareness Therapy (BAT)  | Kamkhagi, D., Costa, A. C. O., Kusminsky, S., Supino, D., Diniz, B. S., Gattaz, W. F., & Forlenza, O. V. (2015). Benefits of psychodynamic group therapy on depression, burden and quality of life of family caregivers to Alzheimer's disease patients. <i>Archives of Clinical Psychiatry</i> , 42(6), 157–160. <a href="http://doi.org/10.1016/j.jalz.2014.05.934">http://doi.org/10.1016/j.jalz.2014.05.934</a>                      |
| 118 | Karon, et al.     | 1972 | 36 | Schizophrenia  | Adolescent/adult | Psychoanalytic psychotherapy (Karon, 1963, 1964; Karon & Rosberg, 1958; Rosberg & Karon, 1958)                    | 1. Psychoanalytic psychotherapy ("Ego-oriented"; Tierney, 1965) + medication<br>2. Medication alone | Karon, B. P., & Vandenbos, G. R. (1972). The consequences of psychotherapy for schizophrenic patients. <i>Psychotherapy: Theory, Research &amp; Practice</i> , 9(2), 111–119. <a href="http://doi.org/10.1037/h0086728">http://doi.org/10.1037/h0086728</a>  |
| 119 | Keller, et al.    | 2004 | 84 | Crohn's disease  | Adult            | Supportive Expressive Psychotherapy (SEP; Luborsky, 1984; is referened but no maunal was used) + relaxation + TAU | TAU alone   | □ Keller, W., Pritsch, M., Von Wietersheim, J., Scheib, P., Osborn, W., Balck, F., ... Deter, H.-C. (2004). Effect of psychotherapy and relaxation on the psychosocial and somatic course of Crohn's disease: main results of the German Prospective Multicenter Psychotherapy Treatment study on Crohn's Disease. <i>Journal of</i>   |

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| 120 | Kim              | 2014 | 10  | Depressive symptoms in mothers of teenage children | Adult | Sandplay Therapy (Kalff, 1973; see also review by Roesler, 2019)          | No treatment   | Kim, S. (2014). The Effects of Sandplay Therapy on Improving the Self-Differentiation, Depression, and Mother-Child Relationship of Mothers with Teenage Children. <i>Journal of Symbols &amp; Sandplay Therapy</i> , 5(1), 1–6.<br><a href="https://doi.org/10.12964/jsst.130011">https://doi.org/10.12964/jsst.130011</a>                      |
| 121 | Klein, et al.    | 1983 | 66  | Phobias  | Adult | Supportive therapy (dynamically oriented; no reference)                   | Behavior therapy (no reference)  | Klein, D. F., Zitrin, C. M., Woerner, M. G., & Ross, D. C. (1983). Treatment of Phobias. II. Behavior therapy and supportive psychotherapy: Are there any specific ingredients? <i>Archives of General Psychiatry</i> , 139–145.<br><a href="http://www.ncbi.nlm.nih.gov/pubmed/61307_51">http://www.ncbi.nlm.nih.gov/pubmed/61307_51</a>        |
| 122 | Kleinman, et al. | 1990 | 56  | Cocaine abuse                                      | Adult | Supportive-Expressive Therapy (SEP; Luborsky, 1984)                       | Family therapy + para professionally led group therapy                         | Kleinman, P. H., Woody, G. E., Todd, T. C., Millman, R. B., Kang, S. Y., & Kemp, J., et al. (1990). Crack and cocaine abusers in outpatient psychotherapy. <i>NIDA Res Monogr</i> , 104, 24-35.<br><a href="https://files.eric.ed.gov/fulltext/ED351616.pdf#page=29">https://files.eric.ed.gov/fulltext/ED351616.pdf#page=29</a>                 |
| 123 | Knekt & Lindfors | 2004 | 326 | Depression and/or anxiety                          | Adult | Short-Term Psychodynamic Psychotherapy (STPP; Malan, 1976; Sifneos, 1978) | 1. Solution-focused therapy (de Shazer et al, 1986)<br>2. LTPP (Gabbard, 2004) | Knekt, P., & Lindfors, O. (2004). A randomized trial of the effect of four forms of psychotherapy on depressive and anxiety disorders. Helsinki: Kela.<br><a href="https://helda.helsinki.fi/handle/10250/3315">https://helda.helsinki.fi/handle/10250/3315</a>  |
| 124 | Knijnik, et al.  | 2004 | 30  | Social anxiety disorder (SAD)                      | Adult | Psychodynamic group therapy (Malan, 1976)                                 | Credible placebo group   | Knijnik, D. Z., Kapczinski, F., Chachamovich, E., Margis, R., & Eizirik, C. L. (2004). Psychodynamic group treatment for generalized social phobia. <i>Revista Brasileira de Psiquiatria (São Paulo, Brazil : 1999)</i> , 26(2), 77–81.<br><a href="http://www.ncbi.nlm.nih.gov/pubmed/15517057">http://www.ncbi.nlm.nih.gov/pubmed/15517057</a> |

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| 125 | Knijnik, et al.   | 2008 | 58  | Social anxiety disorder (SAD)  | Adult | Psychodynamic group therapy (Malan, 1976) + clonazepam  | Clonazepam   | Knijnik, D. Z., Blanco, C., Salum, G. A., Moraes, C. U., Mombach, C., Almeida, E., ... Eizirik, C. L. (2008). A pilot study of clonazepam versus psychodynamic group therapy plus clonazepam in the treatment of generalized social anxiety disorder. <i>European Psychiatry : The Journal of the Association of European Psychiatrists</i> , 23(8), 567–74. <a href="http://www.ncbi.nlm.nih.gov/pubmed/18774_274">http://www.ncbi.nlm.nih.gov/pubmed/18774_274</a> |
| 126 | Kompoliti, et al. | 2013 | 15  | Psychogenic movement disorders | Adult | Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1980)  | Neurological observation and support   | Kompoliti, K., Wilson, B., Stebbins, G., Bernard, B., & Hinson, V. (2013). Immediate vs. delayed treatment of psychogenic movement disorders with short-term psychodynamic psychotherapy: Randomized clinical trial. <i>Parkinsonism &amp; Related Disorders</i> , 7–10. <a href="http://www.ncbi.nlm.nih.gov/pubmed/24120_952">http://www.ncbi.nlm.nih.gov/pubmed/24120_952</a>   |
| 127 | Kool, et al.      | 2003 | 128 | Depression                     | Adult | Short Psychodynamic Supportive Psychotherapy (SPSP; de Jonghe, 2005) + pharmacotherapy                              | Pharmacotherapy  | Kool, S., Dekker, J., & Duijsens, I. (2003). Efficacy of combined therapy and pharmacotherapy for depressed patients with or without personality disorders. <i>Harvard Review of Psychiatry</i> , 133–142. <a href="http://informahealthcare.com/doi/abs/10.1080/10673220303950">http://informahealthcare.com/doi/abs/10.1080/10673220303950</a>   |
| 128 | Kornblith, et al. | 1983 | 49  | Depression                     | Adult | Psychodynamic group therapy (Wolf, 1965; Bernard & Klein, 1977)   | Self-reinforcement training and behavioral assignments (Rehm, 1977)  | Kornblith, S., Rehm, L., O'Hara, M. W., & Lamparski, D. M. (1983). The contribution of self-reinforcement training and behavioral assignments to the efficacy of self-control therapy for depression. <i>Cogn Ther Res</i> , 7, 499- 528. <a href="http://link.springer.com/10.1007/BF01172888">http://link.springer.com/10.1007/BF01172888</a>  |
| 129 | Kramer, et al.    | 2013 | 8   | Depression (recurrent)         | Adult | Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984)<br>All patients were also given pharmacological treatment | 1. Cognitive therapy (Beck, 1995)<br>2. Psychoanalysis (Robertson, 2002).<br>3. Clinical management (Csank, 2002; Novalis et al., 1993). | Kramer, U., de Roten, Y., Perry, J. C., & Despland, J.-N. (2013). Change in defense mechanisms and coping patterns during the course of 2-year-long psychotherapy and psychoanalysis for recurrent depression: a pilot study of a randomized controlled trial. <i>The Journal of Nervous and Mental Disease</i> , 201(7), 614–20. <a href="http://www.ncbi.nlm.nih.gov/pubmed/23817_160">http://www.ncbi.nlm.nih.gov/pubmed/23817_160</a>                            |

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| 130 | Kramer, et al.   | 2014 | 85  | Borderline personality disorder       | Adult | General Psychodynamic-Psychiatric Management (GPM; Gundersson & Links, 2008) + Motive-Oriented Therapeutic | General Psychodynamic-Psychiatric Management (GPM)                                   | Kramer, U., Kolly, S., Berthoud, L., Keller, S., Preisig, M., Caspar, F., ... Despland, J. N. (2014). Effects of motive-oriented therapeutic relationship in a ten-session general psychiatric treatment of borderline personality disorder: A randomized controlled trial. <i>Psychotherapy and Psychosomatics</i> , 83(3), 176–186. <a href="https://doi.org/10.1159/000358528">https://doi.org/10.1159/000358528</a>   |
| 131 | Lacey            | 1983 | 30  | Bulimia                               | Adult | Integrative behavioural-psychodynamic treatment (no specific reference)                                    | No treatment   | Lacey, J. H. (1983). Bulimia nervosa, binge eating, and psychogenic vomiting: A controlled treatment study and long term outcome. <i>British Medical Journal</i> , 286(6378), 1609–1613. <a href="https://doi.org/10.1136/bmj.286.6378.1609">https://doi.org/10.1136/bmj.286.6378.1609</a>  |
| 132 | Lanza, et al.    | 2002 | 27  | Male veterans with history of assault | Adult | Psychodynamic group psychotherapy (no specific reference)  | Cognitive behavior group therapy (No specific reference)                             | Lanza, M. L., Anderson, J., Boisvert, C. M., LeBlanc, A., Fardy, M., & Steel, B., et al. (2002). Assaultive behavior intervention in the Veterans Administration: psychodynamic group psychotherapy compared to cognitive behavior therapy. <i>Perspect Psychiatr Care</i> , 38, 89-97. <a href="http://onlinelibrary.wiley.com/doi/10.1111/j.1744-6163.2002.tb00662.x/abstract">http://onlinelibrary.wiley.com/doi/10.1111/j.1744-6163.2002.tb00662.x/abstract</a> |
| 133 | LaPonite, et al. | 1980 | 33  | Depression                            | Adult | Insight-oriented group therapy (No reference)  | 1. Cognitive group therapy (Beck, 19767)<br>2. Assertiveness training (no reference) | LaPonite, K., & Rimm, D. C. (1980). Cognitive, assertive, and insight-oriented group therapies in the treatment of reactive depression in women. <i>Psychotherapy: Theory, Research &amp; Practice</i> , 17(3), 312–321. <a href="http://psycnet.apa.org/journals/pst/17/3/312/">http://psycnet.apa.org/journals/pst/17/3/312/</a>  |
| 134 | Lau, et al.      | 2007 | 151 | Women with childhood sexual abuse     | Adult | Analytic group therapy (Foulkes, 1986)   | Systemic group therapy (Holme, 1999)   | Lau, M., & Kristensen, E. (2007). Outcome of systemic and analytic group psychotherapy for adult women with history of intrafamilial childhood sexual abuse: a randomized controlled study. <i>Acta Psychiatr Scand</i> , 116, 96-104. <a href="http://www.ncbi.nlm.nih.gov/pubmed/17650270">http://www.ncbi.nlm.nih.gov/pubmed/17650270</a>  |

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| 135 | Laurensen, et al.    | 2018 | 95  | Borderline personality disorder    | Adult | Day Hospital Mentalization-Based Treatment (DH-MBT; Bateman & Fonagy, 2004)                    | Specialized treatment as usual (S-TAU; Van Oenen et al. 2007) | Laurensen, E. M. P., Luyten, P., Kikkert, M. J., Westra, D., Peen, J., Soons, M. B. J., ... Dekker, J. J. M. (2018). Day hospital mentalization- based treatment v. specialist treatment as usual in patients with borderline personality disorder: Randomized controlled trial. <i>Psychological Medicine</i> , 14(1), 1-8.<br><a href="http://doi.org/10.1017/S0033291718000132">http://doi.org/10.1017/S0033291718000132</a> |
| 136 | Lawson, et al.       | 2010 | 54  | Violent men                        | Adult | Integrative CBT- psychodynamic group therapy (Strupp & Binder, 1984)                           | CBT (Lawson, 2001)  | Lawson, D. M. (2010). Comparing cognitive behavioral therapy and integrated cognitive behavioral therapy/psychodynamic therapy in group treatment for partner violent men. <i>Psychotherapy: Theory, Research, Practice, Training</i> , 47(1), 122–133.<br><a href="http://doi.apa.org/getdoi.cfm?doi=10.1037/a0018841">http://doi.apa.org/getdoi.cfm?doi=10.1037/a0018841</a>  |
| 137 | Lee & Kowen          | 2016 | 24  | Mothers of disabled children       | Adult | Sandplay Therapy (Kalff, 1973; see also review by Roesler, 2019)                               | No treatment  | Lee, J., & Kowen, M. (2016). on Anxiety and Defense Style of Mother of Disabled Children. <i>Journal of Symbols &amp; Sandplay Therapy</i> , 7(1), 77–95.   |
| 138 | Leichsenring, et al. | 2009 | 57  | Generalized anxiety disorder (GAD) | Adult | Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984)                                      | CBT (Borcovec & Rucio, 2001, Brown, 1993)                     | Leichsenring, F., Salzer, S., Jaeger, U., Kächele, H., Kreische, R., & Leweke, F., et al. (2009). Short-Term Psychodynamic Psychotherapy and Cognitive-Behavioral Therapy in Generalized Anxiety Disorder: A Randomized, Controlled Trial. <i>Am J Psychiatry</i> , 166, 875-881.<br><a href="https://focus.psychiatryonline.org/doi/10.1176/foc.8.1.foc66">https://focus.psychiatryonline.org/doi/10.1176/foc.8.1.foc66</a>    |
| 139 | Leichsenring, et al. | 2013 | 495 | Social anxiety disorder            | Adult | Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984; Leichsenring, Beutel, Leibing, 2007) | 1. CBT (Clark & Wells, 1995)<br>2. Waitlist                   | Leichsenring, F., Salzer, S., Beutel, M. E., Herpertz, S., Hiller, W., Hoyer, J., ... Leibing, E. (2013). Psychodynamic Therapy and Cognitive-Behavioral Therapy in Social Anxiety Disorder: A Multicenter Randomized Controlled Trial. <i>American Journal of Psychiatry</i> , 170(7), 759-767.<br><a href="http://www.ncbi.nlm.nih.gov/pubmed/23680854">http://www.ncbi.nlm.nih.gov/pubmed/23680854</a>                       |

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| 140 | Leichsenring, et al.       | 2016 | 124 | Personality disorders              | Adult | Psychoanalytic-Interactional Therapy (Streeck & Leichsenring, 2009)                 | Psychodynamic therapy by experts (non-manualized; Gabbard, 2000) | Leichsenring, F., Masuhr, O., Jaeger, U., Rabung, S., Dally, A., Dimpelmann, M., ... Streeck, U. (2016). Psychoanalytic-Interactional Therapy versus Psychodynamic Therapy by Experts for Personality Disorders: A Randomized Controlled Efficacy-Effectiveness Study in Cluster B Personality Disorders. <i>Psychotherapy and Psychosomatics</i> , 85(2), 71-80. <a href="http://www.karger.com/?doi=10.1159/000441731">http://www.karger.com/?doi=10.1159/000441731</a> |
| 141 | Lemma, et al.              | 2013 | 24  | Depression                         | Adult | Online Group Dynamic  | Internet discussion group  | Lemma, A., & Fonagy, P. (2013). Feasibility study of a psychodynamic online group intervention for depression. <i>Psychoanalytic Psychology</i> , 30(3), 367–380. <a href="http://doi.apa.org/getdoi.cfm?doi=10.1037/a0033239">http://doi.apa.org/getdoi.cfm?doi=10.1037/a0033239</a>   |
| 142 | Lerner, et al.             | 1992 | 42  | Opiate dependence                  | Adult | Short-Term Dynamic Psychotherapy (STDP; Luborsky, 1984; Mann, 1973; Davanloo, 1978) | Long-Term Dynamic Psychotherapy (Karasu,                         | Lerner, A., Sigal, M., Bacalu, A., & Gelkopf, M. (1992). Short term versus long term psychotherapy in opioid dependence: A pilot study. <i>Israeli Journal of Psychiatry and Related Sciences</i> , 29(2), 114–9. <a href="http://www.ncbi.nlm.nih.gov/pubmed/1526756">http://www.ncbi.nlm.nih.gov/pubmed/1526756</a>   |
| 143 | Leuzinger-Bohleber, et al. | 2018 | 252 | Depression (chronic)               | Adult | Long-Term Psychoanalytic Psychotehrapy (LTPP; Taylor, 2015)                         | Long-term Cognitive-Behavioural Therapy (CBT; Hautzinger, 2013)  | Leuzinger-Bohleber, M., Hautzinger, M., Fiedler, G., Keller, W., Bahrke, U., Kallenbach, L., ... Beutel, M. (2018). Outcome of psychoanalytic and cognitive-behavioural long-term therapy with chronically depressed patients: A controlled trial with preferential and randomized allocation. <i>The Canadian Journal of Psychiatry</i> , 64(1), 47-58. <a href="http://doi.org/10.1177/0706743718780340">http://doi.org/10.1177/0706743718780340</a>                    |
| 144 | Levy Berg, et al.          | 2009 | 61  | Generalized anxiety disorder (GAD) | Adult | Affect-Focused Body Psychotherapy (Monsen & Monsen, 2000)                           | TAU  | Levy Berg, A., Sandell, R., & Sandahl, C. (2009). Affect-focused body psychotherapy in patients with generalized anxiety disorder: Evaluation of an integrative method. <i>Journal of Psychotherapy Integration</i> , 19(1), 67–85. <a href="http://doi.apa.org/getdoi.cfm?doi=10.1037/a0015324">http://doi.apa.org/getdoi.cfm?doi=10.1037/a0015324</a>   |

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| 145 | Liberman, et al. | 1981 | 24 | Repeated suicide attempts     | Adult      | Insight-Oriented Psychotherapy  | Behavior Therapy  | Liberman, R. P., & Eckman, T. (1981). Behavior therapy vs insight-oriented therapy for repeated suicide attempters. <i>Archives of General Psychiatry</i> , 38(10), 1126–1130. <a href="http://archpsyc.jamanetwork.com/article.aspx?doi=10.1001/archpsyc.1981.01780350060007">http://archpsyc.jamanetwork.com/article.aspx?doi=10.1001/archpsyc.1981.01780350060007</a>                       |
| 146 | Lindauer, et al. | 2005 | 24 | PTSD                          | Adult      | Brief eclectic psychotherapy (BEP; Gersons et al., 2004; Manual includes both CBT and PDT components) | Waitlist  | Lindauer, R. J. L., Gersons, B. P. R., Van Meijel, E. P. M., Blom, K., Carlier, I. V. E., Vrijlandt, I., & Olf, M. (2005). Effects of brief eclectic psychotherapy in patients with posttraumatic stress disorder: Randomized clinical trial. <i>Journal of Traumatic Stress</i> , 18(3), 205–212. <a href="http://doi.wiley.com/10.1002/its.20029">http://doi.wiley.com/10.1002/its.20029</a> |
| 147 | Lindqvist et al. | 2020 | 76 | Depression                    | Adolescent | Affect-Focused Internet-Based Psychodynamic Therapy (IPDT; Mechler & Lindqvist, 2020)                 | Online therapist support and clinical monitoring                    | Lindqvist, K., Mechler, J., Carlbring, P., Lillengren, P., Falkenström, F., Andersson, G., ... Philips, B. (2020). Affect-Focused Psychodynamic Internet-Based Therapy for Adolescent Depression: Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 22(3), e18047. <a href="https://doi.org/10.2196/18047">https://doi.org/10.2196/18047</a>                          |
| 148 | Linnet, et al.   | 2001 | 32 | Atopic dermatitis (anxiety)   | Adult      | Brief Dynamic Psychotherapy (BDP; Malan, 1992)  | Control (TAU?)  | Linnet, J., & Jemec, G. B. (2001). Anxiety level and severity of skin condition predicts outcome of psychotherapy in atopic dermatitis patients. <i>Int J Dermatol</i> , 40, 632-636. <a href="http://www.ncbi.nlm.nih.gov/pubmed/11737_422">http://www.ncbi.nlm.nih.gov/pubmed/11737_422</a>  |
| 149 | Lipsitz, et al.  | 2008 | 70 | Social anxiety disorder (SAD) | Adult      | Psychodynamic Supportive Therapy (PST; Lipsitz et al., 2006)  | Interpersonal Therapy (Klerman et al., 1984; Weissman et al., 2000) | Lipsitz, J. D., Gur, M., Vermes, D., Petkova, E., Cheng, J., Miller, N., ... Fyer, A. J. (2008). A randomized trial of interpersonal therapy versus supportive therapy for social anxiety disorder. <i>Depression and Anxiety</i> , 25(6), 542–553. <a href="http://doi.wiley.com/10.1002/da.20364">http://doi.wiley.com/10.1002/da.20364</a>  |

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| 150 | Lock, et al.      | 2010 | 121 | Anorexia  | Adolescent | Adolescent Focused Therapy (AFT, Robin et al.)  | Treatments Family-Based Treatment (FBT; Locke et al., 2001)                  | Lock, J., Grange, D. Le, & Agras, W. (2010). Randomized clinical trial comparing family-based treatment with adolescent-focused individual therapy for adolescents with anorexia nervosa. <i>Archives of General Psychiatry</i> , 67(10), 1025–1032. <a href="http://archpsyc.ama-assn.org/cgi/reprint/67/10/1025.pdf">http://archpsyc.ama-assn.org/cgi/reprint/67/10/1025.pdf</a>                                    |
| 151 | Lorentzen, et al. | 2013 | 167 | Anxiety and personality disorders                 | Adult      | Long-Term Psychodynamic Group Therapy (Lorentzen, 2013)   | Short-Term Psychodynamic Group Therapy (Lorentzen, 2013)                     | Lorentzen, S., Ruud, T., Fjeldstad, A., & Høglend, P. (2013). Comparison of short- and long-term dynamic group psychotherapy: Randomised clinical trial. <i>The British Journal of Psychiatry: The Journal of Mental Science</i> .. <a href="http://www.ncbi.nlm.nih.gov/pubmed/24029539">http://www.ncbi.nlm.nih.gov/pubmed/24029539</a>   |
| 152 | Ludwig, et al.    | 2013 | 196 | Mixed depression and anxiety (in cancer patients) | Adult      | Brief Dynamic Psychotherapy (BDP; Mann, 1973; Davanloo, 1994)   | Waitlist   | Ludwig, G., Krenz, S., Zdrojewski, C., Bot, M., Rousselle, I., Stagno, D., ... Stiefel, F. (2013). Psychodynamic interventions in cancer care I: Psychometric results of a randomized controlled trial. <i>Psycho-oncology</i> , 23, 65-74. <a href="http://www.ncbi.nlm.nih.gov/pubmed/23983_096">http://www.ncbi.nlm.nih.gov/pubmed/23983_096</a>   |
| 153 | Lumley, et al.    | 2017 | 230 | Fibromyalgia                                      | Adult      | Emotional Awareness and Expression Therapy (Integrative method with psychodynamic components, see Lumley & Schubiner, 2019) | 1. CBT<br>2. Psychoeducation   | Lumley, M. A., Schubiner, H., Lockhart, N. A., Kidwell, K. M., Harte, S. E., Clauw, D. J., & Williams, D. A. (2017). Emotional awareness and expression therapy, cognitive behavioral therapy, and education for fibromyalgia: A cluster-randomized controlled trial. <i>Pain</i> , 158(12), 2354–2363. <a href="https://doi.org/10.1097/j.pain.0000000000001036">https://doi.org/10.1097/j.pain.0000000000001036</a> |
| 154 | Maina, et al.     | 2005 | 30  | Depression (mild to moderate)                     | Adult      | Brief Dynamic Psychotherapy (BDP; Malan, 1979)  | 1. Brief Supportive Psychotherapy (BSP; Novalis et al., 1993)<br>2. Waitlist | Maina, G., Forner, F., & Bogetto, F. (2005). Randomized controlled trial comparing brief dynamic and supportive therapy with waiting list condition in minor depressive disorders. <i>Psychotherapy and Psychosomatics</i> , 74, 43-50. <a href="http://www.ncbi.nlm.nih.gov/pubmed/15627856">http://www.ncbi.nlm.nih.gov/pubmed/15627856</a>   |

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| 155 | Maina, et al.   | 2007 | 35 | Depression                      | Adult | Brief Dynamic Psychotherapy (BDP; Malan, 1963; 1976) + medication | Brief Supportive Psychotherapy (BSP; Novalis et al., 1993) + medication | Maina, G., Rosso, G., Crespi, C., & Bogetto, F. (2007). Combined brief dynamic therapy and pharmacotherapy in the treatment of major depressive disorder: A pilot study. <i>Psychotherapy and Psychosomatics</i> , 76(5), 298–305. <a href="http://www.ncbi.nlm.nih.gov/pubmed/17700_050">http://www.ncbi.nlm.nih.gov/pubmed/17700_050</a>  |
| 156 | Maina, et al.   | 2009 | 92 | Depression                      | Adult | Brief Dynamic Psychotherapy (BDP; Malan, 1963; 1976) + medication | Medication only   | Maina, G., Rosso, G., & Bogetto, F. (2009). Brief dynamic therapy combined with pharmacotherapy in the treatment of major depressive disorder: long-term results. <i>Journal of Affective Disorders</i> , 114(1–3), 200–207. <a href="https://doi.org/10.1016/j.jad.2008.07.010">https://doi.org/10.1016/j.jad.2008.07.010</a>  |
| 157 | Maina, et al.   | 2010 | 57 | OCD + depression                | Adult | Brief Dynamic Psychotherapy (BDP; Malan, 1979) + medication       | Medication only   | Maina, G., Rosso, G., Rigardetto, S., Chiadò Piat, S., & Bogetto, F. (2010). No effect of adding brief dynamic therapy to pharmacotherapy in the treatment of obsessive-compulsive disorder with concurrent major depression. <i>Psychotherapy and Psychosomatics</i> , 79(5), 295–302. <a href="http://www.ncbi.nlm.nih.gov/pubmed/20616_624">http://www.ncbi.nlm.nih.gov/pubmed/20616_624</a> |
| 158 | Majdara, et al. | 2019 | 30 | Borderline personality disorder | Adult | Dynamic Deconstructive Therapy (DDT; Gregory & Remenl)            | TAU   | Majdara, E., Rahimmian, I., Talepassand, S., & Gregory, R. J. (2019). A Randomized Trial of Dynamic Deconstructive Psychotherapy in Iran for Borderline Personality Disorder. <i>Journal of the American Psychoanalytic Association</i> , 67(5), NP1–NP7. <a href="https://doi.org/10.1177/0003065119891390">https://doi.org/10.1177/0003065119891390</a>                                       |
| 159 | Marmar, et al.  | 1988 | 61 | Bereavement                     | Adult | Brief Dynamic Psychotehrapy (BPD; Malan, Sifneos, Mann)           | Mutual Self-Help Groups   | Marmar, C. R., Horowitz, M. J., Weiss, D. S., Wilner, N. R., & Kaltreider, N. B. (1988). A controlled trial of brief psychotherapy and mutual-help group treatment of conjugal bereavement. <i>Am J Psychiatry</i> , 145, 203-209. <a href="https://www.ncbi.nlm.nih.gov/pubmed/3277450">https://www.ncbi.nlm.nih.gov/pubmed/3277450</a>  |

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| 160 | Martini, et al.  | 2011 | 35  | Panic disorder + depression     | Adult | Brief Dynamic Psychotherapy (BDP; Malan, 1963) + medication  | Brief Supportive Psychotherapy (BSP) + medication   | Martini, B., Rosso, G., Chiodelli, D. F., De Cori, D., & Maina, G. (2011). Brief dynamic therapy combined with pharmacotherapy in the treatment of panic disorder with concurrent depressive symptoms. <i>Clinical Neuropsychiatry</i> , 8(3), 204–21. <a href="http://www.clinicalneuropsychiatry.org/pdf/04_martini.pdf">http://www.clinicalneuropsychiatry.org/pdf/04_martini.pdf</a> |
| 161 | McCallum & Piper | 1990 | 79  | Prolonged or delayed grief      | Adult | Short-term psychoanalytically oriented group psychotherapy (STG; manual mentioned but no specific reference) | Waitlist  | McCallum, M., & Piper, W. E. (1990). A controlled study of effectiveness and patient suitability for short-term group psychotherapy. <i>Int J Group Psychother</i> , 40, 431-452. <a href="http://www.ncbi.nlm.nih.gov/pubmed/2228349">http://www.ncbi.nlm.nih.gov/pubmed/2228349</a>  |
| 162 | McLean, et al.   | 1979 | 55  | Depression                      | Adult | Short-Term Psychotherapy (Marmor, 1975; Wolberg, 1967)   | 1. Relaxation therapy (no reference)<br>2. Behavior therapy (McLean, 1976)<br>3. Drug therapy | McLean, P., & Hakstian, A. (1979). Clinical depression: Comparative efficacy of outpatient treatments. <i>J Consult Clin Psychol</i> , 47, 818-836. <a href="https://psycnet.apa.org/record/1980-01360-001">https://psycnet.apa.org/record/1980-01360-001</a>  |
| 163 | McMain, et al.   | 2009 | 180 | Borderline personality disorder | Adult | General psychiatric management, dynamically informed therapy (Gunderson, 1984)                               | Dialectical Behavior Therapy (DBT; Linehan et al., 1991)                                      | McMain, S. F., Links, P. S., Gnam, W. H., Guimond, T., Cardish, R. J., & Korman, L., et al. (2009). A randomized trial of dialectical behavior therapy versus general psychiatric management for borderline personality disorder. <i>Am J Psychiatry</i> , 166, 1365-1374. <a href="http://www.ncbi.nlm.nih.gov/pubmed/19755_574">http://www.ncbi.nlm.nih.gov/pubmed/19755_574</a>       |
| 164 | Meyer & Bolz     | 1981 | 214 | Mixed sample                    | Adult | Psychodynamic conflict-centered time-limited psychotherapy (no reference)                                    | 1. Waitlist<br>2. Client Centered Therapy   | Meyer, A. E., & Bolz, W. (1981). The Hamburg short psychotherapy comparison experiment. Foreward and introduction. <i>Psychother Psychosom</i> , 35, 81-84. <a href="http://www.karger.com/doi/10.1159/000287_484">http://www.karger.com/doi/10.1159/000287_484</a>  |

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| 165 | Midgley, et al.  | 2019 | 36  | Children in foster care | Child | Mentalization-Based Treatment (MBT; Bateman & Fonagy, 2004)   | TAU  | Midgley, N., Besser, S. J., Fearon, P., Wyatt, S., Byford, S., & Wellsted, D. (2019). The Herts and Minds study: feasibility of a randomised controlled trial of Mentalization-Based Treatment versus usual care to support the wellbeing of children in foster care. <i>BMC Psychiatry</i> , 1–11. <a href="https://doi.org/10.1186/s12888-019-2196-2">https://doi.org/10.1186/s12888-019-2196-2</a>   |
| 166 | Miller, et al.   | 1972 | 67  | Phobias                 | Child | Play psychotherapy (Lippman, 1956)  | 1. Waitlist<br>2. Reciprocal inhibition  | Miller, L. C., Barrett, C. L., Hampe, E., & Noble, H. (1972). Comparison of reciprocal inhibition, psychotherapy, and waiting list control for phobic children. <i>Journal of Abnormal Psychology</i> , 79(3), 269–279. <a href="http://psycnet.apa.org/journals/abn/79/3/269/">http://psycnet.apa.org/journals/abn/79/3/269/</a>   |
| 167 | Milrod, et al.   | 2007 | 49  | Panic disorder          | Adult | Panic-Focused Psychodynamic Psychotherapy (PFPP; Milrod et al, 1997)  | Applied relaxation (Öst & Westling, 1995)  | Milrod, B., Leon, A. C., Busch, F., Rudden, M., Schwalberg, M., & Clarkin, J., et al. (2007). A randomized controlled clinical trial of psychoanalytic psychotherapy for panic disorder. <i>Am J Psychiatry</i> , 164, 265-272. <a href="http://www.ncbi.nlm.nih.gov/pubmed/17267_789">http://www.ncbi.nlm.nih.gov/pubmed/17267_789</a>   |
| 168 | Milrod, et al.   | 2015 | 201 | Panic disorder          | Adult | Panic-Focused Psychodynamic Psychotherapy (PFPP; Milrod et al, 2001)  | 1. CBT (Craske, 2000)<br>2. Applied relaxation (Öst & Westling, 1995)  | Milrod, B., Chambless, D. L., Gallop, R., Busch, F. N., Schwalberg, M., McCarthy, K. S., Gross, C., Sharpless, B.A., Leon, A.C., & Barber, J. P. (2015). Psychotherapies for Panic Disorder: A Tale of Two Sites. <i>The Journal of Clinical Psychiatry</i> , 10065, 1–9. <a href="https://www.researchgate.net/publication/277988042_Psychotherapies_for_Panic_Disorder_A_Tale_of_Two_Sites">https://www.researchgate.net/publication/277988042_Psychotherapies_for_Panic_Disorder_A_Tale_of_Two_Sites</a> |
| 169 | Molenaar, et al. | 2011 | 103 | Depression              | Adult | Short Psychodynamic Supportive Psychotherapy (SPSP; de Jonghe, Rijnierse, & Janssen, 1994)<br>8 sessions + medication | Short Psychodynamic Supportive Psychotherapy (de Jonghe, Rijnierse, & Janssen, 1994)<br>16 sessions + medication | Molenaar, P. J., Boom, Y., Peen, J., Schoevers, R. A., Van, R., & Dekker, J. J. (2011). Is there a dose-effect relationship between the number of psychotherapy sessions and improvement of social functioning? <i>The British Journal of Clinical Psychology</i> . <a href="https://www.ncbi.nlm.nih.gov/pubmed/21810106">https://www.ncbi.nlm.nih.gov/pubmed/21810106</a>   |

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| 170 | Monsen & Monsen        | 2000 | 40  | Chronic pain                    | Adult | Psychodynamic body therapy (Monsen & Monsen, 1999)   | TAU   | Monsen, K., & Monsen, J. T. (2000). Chronic Pain and Psychodynamic Body Therapy: A Controlled Outcome Study. <i>Psychotherapy: Theory, Research, Practice, Training</i> , 37(3), 257–269.<br><a href="https://psycnet.apa.org/record/2000-02713-007">https://psycnet.apa.org/record/2000-02713-007</a>   |
| 171 | Montag, et al.         | 2014 | 58  | Schizophrenia                   | Adult | Psychodynamic art therapy (Dannecker, 2010)  | TAU   | Montag, C., Haase, L., Seidel, D., Bayerl, M., Gallinat, J., Herrmann, U., & Dannecker, K. (2014). A Pilot RCT of Psychodynamic Group Art Therapy for Patients in Acute Psychotic Episodes: Feasibility, Impact on Symptoms and Mentalising Capacity. <i>PLoS One</i> , 9(11), e112348.<br><a href="http://www.pubmedcentral.nih.gov/articlerender.fcgi?artid=4231093&amp;tool=pmcentrez&amp;renderertype=abstract">http://www.pubmedcentral.nih.gov/articlerender.fcgi?artid=4231093&amp;tool=pmcentrez&amp;renderertype=abstract</a> |
| 172 | Morris                 | 1975 | 52  | Depression                      | Adult | Group insight-oriented treatment (no reference)  | 1. Group Self-Instruction Method for depression (Lazarus, no reference).<br>2. Waitlist | Morris (1975) A group self-instruction method for the treatment of depressed outpatients. Dissertation. University of Toronto.   |
| 173 | Mowlaie, et al.        | 2018 | 30  | Separation Anxiety Disorder     | Adult | 1. Empathic Dynamic Psychotherapy (Seruya, 1997)<br>2. Affect Phobia Therapy (APT; McCullough et al, 2003) | Control (not specified)   | Mowlaie, M., Hajloo, N., Hashjin, G., Mikaeili, N., & Heidari, S. (2018). The Effectiveness of Empathic Dynamic Psychotherapy and Anxiety-Regulating Psychodynamic Therapy in Treating Adult Separation Anxiety Disorder. <i>Journal of Practice in Clinical Psychology</i> , 6(3), 143–153. Retrieved from <a href="https://ejop.psychopen.eu/article/view/1528">https://ejop.psychopen.eu/article/view/1528</a>  |
| 174 | Munroe-Blum & Marziali | 1995 | 110 | Borderline personality disorder | Adult | Time-limited group therapy (Marziali & Munroe-Blum, 1995)  | Individual psychodynamic psychotherapy (Kernberg, 1975)                                 | Munroe-Blum, H., & Marziali, E. (1995). A controlled trial of short-term group treatment for borderline personality disorder. <i>Journal of Personal Disorders</i> , 9, 190-198.<br><a href="http://psycnet.apa.org/psycinfo/1996-17928-001">http://psycnet.apa.org/psycinfo/1996-17928-001</a>  |

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| 175 | Muran, et al.                    | 2005 | 128 | Personality disorders (mixed; mainly cluster C) | Adult | Brief Relational Therapy (BRT; Safran & Muran, 2000)   | 1. Short-Term Dynamic Psychotherapy (STDP: Pol-lack, Flegenheimer, & Kaufman, 1992)<br>2. Cognitive-behavioral therapy | Muran, J. C., Safran, J. D., Samstag, L. W., & Winston, A. (2005). Evaluating an alliance-focused treatment for personality disorders. <i>Psychotherapy: Theory, Research, Practice, Training</i> , 42(4), 532–545.<br><a href="https://pdfs.semanticscholar.org/88ac/178eb2055cc5">https://pdfs.semanticscholar.org/88ac/178eb2055cc5</a>   |
| 176 | Nader-Mohammadi Moghadam, et al. | 2015 | 27  | Social anxiety disorder (SAD)                   | Adult | Affect Phobia Therapy (APT; McCullough et al., 2003)   | 1. Sertraline 2. Waitlist  | Nader-Mohammadi Moghadam, M. Atef-Vahid, M. K., Asgharnejad-Farid, A. A., Shabani. A., & Lavasni, F. (2015). Effectiveness of short-term dynamic psychotherapy versus sertraline in treatment of social phobia. <i>Iran Journal of Psychiatry</i> , 9(2), 2–6.<br><a href="https://www.ncbi.nlm.nih.gov/pubmed/26288%20643">https://www.ncbi.nlm.nih.gov/pubmed/26288%20643</a>  |
| 177 | Nijdam, et al.                   | 2012 | 140 | PTSD  | Adult | Brief eclectic psychotherapy (BEP; Gersons et al, 2004; Manual includes both CBT and PDT components) | Eye movement and reprocessing (EMDR; De Jongh et al, 2004)   | Nijdam, M. J., Gersons, B. P. R., Reitsma, J. B., de Jongh, A., & Olf, M. (2012). Brief eclectic psychotherapy v. eye movement desensitisation and reprocessing therapy for post-traumatic stress disorder: randomised controlled trial. <i>The British Journal of Psychiatry : The Journal of Mental Science</i> , 200(3), 224–31.<br><a href="http://www.ncbi.nlm.nih.gov/pubmed/22322_458">http://www.ncbi.nlm.nih.gov/pubmed/22322_458</a>   |
| 178 | Nordentoft, et al.               | 2010 | 94  | Schizophrenia                                   | Adult | Hospital-based rehabilitation (included individual supportive psychodynamic psychotherapy)           | 1. Assertive community training<br>2. Standard treatment   | Nordentoft, M., Øhlenschlger, J., Thorup, A., Petersen, L., Jeppesen, P., & Bertelsen, M. (2010). Deinstitutionalization revisited: A 5- year follow-up of a randomized clinical trial of hospital-based rehabilitation versus specialized assertive intervention (OPUS) versus standard treatment for patients with first-episode schizophrenia spectrum disorders. <i>Psychological Medicine</i> , 40(10), 1619–1626.<br><a href="http://doi.org/10.1017/S0033291709992182">http://doi.org/10.1017/S0033291709992182</a> |
| 179 | O'Brien, et al.                  | 1972 | 100 | Schizophrenia                                   | Adult | Individual psychotherapy (no reference, not clear if dynamic, but Luborsky among authors)            | Group psychotherapy (no reference, not clear if dynamic, but Luborsky among authors)                                   | O'Brien, C. P., Hamm, K. B., Ray, B. A., Pierce, J. F., Luborsky, L., & Mintz, J. (1972). Group vs Individual Psychotherapy With Schizophrenics: A Controlled Outcome Study. <i>Archives of General Psychiatry</i> , 27(4), 474–478.<br><a href="http://doi.org/10.1001/archpsyc.1972.017502_80042008">http://doi.org/10.1001/archpsyc.1972.017502_80042008</a>  |

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| 180 | Ojehagen, et al. | 1992 | 72  | Alcohol dependence                                  | Adult | "Psychiatric treatment" based on psychodynamic principles (Luborsky, 1984)              | Multimodal behavior therapy (Lazarus, 1981)   | Ojehagen, A., Berglund, M., Appel, C. P., Andersson, K., Nilsson, B., & Skjaeris, A., et al. (1992). A randomized study of long-term out-patient treatment in alcoholics. Psychiatric treatment versus multimodal behavioural therapy, during 1 versus 2 years of treatment. <i>Alcohol Alcohol</i> , 27, 649-658. <a href="http://www.ncbi.nlm.nih.gov/pubmed/1292438">http://www.ncbi.nlm.nih.gov/pubmed/1292438</a> |
| 181 | Parisuz, et al.  | 2019 | 40  | Women with marital conflict                         | Adult | Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1999)                      | No treatment  | Parisuz, A., Najarpourian, S., & Mohammadi, K. (2019). The Effect of Intensive Short-Term Dynamic Psychotherapy on Marital Conflicts and Interpersonal Processing of Married Women with Emotional Divorce. <i>Iranian Evolutionary and Educational Psychology Journal</i> , 1 (2), 112–122. <a href="https://doi.org/10.29252/ieepi.1.2.112">https://doi.org/10.29252/ieepi.1.2.112</a>                                |
| 182 | Philips, et al.  | 2018 | 46  | Borderline personality disorder (+ substance abuse) | Adult | Mentalization-Based Treatment (MBT; Bateman & Fonagy, 2004) + Substance abuse treatment | Substance abuse treatment alone   | Philips, B., Wennberg, P., Konradsson, P., & Franck, J. (2018). Mentalization-Based Treatment for Concurrent Borderline Personality Disorder and Substance Use Disorder: A Randomized Controlled Feasibility Study. <i>European Addiction Research</i> , 1–8. <a href="http://doi.org/10.1159/000485564">http://doi.org/10.1159/000485564</a>  |
| 183 | Pierloot & Vinck | 1978 | 22  | Anxiety   | Adult | Short-Term Dynamic Psychotherapy (STDP; Malan, 1963)                                    | Systematic desensitization (Wolpe, 1969)  | Pierloot, R., & Vinck, J. (1978). Differential outcome of short-term dynamic psychotherapy and systematic desensitizations in the treatment of anxious outpatients: A preliminary report. <i>Psychologica Belgica</i> , 18, 87-98. <a href="http://psycnet.apa.org/psycinfo/1980-32873-001">http://psycnet.apa.org/psycinfo/1980-32873-001</a>   |
| 184 | Piper, et al.    | 1984 | 106 | Mixed sample  | Adult | Short-Term Individual (STI; Malan, 1976)  | 1. Short-term group (STG)<br>2. Long-term individual (LTI)<br>3. Long-term group (LTG) Non manuals used | Piper, W. E., Debbane, E. G., Bienvenu, J. P., & Garant, J. (1984). A comparative study of four forms of psychotherapy. <i>J Consult Clin Psychol</i> , 52, 268-279. <a href="https://pdfs.semanticscholar.org/ec6c/82a0f85af038592f00d9697b15891a7954ca.pdf">https://pdfs.semanticscholar.org/ec6c/82a0f85af038592f00d9697b15891a7954ca.pdf</a>   |

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| 185 | Piper, et al.   | 1990 | 144 | Mixed sample      | Adult | Short-Term Dynamic Psychotherapy (STDP; Malan, 1976; Strupp & Binder, 1984) | Waitlist  | Piper, W. E., Azim, H. F., McCallum, M., & Joyce, A. S. (1990). Patient suitability and outcome in short-term individual psychotherapy. <i>J Consult Clin Psychol</i> , 58, 475- 481. <a href="http://www.ncbi.nlm.nih.gov/pubmed/2212185">http://www.ncbi.nlm.nih.gov/pubmed/2212185</a>  |
| 186 | Piper, et al.   | 1998 | 144 | Mixed sample      | Adult | Interpretive psychotherapy (Piper, Azim, Joyce, & McCallum, 1993)           | Supportive psychotherapy (Piper, Azim, Joyce, & McCallum, 1993) | Piper, W. E., Joyce, a S., McCallum, M., & Azim, H. F. (1998). Interpretive and supportive forms of psychotherapy and patient personality variables. <i>Journal of consulting and clinical psychology</i> , 66(3), 558–67. <a href="http://www.ncbi.nlm.nih.gov/pubmed/10224_738">http://www.ncbi.nlm.nih.gov/pubmed/10224_738</a>   |
| 187 | Piper, et al.   | 2001 | 139 | Complicated grief | Adult | Interpretive group therapy (no specific reference)                          | Supportive group therapy (no specific reference)                | Piper, W. E., McCallum, M., Joyce, A. S., Rosie, J. S., & Ogrodniczuk, J. S. (2001). Patient personality and time-limited group psychotherapy for complicated grief. <i>Int J Group Psychother</i> , 51, 525-552. <a href="http://www.ncbi.nlm.nih.gov/pubmed/11582_899">http://www.ncbi.nlm.nih.gov/pubmed/11582_899</a>  |
| 188 | Poulsen         | 1991 | 46  | Rheumatic disease | Adult | Time-limited group therapy (Foulkes, 1975)                                  | Waitlist  | Poulsen, A. (1991). Psychodynamic, time- limited group therapy in rheumatic disease—a controlled study with special reference to alexithymia. <i>Psychother Psychosom</i> , 56, 12-23. <a href="http://www.ncbi.nlm.nih.gov/pubmed/18915_75">http://www.ncbi.nlm.nih.gov/pubmed/18915_75</a>   |
| 189 | Poulsen, et al. | 2014 | 70  | Bulimia           | Adult | Psychoanalytic psychotherapy for bulimia nervosa (Lunn & Poulsen, 2012)     | CBT (Fairburn, 2008)  | Poulsen, S., Lunn, S., Daniel, S. I. F., Folke, S., Mathiesen, B. B., Katznelson, H., & Fairburn, C.G. (2014). A randomized controlled trial of psychoanalytic psychotherapy or cognitive-behavioral therapy for bulimia nervosa. <i>The American Journal of Psychiatry</i> , 109-116. <a href="https://www.ncbi.nlm.nih.gov/pubmed/24275909">https://www.ncbi.nlm.nih.gov/pubmed/24275909</a> |

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| 190 | Prawitasari et al. | 2019 | 21 | Undergraduates with self-identified relational problems | Adult | "Data-focused approach" (group intervention based on STPP according to the author; see main ref). | 1. Gestalt<br>2. Psychodynamic<br>3. Interactional | Prawitasari, J. E., Widiastuti, T. R., & Asitasari, W. (2019). Data-Focused Approach: Developing A New Intervention Method In Applied Psychology. <i>Jurnal Psikologi</i> , 46(3), 181. <a href="https://doi.org/10.22146/jpsi.50602">https://doi.org/10.22146/jpsi.50602</a>   |
| 191 | Qaziani & Arefi    | 2017 | 30 | Anxiety (affection control in anxious women)            | Adult | Intensive Short-Term Dynamic Psychotherapy (ISTDP; no specific reference to manual)               | No treatment waitlist                              | Qaziani, M. M., & Arefi, M. (2017). The effectiveness of intensive short-term dynamic psychotherapy on affection control of anxious women. <i>International Journal of Educational and Psychological Researches</i> , 3(4), 235-239. <a href="http://www.ijepjournal.org/temp/IntJEducPsycholRes34235-6200115_171321.pdf">http://www.ijepjournal.org/temp/IntJEducPsycholRes34235-6200115_171321.pdf</a>              |
| 192 | Rabeyron, et al.   | 2020 | 37 | Autism Spectrum disorders                               | Child | Music therapy by psychodynamic therapists   | Music listening                                    | Rabeyron, T., Robledo del Canto, J. P., Carasco, E., Bisson, V., Bodeau, N., Vrait, F. X., ... Bonnot, O. (2020). A randomized controlled trial of 25 sessions comparing music therapy and music listening for children with autism spectrum disorder. <i>Psychiatry Research</i> , 293 (August), 113377. <a href="https://doi.org/10.1016/j.psychres.2020.113377">https://doi.org/10.1016/j.psychres.2020.113377</a> |
| 193 | Rahmani, et al.    | 2011 | 50 | Depression  | Adult | Intensive Short-Term Dynamic Psychotherapy (ISTDP; Della Selva, 1996).                            | Pharmacotherapy (SSRI)                             | Rahmani, F., Rezaei, F., Nasuri, M., & Sc, M. (2011). Major Depressive Disorder: A Comparison of a Focused Psychodynamic Psychotherapy and Pharmacotherapy. <i>Iranian Journal of Psychiatry and Behavioral Sciences</i> , 5(51), 37-44. Retrieved from <a href="http://ijpbs.mazums.ac.ir/article-1-64-en.pdf">http://ijpbs.mazums.ac.ir/article-1-64-en.pdf</a>   |
| 194 | Rahmani, et al.    | 2020 | 41 | Social anxiety disorder (SAD)                           | Adult | Intensive Short-Term Dynamic Psychotherapy (ISTDP; Abbass, 2015)                                  | No treatment waitlist                              | Rahmani, F., Abbass, A., Hemmati, A., Mirghaed, S. R., & Ghaffari, N. (2020). The Efficacy of Intensive Short-Term Dynamic Psychotherapy for Social Anxiety Disorder. <i>The Journal of Nervous and Mental Disease</i> , 00(00), 1. <a href="https://doi.org/10.1097/NMD.0000000000001097">https://doi.org/10.1097/NMD.0000000000001097</a>   |

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| 195 | Rahmani, et al.            | 2020 | 42  | Social anxiety disorder (SAD)                     | Adult | Intensive Short-Term Dynamic Psychotherapy (standard with "challenge"; ISTDP; Davanloo, 1990; Abbass, 2015)            | 1. Intensive Short-Term Dynamic Psychotherapy (Interpretation-based, without challenge; ISTDP; Davanloo, 1990; Abbass, 2015)<br>2. Waitlist | Rahmani, F., Abbass, A., Hemmati, A., Ghaffari, N., & Rezaei Mirghaed, S. (2020). Challenging the role of challenge in intensive short-term dynamic psychotherapy for social anxiety disorder: A randomized controlled trial. <i>Journal of Clinical Psychology</i> , 1–10. <a href="https://doi.org/10.1002/jclp.22993">https://doi.org/10.1002/jclp.22993</a>  |
| 196 | Ranjbar Sudejani, et al.   | 2017 | 32  | OCD   | Adult | Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1990; Abbass, 2015)                                       | No treatment waitlist   | Ranjbar Sudejani, Y., Sharifi, K., Sayyah. S.S., & Malek Mohamadi Galeh, Z. (2017) Effectiveness of Intensive Short-Term Dynamic Psychotherapy (ISTDP) on correcting irrational beliefs and reducing cognitive avoidance of people with obsessive compulsive disorder. <i>Journal of Counseling Research (article in persian)</i> , 15 (62), 140-169. <a href="http://iran-counseling.ir/journal/article-1-364-en.html">http://iran-counseling.ir/journal/article-1-364-en.html</a>  |
| 197 | Ranjbar Sudejani & Sharifi | 2017 | 16  | Social anxiety in children with mental disability | Child | Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1990;   | No info   | Ranjbar Sudejani, Y., & Sharifi, K. (2017). Effectiveness of Intensive Short Term Dynamic Psychotherapy (ISTDP) on Social Anxiety of Children with Mental Disability and Visual Perception Disorder. <i>Exceptional Education (Persian)</i> , 1(144), 15–22.   |
| 198 | Reneses, et al.            | 2013 | 53  | Borderline personality disorder                   | Adult | Abbass, 2015)  | TAU   | Reneses, B., Galián, M., Serrano, R., Figuera, D., Fernandez Del Moral, A., López-Ibor, J. J., ... Trujillo, M. (2013). A new Time Limited Psychotherapy for BPD: Preliminary Results of a Randomized and Controlled Trial. <i>Actas españolas de psiquiatría</i> , 41(3), 139–48. <a href="http://www.ncbi.nlm.nih.gov/pubmed/23803_797">http://www.ncbi.nlm.nih.gov/pubmed/23803_797</a>   |
| 199 | Ridsdale, et al.           | 2001 | 160 | Chronic fatigue                                   | Adult | Counselling "...all counsellors used a psychodynamic approach and all cognitive behaviour therapists used CBT" (p. 20) | CBT   | Ridsdale, L., Godfrey, E., Chalder, T., Seed, P., King, M., Wallace, P., & Wessely, S. (2001). Chronic fatigue in general practice: is counselling as good as cognitive behaviour therapy? A UK randomised trial. <i>The British Journal of General Practice : The Journal of the Royal College of General Practitioners</i> , 51(462), 19–24. <a href="http://www.pubmedcentral.nih.gov/articlerender.fcgi?artid=1313894&amp;tool=pmcentrez&amp;ren">http://www.pubmedcentral.nih.gov/articlerender.fcgi?artid=1313894&amp;tool=pmcentrez&amp;ren</a> |

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| 200 | Robin, et al.     | 1995 | 37 | Anorexia   | Adolescent       | Ego-oriented individual therapy (EOIT; (Robin, Siegel, Moye, Koepke, & Tice, 1994)  | Behavioral family systems therapy (BFST; Robin et al., 1994, 1996)         | Robin, A L, Siegel, P. T., & Moye, a. (1995). Family versus individual therapy for anorexia: impact on family conflict. <i>The International Journal of Eating Disorders</i> , 17(4), 313–22. <a href="http://www.ncbi.nlm.nih.gov/pubmed/7620470">http://www.ncbi.nlm.nih.gov/pubmed/7620470</a>  |
| 201 | Robinson, et al.  | 2016 | 68 | Borderline personality disorder + eating disorders   | Adult            | Mentalization-Based Treatment for Eating Disorders (MBT-ED; Bateman & Fonagy, 2009) | Specialist supportive clinical management (SSCM-ED; McIntosh et al., 2006) | Robinson, P., Hellier, J., Barrett, B., Barzdaitiene, D., Bateman, A., Bogaardt, A., ... Fonagy, P. (2016). The NOURISHED randomised controlled trial comparing mentalisation-based treatment for eating disorders (MBT-ED) with specialist supportive clinical management (SSCM-ED) for patients with eating disorders and symptoms of borderline personality disorder. <i>Trials</i> , 17(1), 549. <a href="http://doi.org/10.1186/s13063-016-1606-8">http://doi.org/10.1186/s13063-016-1606-8</a> |
| 202 | Rosenbaum, et al. | 2012 | 72 | Schizophrenia  | Adult/adolescent | Supportive Psychodynamic Psychotherapy (SPP; Rosenbaum, 2009)                       | TAU  | Rosenbaum, B., Harder, S., Knudsen, P., Køster, A., Lindhardt, A., Lajer, M., Valbak, K., & Winther, G. (2012). Supportive Psychodynamic Psychotherapy versus Treatment as Usual for First-Episode Psychosis: Two-Year Outcome. <i>Psychiatry</i> , 75(4), 331–41. <a href="http://www.ncbi.nlm.nih.gov/pubmed/23244011">http://www.ncbi.nlm.nih.gov/pubmed/23244011</a>   |
| 203 | Rosser, et al.    | 1983 | 65 | Breathlessness and psychiatric morbidity (in patients with chronic bronchitis and emphysema) | Adult            | Analytical psychotherapy (No specific reference)                                    | 1. No treatment<br>2. Nurse support  | Rosser, R., Denford, J., Heslop, A., Kinston, W., Macklin, D., & Minty, K., et al. (1983). Breathlessness and psychiatric morbidity in chronic bronchitis and emphysema: a study of psychotherapeutic management. <i>Psychol Med</i> , 13, 93-110. <a href="http://www.ncbi.nlm.nih.gov/pubmed/6844471">http://www.ncbi.nlm.nih.gov/pubmed/6844471</a>   |
| 204 | Rosso, et al.     | 2012 | 88 | Depression   | Adult            | Brief Dynamic Psychotherapy (BDP; Malan, 1976)                                      | Brief Supportive Psychotherapy (BSP; Novalis et al., 1993)                 | Rosso, G., Martini, B., & Maina, G. (2012). Brief dynamic therapy and depression severity: A single-blind, randomized study. <i>Journal of affective disorders</i> , 1–6. <a href="http://www.ncbi.nlm.nih.gov/pubmed/23174499">http://www.ncbi.nlm.nih.gov/pubmed/23174499</a>  |

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| 205 | Rossouw & Fonagy      | 2012 | 80  | Self-harm  | Adolescent | Mentalization-Based Treatment for adolescents (MBT-A; Rossouw, unpublished)                        | TAU                            | Rossouw, T. I., & Fonagy, P. (2012). Mentalization-based treatment for self-harm in adolescents: a randomized controlled trial. <i>Journal of the American Academy of Child and Adolescent Psychiatry</i> , 51(12), 1304–1313.<br><a href="http://www.ncbi.nlm.nih.gov/pubmed/23200_287">http://www.ncbi.nlm.nih.gov/pubmed/23200_287</a>   |
| 206 | Rousseau, et al.      | 2009 | 105 | Preschoolers with immigrant traumatic background   | Child      | Sandplay Therapy (Kalff, 1973; see also review by Roesler, 2019)                                   | No treatment                   | Rousseau, C., Benoit, M., Lacroix, L., & Gauthier, M. F. (2009). Evaluation of a sandplay program for preschoolers in a multiethnic neighborhood. <i>Journal of Child Psychology and Psychiatry and Allied Disciplines</i> , 50(6), 743–750.<br><a href="https://doi.org/10.1111/j.1469-7610.2008.02003.x">https://doi.org/10.1111/j.1469-7610.2008.02003.x</a>                         |
| 207 | Salminen, et al.      | 2008 | 51  | Depression   | Adult      | Short-Term Dynamic Psychotherapy (STDP; Malan, 1976; Mann, 1973)                                   | Fluoxetine                     | Salminen, J. K., Karlsson, H., Hietala, J., Kajander, J., Aalto, S., & Markkula, J., et al. (2008). Short-term psychodynamic psychotherapy and fluoxetine in major depressive disorder: a randomized comparative study. <i>Psychother Psychosom</i> , 77, 351-357.<br><a href="http://www.ncbi.nlm.nih.gov/pubmed/18701_831">http://www.ncbi.nlm.nih.gov/pubmed/18701_831</a>           |
| 208 | Salomonsson & Sandell | 2011 | 80  | Mothers who worry about child  | Adults     | Mother–Infant Psychoanalytic treatment (MIP; Norman, 2001; 2004)                                   | Child Health Center Care (TAU) | Salomonsson, B., & Sandell, R. (2011). A randomized controlled trial of mother–infant psychoanalytic treatment: I. Outcomes on self-report questionnaires and external ratings. <i>Infant Mental Health Journal</i> , 32(2), 207–231.<br><a href="http://onlinelibrary.wiley.com/doi/10.1002/imhj.20291/full">http://onlinelibrary.wiley.com/doi/10.1002/imhj.20291/full</a>            |
| 209 | Salzer, et al.        | 2013 | 66  | Mixed sample of adolescents<br>Adolescents with Borderline personality disorder (subsampling in secondary study) | Adolescent | Psychoanalytic-Interactional Method (PIM; Streeck & Leichsenring, 2009; Leichsenring et al., 2010) | Waitlist/TAU                   | Salzer, S., Cropp, C., Jaeger, U., Masuhr, O., & Streeck-Fischer, a. (2013). Psychodynamic therapy for adolescents suffering from co-morbid disorders of conduct and emotions in an in-patient setting: a randomized controlled trial. <i>Psychological medicine</i> , 1–10.<br><a href="http://www.ncbi.nlm.nih.gov/pubmed/24229_481">http://www.ncbi.nlm.nih.gov/pubmed/24229_481</a> |

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| 210 | Salzer, et al.  | 2016 | 107 | Social phobia (SAD; adolescents) | Adolescent | Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984; modified for social phobia in adolescents by Horn et al, 2010) | 1. CBT (Clark et al, 1995)<br>2. Waitlist   | Salzer, S., Stefani, A., Kronmüller, K.-T., Leibing, E., Leichsenring, F., Henningsen, P., Peseschkian, H., Reich, G., Rosner, R., Ruhl, U., Schopf, Y., Steinert, C., Vonderlin, E., & Steil, R. (2018). Cognitive-behavioral and psychodynamic therapy in adolescents with social anxiety disorder: A multicenter randomized controlled trial. <i>Psychotherapy and Psychosomatics</i> , 1–11. <a href="http://doi.org/10.1159/000488990">http://doi.org/10.1159/000488990</a>       |
| 211 | Sanchez, et al. | 1980 | 32  | Depression                       | Adult      | "Traditional" Group Therapy (No specific reference)  | Assertion training  | Sanchez, V. C., Lewinsohn, P. M., & Larson, D. W. (1980). Assertion training: effectiveness in the treatment of depression. <i>J Clin Psychol</i> , 36, 526-529. <a href="http://www.ncbi.nlm.nih.gov/pubmed/73728_26">http://www.ncbi.nlm.nih.gov/pubmed/73728_26</a>   |
| 212 | Sandahl, et al. | 1998 | 49  | Alcohol dependence               | Adult      | Time-limited group psychotherapy (Foulkes, 1964)   | Cognitive-behavioural group therapy (Annis, 1986; Marlatt & Gordon, 1985; Sandahl and Ronnberg, 1990) | Sandahl, C., Herlitz, K., Ahlin, G., & Rönnerberg, S. (1998). Time-limited group psychotherapy for moderately alcohol dependent patients: A randomized controlled clinical trial. <i>Psychotherapy Research</i> , 8, 361-378. <a href="http://www.tandfonline.com/doi/abs/10.1080/10503309812331332467">http://www.tandfonline.com/doi/abs/10.1080/10503309812331332467</a>  |
| 213 | Sandahl, et al. | 2011 | 120 | Depression (work-related)        | Adult      | Focused Psychodynamic Group Therapy (FGT; Sandahl & Lindgren, 2003)  | 1. Cognitive Group Therapy (no specific reference)<br>2. Comparison condition                         | Sandahl, C., Lundberg, U., Lindgren, A., Rylander, G., Herlofson, J., Nygren, A., & Asberg, M. (2011). Two forms of group therapy and individual treatment of work-related depression: a one-year follow-up study. <i>International journal of group psychotherapy</i> , 61 (4), 539–55. <a href="http://www.ncbi.nlm.nih.gov/pubmed/21985_258">http://www.ncbi.nlm.nih.gov/pubmed/21985_258</a>   |
| 214 | Sattel, et al.  | 2011 | 211 | Multisomatiform disorder         | Adult      | Psychodynamic-Interpersonal Therapy (PIT; Guthrie, 2011; Henningsen, 2011)   | Enhanced medical care   | Sattel, H., Lahmann, C., Gündel, H., Guthrie, E., Kruse, J., Noll-Hussong, M., Ohmann, C., Ronel, J., Sack, M., Sauer, N., Schneider, G., & Henningsen, P. (2011). Brief psychodynamic interpersonal psychotherapy for patients with multisomatiform disorder: randomised controlled trial. <i>The British Journal of Psychiatry : The Journal of Mental Science</i> , 60– 67. <a href="http://www.ncbi.nlm.nih.gov/pubmed/22075_651">http://www.ncbi.nlm.nih.gov/pubmed/22075_651</a> |

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| 215 | Saunders         | 1996 | 218 | Violent men                          | Adult | Process-Psychodynamic Group Therapy (PPT; Browne, Saunders, & Staecker, in press)                    | Feminist-group CBT (FCBT; Browne, Saunders, & Staecker, in press) | Saunders, D. G. (1996). Feminist-cognitive- behavioral and process-psychodynamic treatments for men who batter: interaction of abuser traits and treatment models. <i>Violence Vict</i> , 11, 393-414.<br><a href="http://www.ncbi.nlm.nih.gov/pubmed/92102_79">http://www.ncbi.nlm.nih.gov/pubmed/92102_79</a>  |
| 216 | Schaefer, et al. | 2013 | 304 | Medically Unexplained Symptoms (MUS) | Adult | GP management + Group Interpersonal Psychodynamic Therapy (Stuart & Noyes, 2006)                     | GP management alone   | Schaefer, R., Kaufmann, C., Wild, B., Schellberg, D., Boelter, R., Faber, R., Szecsenyi, J., Sauer, N., Guthrie, E., & Herzog, W. (2013). Specific collaborative group intervention for patients with medically unexplained symptoms in general practice: A cluster randomized controlled trial. <i>Psychotherapy and Psychosomatics</i> , 82 (2), 106–119.<br><a href="http://doi.org/10.1159/000343652">http://doi.org/10.1159/000343652</a> |
| 217 | Scheidt, et al.  | 2012 | 46  | Fibromyalgia + depression            | Adult | Psychodynamic-Interpersonal Therapy (PIT; Hobson, 1985; Goldberg et al., 1984; Guthrie, 2013)        | TAU   | Scheidt, C. E., Waller, E., Endorf, K., Schmidt, S., König, R., Zeeck, A., Joos, A., & Lacour, M. (2012). Is brief psychodynamic psychotherapy in primary fibromyalgia syndrome with concurrent depression an effective treatment ? A randomized controlled trial. <i>General Hospital Psychiatry</i> , 160-167.<br><a href="https://www.ncbi.nlm.nih.gov/pubmed/23218844">https://www.ncbi.nlm.nih.gov/pubmed/23218844</a>                    |
| 218 | Schnyder, et al. | 2011 | 30  | PTSD                                 | Adult | Brief Eclectic Psychotherapy (BEP; Gersons et al, 2004; Manual includes both CBT and PDT components) | Minimal attention control   | Schnyder, U., Müller, J., Maercker, A., & Wittmann, L. (2011). Brief Eclectic Psychotherapy for PTSD: A Randomized Controlled Trial. <i>The Journal of Clinical Psychiatry</i> , 72(4): 564– 566.<br><a href="http://europepmc.org/abstract/MED/21527127?europa_pmc_extredirect=https://doi.org/10.4088/JCP.10l06247blu">http://europepmc.org/abstract/MED/21527127?europa_pmc_extredirect=https://doi.org/10.4088/JCP.10l06247blu</a>         |
| 219 | Shaffer, et al.  | 1997 | 61  | Opiate addiction                     | Adult | Dynamic group psychotherapy (no reference)   | Hatha yoga therapy  | Shaffer, H. J., LaSalvia, T. A., & Stein, J. P. (1997). Comparing Hatha yoga with dynamic group psychotherapy for enhancing methadone maintenance treatment: a randomized clinical trial. <i>Altern Ther Health Med</i> , 3, 57-66.<br><a href="http://www.ncbi.nlm.nih.gov/pubmed/92107_77">http://www.ncbi.nlm.nih.gov/pubmed/92107_77</a>   |

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| 220 | Shapiro & Firth | 1987 | 48  | Depression and anxiety | Adult | Exploratory therapy (no specific reference)                                    | Prescriptive therapy (no specific reference)              | Shapiro, D., & Firth, J. (1987). Prescriptive v. Exploratory Psychotherapy Outcomes of the Sheffield Psychotherapy Project. <i>The British Journal of Psychiatry</i> , 151, 790-799 <a href="http://bjp.publicaciones.saludcastillayleon.es/content/151/6/790.short">http://bjp.publicaciones.saludcastillayleon.es/content/151/6/790.short</a>  |
| 221 | Shapiro, et al. | 1994 | 117 | Depression             | Adult | Psychodynamic-Interpersonal Therapy (PIT; Hobson, 1985; Goldberg et al., 1984) | Cognitive Therapy (CT; Beck, Rush, Shaw, and Emery, 1979) | Shapiro, D. A., Barkham, M., Rees, A., Hardy, G. E., Reynolds, S., & Startup, M., et al. (1994). Effects of treatment duration and severity of depression on the effectiveness of cognitive-behavioral and psychodynamic-interpersonal psychotherapy. <i>J Consult Clin Psychol</i> , 62, 522-534. <a href="http://www.ncbi.nlm.nih.gov/pubmed/8063978">http://www.ncbi.nlm.nih.gov/pubmed/8063978</a> |
| 222 | Shaw, et al.    | 2001 | 54  | Mixed sample           | Adult | Psychodynamic-Interpersonal Therapy (PIT; Hobson, 1985)                        | Waitlist  | Shaw, C. M., Margison, F. R., Guthrie, E. A., & Tomenson, B. (2001). Psychodynamic interpersonal therapy by inexperienced therapists in a naturalistic setting: A pilot study. <i>European Journal of Psychotherapy, Counselling, and Health</i> , 4, 87-101. <a href="http://www.tandfonline.com/doi/abs/10.1080/13642530110040091">http://www.tandfonline.com/doi/abs/10.1080/13642530110040091</a>  |
| 223 | Shefler, et al. | 1995 | 33  | Mixed sample           | Adult | Time-Limited Psychotherapy (TLP; Mann, 1973)                                   | Waitlist  | Shefler, G., Dasberg, H., & Ben-Shakhar, G. (1995). A randomized controlled outcome and follow-up study of Mann's time-limited psychotherapy. <i>J Consult Clin Psychol</i> , 63, 585-593. <a href="http://psycnet.apa.org/journals/ccp/63/4/585/">http://psycnet.apa.org/journals/ccp/63/4/585/</a>   |
| 224 | Simpson, et al. | 2003 | 145 | Depression (chronic)   | Adult | Psychodynamic counselling (Burton, 1998)                                       | General practice  | Simpson, S., Corney, R., Fitzgerald, P., & Beecham, J. (2003). A randomized controlled trial to evaluate the effectiveness and costeffectiveness of psychodynamic counselling for general practice patients with chronic depression. <i>Psychol Med</i> , 33, 229-239. <a href="http://www.ncbi.nlm.nih.gov/pubmed/12622">http://www.ncbi.nlm.nih.gov/pubmed/12622</a>                                 |

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| 225 | Sjodin, et al.      | 1986 | 103 | Peptic ulcer disease                           | Adult       | Short-Term Dynamic Therapy (STDP; Malan, 1976)                                    | Medication   | Sjodin, I., Svedlund, J., Ottosson, J. O., & Dotevall, G. (1986). Controlled study of psychotherapy in chronic peptic ulcer disease. <i>Psychosomatics</i> , 27, 187-91, 195.<br><a href="http://www.psychosomaticsjournal.com/article/S0033-3182(86)72711-4/abstract">http://www.psychosomaticsjournal.com/article/S0033-3182(86)72711-4/abstract</a>   |
| 226 | Sleed, et al.       | 2013 | 88  | High risk mothers (and their babies) in prison | Adult/child | Attachment-based intervention (Baradon, 2006)                                     | Standard health and social care                            | Sleed, M., Baradon, T., & Fonagy, P. (2013). New Beginnings for mothers and babies in prison: A cluster randomized controlled trial. <i>Attachment &amp; Human Development</i> , 15 (4), 349–67.<br><a href="http://www.ncbi.nlm.nih.gov/pubmed/23550526">http://www.ncbi.nlm.nih.gov/pubmed/23550526</a>  |
| 227 | Sloane, et al.      | 1975 | 94  | Anxiety or personality disorder                | Adult       | Short-Term Analytically Oriented Psychotherapy (no specific reference)            | 1. Waitlist<br>2. Behavior Therapy (no specific reference) | Sloane, R. B., Staples, F. R., Cristol, A. H., Yorkston, N. J., & Whipple, K. (1975). Short-term analytically oriented psychotherapy versus behavior therapy. <i>American Journal of Psychiatry</i> , 132, 373-377.<br><a href="http://www.ncbi.nlm.nih.gov/pubmed/1119588">http://www.ncbi.nlm.nih.gov/pubmed/1119588</a>   |
| 228 | Smits, et al.       | 2019 | 114 | Borderline personality disorder                | Adult       | Day Hospital Mentalization-Based Treatment (DH-MBT; Bateman & Fonagy, 2004)       | Intensive outpatient MBT                                   | Smits, M. L., Feenstra, D. J., Eeren, H. V., Bales, D. L., Laurensen, E. M. P., Blankers, M., ... Luyten, P. (2019). Day hospital versus intensive out-patient mentalisation-based treatment for borderline personality disorder: multicentre randomised clinical trial. <i>The British Journal of Psychiatry</i> , 1–6. <a href="https://doi.org/10.1192/bjp.2019.9">https://doi.org/10.1192/bjp.2019.9</a> |
| 229 | Smyrniotis & Kirkby | 1993 | 30  | Mixed problems                                 | Child       | Time-limited brief psychotherapy (Smyrniotis, Kirkby, Smyrniotis, & Picone, 1987) | Time-unlimited psychotherapy (Klein, 1975; Segal, 1978)    | Smyrniotis, K. X., & Kirkby, R. J. (1993). Long-term comparison of brief versus unlimited psychodynamic treatments with children and their parents. <i>J Consult Clin Psychol</i> , 61, 1020-1027.<br><a href="http://www.ncbi.nlm.nih.gov/pubmed/8113479">http://www.ncbi.nlm.nih.gov/pubmed/8113479</a>  |

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| 230 | Snyder, et al.   | 1991 | 59  | Couples with relational problems | Adult      | Insight-Oriented Marital Therapy (IOMT; no specific reference)              | Behavioral Martial Therapy (BMT; no specific reference) | Snyder, D. K., Wills, R. M., & Grady-Fletcher, a. (1991). Long-term effectiveness of behavioral versus insight-oriented marital therapy: a 4- year follow-up study. <i>Journal of Consulting and Clinical Psychology</i> , 59(1), 138–41. <a href="http://www.ncbi.nlm.nih.gov/pubmed/20021_29">http://www.ncbi.nlm.nih.gov/pubmed/20021_29</a>  |
| 231 | Spiess, et al.   | 1995 | 23  | Type I diabetic patients         | Adult      | Group PDT program (no specific manual or reference)<br>+ treatment as usual | Treatment as usual                                      | Spiess, K., Sachs, G., Pietschmann, P., & Prager, R. (1995). A program to reduce onset distress in unselected type I diabetic patients: Effects on psychological variables and metabolic control. <i>European Journal of Endocrinology</i> . <a href="https://www.ncbi.nlm.nih.gov/pubmed/7749498">https://www.ncbi.nlm.nih.gov/pubmed/7749498</a>   |
| 232 | Stanton, et al.  | 1984 | 164 | Schizophrenia (non-chronic)      | Adult      | Expressive, insight-oriented psychotherapy (EIO; Stanton, in press)         | Reality-adaptive, supportive therapy (RAS; May, 1968)   | Stanton, A. H., Gunderson, J. G., Knapp, P. H., Frank, A. F., Vancelli, M. L., & Schnitzer, R., et al. (1984). Effects of psychotherapy in schizophrenia: I. Design and implementation of a controlled study. <i>Schizophr Bull</i> , 10, 520-563. <a href="http://www.ncbi.nlm.nih.gov/pubmed/61512_45">http://www.ncbi.nlm.nih.gov/pubmed/61512_45</a>   |
| 233 | Stefini, et al.  | 2017 | 81  | Bulimia                          | Adolescent | Focal psychodynamic therapy for bulimia (Reich et al, 1998; 2014)           | CBT (Bents, 2007; 2010; Fairburn, 2008)                 | Stefini A, Salzer S, Reich G, Horn H, Winkelmann K, Bents H, Rutz U, Frost U, Boetticher Av, Ruhl U, Specht N, Kronmüller K-T. (2017). Cognitive-Behavioral and Psychodynamic Therapy in Female Adolescents With Bulimia Nervosa: A Randomized Controlled Trial. <i>Journal of the American Academy of Child &amp; Adolescent Psychiatry</i> , 56(4), 329-335. <a href="http://doi.org/10.1016/j.jaac.2017.01.019">http://doi.org/10.1016/j.jaac.2017.01.019</a> |
| 234 | Steinert, et al. | 2016 | 86  | PTSD                             | Adult      | Resource-Oriented Trauma Therapy (ROTATE; Wöller & Mattheß, 2016)           | Waitlist  | Steinert, C., Bumke, P. J., Hollekamp, R. L., Larisch, A., Leichsenring, F., Mattheß, H., ... Kruse, J. (2016). Resource activation for treating post-traumatic stress disorder, comorbid symptoms and impaired functioning: a randomized controlled trial in Cambodia. <i>Psychological Medicine</i> , 1–12. <a href="http://doi.org/10.1017/S0033291716002592">http://doi.org/10.1017/S0033291716002592</a>  |

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| 235 | Suchman, et al.   | 2011 | 47  | Mothers with alcohol and drug addiction              | Adult | The Mothers and Toddlers Program (MTP)  | Parent Education (PE)  | Suchman, N. E., Decoste, C. L., Castiglioni, N., McMahon, T. J., Rounsaville, B. J., & Mayes, L. (2011). The Mothers and Toddlers Program, an attachment-based parenting intervention for substance using women: Post-treatment results from a randomized clinical pilot. <i>Attachment &amp; Human Development</i> , 12(5), 483–504. <a href="http://doi.org/10.1080/14616734.2010.501983">http://doi.org/10.1080/14616734.2010.501983</a> |
| 236 | Suchman, et al.   | 2017 | 87  | Mothers with histories of alcohol and drug addiction | Adult | Mothering from the Inside Out (MIO; Suchman & Bers, 2015)                           | Parent Education (PE)  | Suchman, N. E., Decoste, C. L., McMahon, T. J., Dalton, R., Mayes, L. C., & Borelli, J. (2017). Mothering from the Inside Out: Results of a second randomized clinical trial testing a mentalization-based intervention for mothers in addiction treatment. <i>Development and Psychopathology</i> , 29(2), 617–636. <a href="http://doi.org/10.1017/S0954579417000220">http://doi.org/10.1017/S0954579417000220</a>                        |
| 237 | Svartberg, et al. | 1998 | 20  | Mixed sample   | Adult | Short-Term Anxiety-Provoking Psychotherapy (STAPP; utvecklad specifikt för studien) | Non-directive Psychotherapy (NDP; utvecklad specifikt för studien) | Svartberg, M., Seltzer, M. H., & Stiles, T. C. (1998). The effects of common and specific factors in short-term anxiety-provoking psychotherapy: a pilot process-outcome study. <i>J Nerv Ment Dis</i> , 186, 691-696. <a href="https://www.ncbi.nlm.nih.gov/pubmed/9824171">https://www.ncbi.nlm.nih.gov/pubmed/9824171</a>  |
| 238 | Svartberg, et al. | 2004 | 50  | Personality disorder (Cluster C)                     | Adult | Short-Term Dynamic Psychotherapy (STDP; McCullough Vaillant, 1997)                  | Cognitive Therapy (CT; Beck & Freeman, 1990)                       | Svartberg, M., Stiles, T. C., & Seltzer, M. H. (2004). Randomized, controlled trial of the effectiveness of short-term dynamic psychotherapy and cognitive therapy for cluster C personality disorders. <i>Am J Psychiatry</i> , 161, 810-817. <a href="http://www.ncbi.nlm.nih.gov/pubmed/15121">http://www.ncbi.nlm.nih.gov/pubmed/15121</a>  |
| 239 | Svedlund, et al.  | 1983 | 101 | IBS  | Adult | Brief Dynamic Psychotherapy (BDP; Malan, 1979)                                      | Treatment as usual (TAU) (medical)                                 | Svedlund, J., Sjodin, I., Ottosson, J. O., & Dotevall, G. (1983). Controlled study of psychotherapy in irritable bowel syndrome. <i>Lancet</i> , 2, 589-592. <a href="https://www.ncbi.nlm.nih.gov/pubmed/6136745">https://www.ncbi.nlm.nih.gov/pubmed/6136745</a>  |

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| 240 | Svnsson, et al.    | 2020 | 221 | Panic disorder                 | Adult | Panic-Focused Psychodynamic Psychotherapy (PFPP; Milrod et al, 2001)                                    | 1. Panic Control Treatment (PCT; Barlow, 1994)<br>1. Waitlist   | Svensson, M., Nilsson, T., Perrin, S., Johansson, H., Viborg, G., Falkenström, F., & Sandell, R. (2020). The Effect of Patient's Choice of Cognitive Behavioural or Psychodynamic Therapy on Outcomes for Panic Disorder: A Doubly Randomised Controlled Preference Trial. <i>Psychotherapy and Psychosomatics</i> , (September 2020), 1–12.<br><a href="https://doi.org/10.1159/000511469">https://doi.org/10.1159/000511469</a>             |
| 241 | Szapocznik, et al. | 1989 | 69  | Behavioral problems among boys | Child | Individual psychodynamic child therapy (IPCT) (Adams, 1974; Cooper & Wanerman, 1977)                    | 1. Structural Family Therapy (SFT; Minuchin & Fishman, 1981; Minuchin, Montalvo, Guerney, Rosman, & Schuman, 1967)<br>2. Recreational | Szapocznik, J., Rio, A., Murray, E., Cohen, R., Scopetta, M., & Rivas-Vazquez, A., et al. (1989). Structural family versus psychodynamic child therapy for problematic Hispanic boys. <i>J.Consult.Clin.Psychol.</i> , 57, 571-578.<br><a href="http://www.ncbi.nlm.nih.gov/pubmed/2794177">http://www.ncbi.nlm.nih.gov/pubmed/2794177</a>  |
| 242 | Sørensen, et al.   | 2010 | 80  | Hypochondriasis                | Adult | Short-Term Psychodynamic Psychotherapy (No specific reference)  | 1. Cognitive-behavioural Therapy (CBT; Salkovskis, 1989; Warwick, 1989; Salkovskis et al. 2003)<br>2. Waitlist                        | Sørensen, P., Birket-Smith, M., Wattar, U., Buemann, I., & Salkovskis, P. (2010). A randomized clinical trial of cognitive behavioural therapy versus short-term psychodynamic psychotherapy versus no intervention for patients with hypochondriasis. <i>Psychol Med</i> , 1-11.<br><a href="http://www.ncbi.nlm.nih.gov/pubmed/20380779">http://www.ncbi.nlm.nih.gov/pubmed/20380779</a>  |
| 243 | Tasca, et al.      | 2006 | 135 | Binge eating disorder          | Adult | Group psychodynamic interpersonal psychotherapy (Tasca et al., 2002; Strupp & Binder, 1984; Malan 1979) | 1. Group cognitive-behavior therapy (GCBT; Wilfley et al., 1996)<br>2. Waitlist   | Tasca, G., Ritchie, K., Conrad, G., Balfour, L., Gayton, J., & Lybanon, V., et al. (2006). Attachment scales predict outcome in a randomized controlled trial of two group therapies for binge eating disorder: An aptitude by treatment interaction. <i>Psychotherapy Research</i> , 16, 106-121.<br><a href="http://www.tandfonline.com/doi/abs/10.1080/10503300500090928">http://www.tandfonline.com/doi/abs/10.1080/10503300500090928</a> |
| 244 | Tasca, et al.      | 2018 | 85  | Binge eating disorder          | Adult | Group psychodynamic interpersonal psychotherapy (Tasca et al., 2002; Strupp & Binder, 1984; Malan 1979) | No treatment control  | Tasca, G. A., Koszycki, D., Brugnera, A., Chyurlia, L., Hammond, N., Francis, K., ... Balfour, L. (2018). Testing a stepped care model for binge-eating disorder: a two-step randomized controlled trial. <i>Psychological Medicine</i> .<br><a href="https://www.ncbi.nlm.nih.gov/pubmed/29792242">https://www.ncbi.nlm.nih.gov/pubmed/29792242</a>  |

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| 245 | Thakur, et al.   | 2017 | 106 | Irritable bowel syndrome         | Adult       | Emotional Awareness and Expression Therapy (Integrative method with psychodynamic components, see Lumley & Schubiner, 2019) | 1. Relaxation training<br>2. Waitlist   | Thakur, E. R., Holmes, H. J., Lockhart, N. A., Carty, J. N., Ziadni, M. S., Doherty, H. K., ... Lumley, M. A. (2017). Emotional awareness and expression training improves irritable bowel syndrome: A randomized controlled trial. <i>Neurogastroenterology and Motility</i> , 29(12), 1–10. <a href="https://doi.org/10.1111/nmo.13143">https://doi.org/10.1111/nmo.13143</a>   |
| 246 | Thompson, et al. | 1987 | 91  | Depression                       | Older adult | Brief psychodynamic therapy (Horowitz & Kaltreider, 1979)   | 1. Cognitive Therapy (CT; Beck, Rush, Shaw, & Emery, 1979)<br>2. Behavioral Therapy (BT; Gallagher & Thompson, 1981; Lewinsohn, 1974)<br>3. Deleyed-treatment | Thompson, L. W., Gallagher, D., & Breckenridge, J. S. (1987). Comparative effectiveness of psychotherapies for depressed elders. <i>J Consult Clin Psychol</i> , 55, 385-390. <a href="https://www.researchgate.net/publication/19563884_Comparative_Effectiveness_of_Psychotherapies_for_Depressed_Elders">https://www.researchgate.net/publication/19563884_Comparative_Effectiveness_of_Psychotherapies_for_Depressed_Elders</a> |
| 247 | Thyme, et al.    | 2007 | 39  | Depression                       | Adult       | Short-Term Psychodynamic Verbal Therapy (Mann, 1973)  | Psychodynamic art psychotherapy (no reference)  | Thyme, K. E., Sundin, E. C., Stahlberg, G., Lindstrom, B., Eklof, H., & Wiberg, B., et al. (2007). The outcome of short-term psychodynamic art therapy compared to short-term psychodynamic verbal therapy for depressed women. <i>Psychoanalytic Psychotherapy</i> , 21, 250-264. <a href="http://www.tandfonline.com/doi/abs/10.1080/02668730701535610">http://www.tandfonline.com/doi/abs/10.1080/02668730701535610</a>          |
| 248 | Town, et al.     | 2017 | 60  | Depression (treatment resistant) | Adult       | Intensive Short-Term Dynamic Psychotherapy (ISTDP; Abbass, 2015)  | TAU (Canadian depression guidelines)  | Town, J. M., Abbass, A., Stride, C. & Bernier, D. (2017) A randomised controlled trial of Intensive Short-Term Dynamic Psychotherapy for treatment resistant depression: the Halifax Depression Study, <i>Journal of Affective Disorders</i> , in Press <a href="http://dx.doi.org/10.1016/j.jad.2017.02.035">http://dx.doi.org/10.1016/j.jad.2017.02.035</a>   |
| 249 | Trowell, et al.  | 2002 | 71  | PTSD (sexually abused girls)     | Child       | Individual therapy (Unclear with no reference)  | Psychopedagogical group therapy   | Trowell, J., Kolvin, I., Weeramanthri, T., Sadowski, H., Berelowitz, M., & Glaser, D., et al. (2002). Psychotherapy for sexually abused girls: psychopathological outcome findings and patterns of change. <i>Br J Psychiatry</i> , 180, 234-247. <a href="http://www.ncbi.nlm.nih.gov/pubmed/11872_516">http://www.ncbi.nlm.nih.gov/pubmed/11872_516</a>   |

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| 250 | Trowell, et al.    | 2007 | 72  | Depression                            | Child | Focused Individual Psychotherapy (Malan & Osmimo, 1992; Davanloo, 1978)     | Systems Integrative Family Therapy (Byung-Hall, 1995; Will, 1985) | Trowell, J., Joffe, I., Campbell, J., Clemente, C., Almqvist, F., & Soininen, M., et al. (2007). Childhood depression: a place for psychotherapy. An outcome study comparing individual psychodynamic psychotherapy and family therapy. <i>Eur Child Adolesc Psychiatry</i> , 16, 157-167.<br><a href="http://www.ncbi.nlm.nih.gov/pubmed/17200793">http://www.ncbi.nlm.nih.gov/pubmed/17200793</a>  |
| 251 | Vinnars, et al.    | 2005 | 156 | Personality disorder (mixed)          | Adult | Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984)                   | Non-manualized PDT  | Vinnars, B., Barber, J. P., Norén, K., Gallop, R., & Weinryb, R. M. (2005). Manualized supportive-expressive psychotherapy versus nonmanualized community-delivered psychodynamic therapy for patients with personality disorders: bridging efficacy and effectiveness. <i>Am J Psychiatry</i> , 162, 1933-1940.<br><a href="http://www.ncbi.nlm.nih.gov/pubmed/16199841">http://www.ncbi.nlm.nih.gov/pubmed/16199841</a>  |
| 252 | Vistintini, et al. | 2020 | 95  | Borderline personality disorder       | Adult | Group Experience Therapy (Vistintini, et al., 2019; 2014)                   | DBT (Linehan, 1993)   | Vistintini, R., Roder, E., Gaj, N., & Maffei, C. (2020). Group Experience Therapy for outpatients with Borderline Personality Disorder features: preliminary results on its effectiveness in a randomized trial. <i>Mediterranean Journal of Clinical Psychology</i> , 8, 1, 1-24. <a href="https://doi.org/10.6092/2282-1619/mjcp-2275">https://doi.org/10.6092/2282-1619/mjcp-2275</a>   |
| 253 | Vitriol, et al.    | 2009 | 87  | Depression (+ childhood trauma, PTSD) | Adult | Brief psychodynamic psychotherapy (Kudler et al, 2003; Davies et al., 1994) | TAU   | Vitriol, V. G., Ballesteros, S. T., Florenzano, R. U., Weil, K. P., & Benadof, D. F. (2009). Evaluation of an outpatient intervention for women with severe depression and a history of childhood trauma. <i>Psychiatr Serv</i> , 60, 936-942.<br><a href="https://www.ncbi.nlm.nih.gov/pubmed/19564224">https://www.ncbi.nlm.nih.gov/pubmed/19564224</a>  |
| 254 | Walton, et al.     | 2020 | 166 | Borderline personality disorder       | Adult | Conversational Model (Mears, 2012)  | DBT (Linehan, 1993)   | Walton, C. J., Bendit, N., Baker, A. L., Carter, G. L., & Lewin, T. J. (2020). A randomised trial of dialectical behaviour therapy and the conversational model for the treatment of borderline personality disorder with recent suicidal and/or non-suicidal self-injury: An effectiveness study in an Australian public mental health service. <i>Australian and New Zealand Journal of Psychiatry</i> , 00(0).<br><a href="https://doi.org/10.1177/0004867420931164">https://doi.org/10.1177/0004867420931164</a> |

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| 255 | Watzke, et al.  | 2010 | 291 | Mixed sample                  | Adult | Psychodynamic brief group therapy (Heigl-Evers et al., 1997)   | Cognitive-behavioural group therapy (Fiedler, 2001)                        | Watzke, B., Rüdell, H., Jürgensen, R., Koch, U., Kriston, L., Grothgar, B., & Schulz, H. (2010). Effectiveness of systematic treatment selection for psychodynamic and cognitive-behavioural therapy: randomised controlled trial in routine mental healthcare. <i>The British Journal of Psychiatry : The Journal of Mental Science</i> , 197(2), 96–105.<br><a href="http://www.ncbi.nlm.nih.gov/pubmed/20679_260">http://www.ncbi.nlm.nih.gov/pubmed/20679_260</a> |
| 256 | Weijers et al.  | 2020 | 84  | Psychotic Disorders           | Adult | Mentalization-Based Treatment (MBT; Bateman & Fonagy, 2004) + TAU  | TAU only   | Weijers, J., Ten Kate, C., Viechtbauer, W., Rampaart, L. J. A., Eurelings, E. H. M., & Selten, J. P. (2020). Mentalization-based treatment for psychotic disorder: a rater-blinded, multi-center, randomized controlled trial. <i>Psychological Medicine</i> , 1–10.<br><a href="https://doi.org/10.1017/S0033291720001506">https://doi.org/10.1017/S0033291720001506</a>   |
| 257 | Wiborg & Dahl   | 1996 | 40  | Panic disorder                | Adult | Brief Dynamic Psychotherapy (BDP; Davanloo, 1978; Malan 1976; 1979; Strupp & Binder, 1984) + Clomipramin         | Clomipramin alone  | Wiborg, I. M., & Dahl, A. A. (1996). Does brief dynamic psychotherapy reduce the relapse rate of panic disorder? <i>Arch Gen Psychiatry</i> , 53, 689-694.<br><a href="https://www.ncbi.nlm.nih.gov/pubmed/8694682">https://www.ncbi.nlm.nih.gov/pubmed/8694682</a>   |
| 258 | Wiltink, et al. | 2017 | 109 | Social Phobia                 | Adult | Manualized Short-Term Psychodynamic Psychotherapy (based on Supportive-Expressive Psychotherapy; Luborsky, 1984) | Non-manualized Short-Term Psychodynamic Psychotherapy (tauSTPP; no manual) | Wiltink, J., Ruckes, C., Hoyer, J., Leichsenring, F., Joraschky, P., Leweke, F., ... Beutel, M. E. (2017). Transfer of manualized Short Term Psychodynamic Psychotherapy (STPP) for social anxiety disorder into clinical practice: results from a cluster-randomised controlled trial. <i>BMC Psychiatry</i> , 17(1), 92.<br><a href="http://doi.org/10.1186/s12888-017-1257-7">http://doi.org/10.1186/s12888-017-1257-7</a>   |
| 259 | Winston, et al. | 1994 | 81  | Personality disorders (mixed) | Adult | Short-Term Dynamic Therapy (STDP; Davanloo, 1980; Also reference to Mann, Malan, and Sifneos)                    | 1. Brief Adaptive Psychotherapy (BAP; Pollack et al., 1991)<br>2. Waitlist | Winston, A., Pollack, J., McCullough, L., Flegenheimer, W., Kestenbaum, R., & Trujillo, M., et al. (1991). Brief psychotherapy of personality disorders. <i>J Nerv Ment Dis</i> , 179, 188-193.<br><a href="http://psycnet.apa.org/psycinfo/1991-25198-001">http://psycnet.apa.org/psycinfo/1991-25198-001</a>  |

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| 260 | Woody, et al.       | 1983 | 110 | Opiate dependence                    | Adult       | Supportive-Expressive Psychotherapy (SEP; Luborsky, 1977; unpublished manual) + Drug counselling                            | 1. Cognitive-Behavior Therapy (CBT; Beck, unpublished) + drug counselling<br>2. Drug Counseling alone (DC; Stockdale & Hargrove, unpublished material, 1977) | Woody, G. E., Luborsky, L., McLellan, A. T., O'Brien, C. P., Beck, A. T., & Blaine, J., et al. (1983). Psychotherapy for opiate addicts. Does it help? <i>Arch Gen Psychiatry</i> , 40, 639-645. <a href="http://www.ncbi.nlm.nih.gov/pubmed/6847332">http://www.ncbi.nlm.nih.gov/pubmed/6847332</a>  |
| 261 | Woody, et al.       | 1995 | 84  | Opiate dependence                    | Adult       | Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984)   | Drug counseling  | Woody, G. E., McLellan, A. T., Luborsky, L., & O'Brien, C. P. (1995). Psychotherapy in community methadone programs: A validation study. <i>American Journal of Psychiatry</i> , 152, 1302-1308. <a href="https://www.ncbi.nlm.nih.gov/pubmed/7653685">https://www.ncbi.nlm.nih.gov/pubmed/7653685</a>  |
| 262 | Yarns, et al.       | 2020 | 53  | Chronic pain (in older war veterans) | Older adult | Emotional Awareness and Expression Therapy (Integrative method with psychodynamic components, see Lumley & Schubiner, 2019) | CBT for chronic pain (Murphy, et al., 2014)  | Yarns, B. C., Lumley, M. A., Cassidy, J. T., Steers, W. N., Osato, S., Schubiner, H., & Sultzter, D. L. (2020). Emotional Awareness and Expression Therapy Achieves Greater Pain Reduction than Cognitive Behavioral Therapy in Older Adults with Chronic Musculoskeletal Pain: A Preliminary Randomized Comparison Trial. <i>Pain Medicine</i> , 0(0), 1–13. <a href="https://doi.org/10.1093/pm/pnaa145">https://doi.org/10.1093/pm/pnaa145</a> |
| 263 | Zajenkowska, et al. | 2019 | 50  | Depression                           | Adult       | Group PDT (no specific manual or reference)   | Group CBT (no reference)   | Zajenkowska, A., Rajchert, J., Macianowicz, O., Holas, P., & Murawic, S. (2019). Cognitive-Behavioral (CBT) and Psychodynamic (PDT) Group Psychotherapy and Their Impact on Depressive Symptoms and Hostile Attributions. <i>International Journal of Group Psychotherapy</i> , 0(00), 1–25. <a href="https://doi.org/10.1080/00207284.2019.1653189">https://doi.org/10.1080/00207284.2019.1653189</a>  |
| 264 | Zhang, et al.       | 2020 | 63  | Erectile dysfunction                 | Adults      | Brief Dynamic Psychotherapy (BDP; no specific reference) + Viagra medication  | Viagra only  | Zhang, Z., Gao, X., Zhou, Y., Yu, C., Pimolsettapun, J., Yang, L., & Zhao, Y. (2020). Study on the combination of brief psychodynamic psychotherapy with Viagra in the treatment of non-organic ED. <i>General Psychiatry</i> , 33(5), e100184. <a href="https://doi.org/10.1136/gpsych-2019-100184">https://doi.org/10.1136/gpsych-2019-100184</a>   |

