

# Comprehensive compilation of randomized controlled trials (RCTs) involving psychodynamic treatments and interventions

Peter Lilliengren, PhD, Ersta Sköndal Bräcke University College, Stockholm, Sweden

Version: 2019-12-09

#	Study name	Year	Total n	Patient sample	Age group	PDT-intervention	Comparison group(s)	Main outcome reference
1	Abbass, et al.	2008	27	Personality disorders (mixed)	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1990)	Minimal contact	Abbass, A., Sheldon, A., Gyra, J., & Kalpin, A. (2008). Intensive short-term dynamic psychotherapy for DSM-IV personality disorders: a randomized controlled trial. <i>J Nerv Ment Dis</i> , 196, 211-216. <a href="http://www.ncbi.nlm.nih.gov/pubmed/18340256">http://www.ncbi.nlm.nih.gov/pubmed/18340256</a>
2	Ahola, et al.	2016	33	Depression	Adult	Long-Term Psychodynamic Psychotherapy (at least 12 months, biweekly sessions, no reference to manual)	Waitlist (6 months)	Ahola, P., Joensuu, M., Knekt, P., Lindfors, O., Saarinen, P., Tolmunen, T., ... Lehtonen, J. (2016). Effects of Scheduled Waiting for Psychotherapy in Patients With Major Depression. <i>The Journal of Nervous and Mental Disease</i> , 205(8), 611–617. <a href="http://doi.org/10.1097/NMD.0000000000000616">http://doi.org/10.1097/NMD.0000000000000616</a>
3	Ajilchi, et al.	2016	32	Depression	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1990)	Waitlist	Ajilchi, B., Nejati, V., Town, J. M., Wilson, R., & Abbass, A. (2016). Effects of Intensive Short-Term Dynamic Psychotherapy on depressive symptoms and executive functioning in Major Depression. <i>The Journal of Nervous and Mental Disease</i> , 204(7), 500–5. <a href="http://doi.org/10.1097/NMD.0000000000000518">http://doi.org/10.1097/NMD.0000000000000518</a>
4	Alstrom, et al.	1984	73	Agoraphobia (in women not suitable for insight-oriented psychotherapy)	Adult	Supportive dynamic psychotherapy (Dewald, 1964)	Prolonged exposure (in vivo w. therapist)/ + relaxation therapy	Alstrom, J. E., Nordlund, G., Persson, G., Harding, M., & Lundquist, C. (1984). Effects of four treatment methods on agoraphobic women not suitable for insight-oriented psychotherapy. <i>Acta Psychiatrica Scandinavica</i> , 70, 1–17. <a href="http://www.ncbi.nlm.nih.gov/pubmed/6147066">http://www.ncbi.nlm.nih.gov/pubmed/6147066</a>



10	Baldoni, et al.	1995	36	Urethral syndrome	Adult	Short-Term Dynamic Psychotherapy (STDP; Malan, 1979; Davanloo, 1980)	TAU	Baldoni, F., Baldaro, B., & Trombini, G. (1995). Psychotherapeutic perspectives in urethral syndrome. <i>Stress Medicine</i> , 11 (July 1994), 79–84. <a href="http://onlinelibrary.wiley.com/doi/10.1002/smi.2460110115/abstract">http://onlinelibrary.wiley.com/doi/10.1002/smi.2460110115/abstract</a>
11	Balottin, et al.	2014	33	Idiopathic headache (children/adolescents 6-18 yrs)	Child	Short-Term Psychodynamic Psychotherapy (STPP; Aliprandi et al, 1990)	TAU	Balottin, U., Ferri, M., Racca, M., Rossi, M., Rossi, G., Beghi, E., ... Termine, C. (2014). Psychotherapy versus usual care in pediatric migraine and tension-type headache: a single- blind controlled pilot study. <i>Italian Journal of Pediatrics</i> , 40(1), 6. <a href="http://www.ncbi.nlm.nih.gov/pubmed/24444_140">http://www.ncbi.nlm.nih.gov/pubmed/24444_140</a>
12	Barber, et al.	2011	156	Depression	Adult	Supportive Expressive Psychotherapy (SEP; Luborsky, 1984)	1. Placebo 2. SSRI/SNRI	Barber, J. P., Barrett, M. S., Gallop, R., Rynn, M. a, & Rickels, K. (2011). Short-term dynamic psychotherapy versus pharmacotherapy for major depressive disorder: a randomized, placebo-controlled trial. <i>The Journal of clinical psychiatry</i> , 1–8. <a href="http://www.ncbi.nlm.nih.gov/pubmed/22152_401">http://www.ncbi.nlm.nih.gov/pubmed/22152_401</a>
13	Barkham, et al.	1996	36	Depression	Adult	Psychodynamic-Interpersonal Therapy (PIT, Hobson, 1985)	CBT (no reference)	Barkham, M., Rees, A., Shapiro, D. A., Stiles, W. B., Agnew, R. M., & Halstead, J., et al. (1996). Outcomes of time-limited psychotherapy in applied settings: replicating the Second Sheffield Psychotherapy Project. <i>J Consult Clin Psychol</i> , 64, 1079-1085. <a href="http://www.ncbi.nlm.nih.gov/pubmed/89166_39">http://www.ncbi.nlm.nih.gov/pubmed/89166_39</a>
14	Barkham, et al.	1999	116	Depression (subsyndromal)	Adult	Psychodynamic-Interpersonal Therapy (PIT, 3 sessions; Barkham & Shapiro, based on Hobson, 1985)	CBT (Beck et al 1979; Beck, 1995)	Barkham, M., Shapiro, D. A., Hardy, G. E., & Rees, A. (1999). Psychotherapy in two-plus- one sessions: outcomes of a randomized controlled trial of cognitive-behavioral and psychodynamic-interpersonal therapy for subsyndromal depression. <i>J Consult Clin Psychol</i> , 67, 201-211. <a href="http://www.ncbi.nlm.nih.gov/pubmed/10224_730">http://www.ncbi.nlm.nih.gov/pubmed/10224_730</a>

15	Bassett, et al.	1985	26	Chronic pain	Adult	Psychodynamic therapy (12 sessions, no reference)	Supportive psychotherapy (no reference)	Bassett, D. L., & Pilowsky, I. (1985). A study of brief psychotherapy for chronic pain. <i>J Psychosom Res</i> , 29, 259-264. <a href="http://www.sciencedirect.com/science/article/pii/0022399985900522">http://www.sciencedirect.com/science/article/pii/0022399985900522</a>
16	Bastos, et al.	2014	272	Depression	Adult	Long-term psychodynamic psychotherapy (LTPP; Gabbard, 2004; 2010)	1. Fluoxetine alone 2. LTPP + fluoxetine	Bastos, A. G., Guimaraes, L. S. P., & Trentini, C. M. (2014). The efficacy of long-term psychodynamic psychotherapy, fluoxetine and their combination in the outpatient treatment of depression. <i>Psychotherapy Research : Journal of the Society for Psychotherapy Research</i> , (July 2014), 1–13. <a href="http://www.ncbi.nlm.nih.gov/pubmed/25041333">http://www.ncbi.nlm.nih.gov/pubmed/25041333</a>
17	Bateman & Fonagy	1999	38	Borderline personality disorder	Adult	Mentalization-Based Treatment (MBT; Bateman & Fonagy, 2004)	TAU	Bateman, A., & Fonagy, P. (1999). Effectiveness of partial hospitalization in the treatment of borderline personality disorder: a randomized controlled trial. <i>The American Journal of Psychiatry</i> , 156(10), 1563–9. <a href="http://www.ncbi.nlm.nih.gov/pubmed/10518167">http://www.ncbi.nlm.nih.gov/pubmed/10518167</a>
18	Bateman & Fonagy	2009	134	Borderline personality disorder Borderline and co-morbid Antisocial personality disorder	Adult	Mentalization-Based Treatment (MBT; Bateman & Fonagy, 2004)	Structured Clinical Management (SCM)	Bateman, A., & Fonagy, P. (2009). Randomized controlled trial of outpatient mentalization- based treatment versus structured clinical management for borderline personality disorder. <i>Am J Psychiatry</i> , 166, 1355-1364. <a href="http://www.ncbi.nlm.nih.gov/pubmed/19833787">http://www.ncbi.nlm.nih.gov/pubmed/19833787</a>
19	Bateman & Fonagy	2018	56	Families of people with Borderline Personality Disorder	Adult	Mentalization-Based Intervention (MBT-FACTS; psychoeducation and skills-training based on MBT; Bateman & Fonagy, 2016)	Waitlist	Bateman, A., & Fonagy, P. (2018). A Randomized Controlled Trial of a Mentalization-Based Intervention (MBT-FACTS) for Families of People With Borderline Personality Disorder. <i>Personality Disorders: Theory, Research, and Treatment</i> . <a href="https://www.ncbi.nlm.nih.gov/pubmed/29999394">https://www.ncbi.nlm.nih.gov/pubmed/29999394</a>

20	Beck, et al.	2019	112	Borderline personality disorder	Adolescent	Mentalization-Based Group Therapy (MBT-G; Karterud, 2011; Karterud & Bateman; 2012)	TAU with 12 individual supportive sessions	Beck, E., Bo, S., Jørgensen, M. S., Gondan, M., Poulsen, S., Storebø, O. J., ... Simonsen, E. (2019). Mentalization-based treatment in groups for adolescents with borderline personality disorder: a randomized controlled trial. <i>Journal of Child Psychology and Psychiatry</i> , 0(0), jcpp.13152. <a href="https://doi.org/10.1111/jcpp.13152">https://doi.org/10.1111/jcpp.13152</a>
21	Ben-Itzhak, et al.	2012	66	Adjustment disorder	Adult	Brief Psychodynamic Psychotherapy (BPP; 12 sessions; Malan, 1979)	Brief Psychodynamic Psychotherapy (1 yrs; Malan, 1979)	Ben-Itzhak, S., Bluvstein, I., Schreiber, S., Aharonov-Zaig, I., Maor, M., Lipnik, R., & Bloch, M. (2012). The Effectiveness of Brief Versus Intermediate Duration Psychodynamic Psychotherapy in the Treatment of Adjustment Disorder. <i>Journal of Contemporary Psychotherapy</i> , 42(4), 249–256. <a href="http://www.springerlink.com/index/10.1007/s_10879-012-9208-6">http://www.springerlink.com/index/10.1007/s_10879-012-9208-6</a>
22	Beresnevaite	2000	37	Alexithymia (in patients with coronary heart disease)	Adult	Group psychotherapy (no reference)	Psychoeducation	Beresnevaite, M. (2000) Exploring the benefits of group psychotherapy in reducing alexithymia in coronary heart disease patients: a preliminary study. <i>Psychotherapy and Psychosomatics</i> , 69, 117–122. <a href="http://www.ncbi.nlm.nih.gov/pubmed/10773774?dopt=Abstract">http://www.ncbi.nlm.nih.gov/pubmed/10773774?dopt=Abstract</a>
23	Bernik, et al.	2018	147	Social anxiety disorder (SAD)	Adult	Group psychodynamic therapy (GPT; no manual) 1. Sertraline + GPT 2. Placebo + GPT	Group CBT (manualized, but no reference) 1. Sertraline + GCBT 2. Placebo + GCBT	Bernik, M., Corregiari, F., Savoia, M. G., Barros Neto, T. P. de, Pinheiro, C., & Neto, F. L. (2018). Concomitant treatment with sertraline and social skills training improves social skills acquisition in social anxiety disorder: A double-blind, randomized controlled trial. <i>PLOS ONE</i> , 13(10), 2–18. <a href="http://doi.org/10.1371/journal.pone.0205809">http://doi.org/10.1371/journal.pone.0205809</a>
24	Beutel, et al.	2006	354	Severe obesity	Adult	Individual in-patient psychodynamic psychotherapy (local program, no reference)	In-patient CBT (Local program, no reference)	Beutel, M. E., Dippel, A., Szczepanski, M., Thiede, R., & Wiltink, J. (2006). Mid-Term Effectiveness of Behavioral and Psychodynamic Inpatient Treatments of Severe Obesity Based on a Randomized Study. <i>Psychotherapy and Psychosomatics</i> , 75(6), 337–345. <a href="http://www.ncbi.nlm.nih.gov/pubmed/17053334?dopt=Abstract">http://www.ncbi.nlm.nih.gov/pubmed/17053334?dopt=Abstract</a>

25	Beutel, et al.	2013	157	Depression (in breast cancer patients)	Adult	Supportive-Expressive Psychotherapy (SEP; Haselbacher, Barthel, Brähler et al., 2010; based on Luborsky, 1984)	TAU	Beutel, M. E., Weissflog, G., Leuteritz, K., Wiltink, J., Haselbacher, a., Ruckes, C., ... Brahler, E. (2013). Efficacy of short-term psychodynamic psychotherapy (STPP) with depressed breast cancer patients: results of a randomized controlled multicenter trial. <i>Annals of Oncology</i> , 1–7. <a href="http://annonc.oxfordjournals.org/cgi/doi/10.1093/annonc/mdt526">http://annonc.oxfordjournals.org/cgi/doi/10.1093/annonc/mdt526</a>
26	Beutel, et al.	2013	54	Panic disorder	Adult	Panic Focused Psychodynamic Psychotherapy (PFPP; Milrod, 2001)	CBT	Beutel, M. E., Scheurich, V., Knebel, A., Michal, M., Wiltink, J., Graf-Morgenstern, M., ... Subic- Wrana, C. (2013). Implementing panic-focused psychodynamic psychotherapy into clinical practice. <i>Canadian journal of psychiatry. Revue canadienne de psychiatrie</i> , 58(6), 326–34. <a href="http://www.ncbi.nlm.nih.gov/pubmed/23768260">http://www.ncbi.nlm.nih.gov/pubmed/23768260</a>
27	Bloch, et al.	2012	42	Depression (post-partum)	Adult	Brief Dynamic Psychotherapy (BDT; Malan, 1979) + placebo meds	Brief Dynamic Psychotherapy (BDT; Malan, 1979) + Sertraline	Bloch, M., Meiboom, H., Lorberblatt, M., Bluvstein, I., Aharonov, I., & Schreiber, S. (2012). The effect of sertraline add-on to brief dynamic psychotherapy for the treatment of postpartum depression: a randomized, double-blind, placebo-controlled study. <i>The Journal of clinical psychiatry</i> , 73(2), 235–41. <a href="http://www.ncbi.nlm.nih.gov/pubmed/22401479">http://www.ncbi.nlm.nih.gov/pubmed/22401479</a>
28	Bressi, et al.	2010	60	Mixed sample (depression and anxiety)	Adult	Brief Dynamic Psychotherapy (BDT; Malan, 1976; Osimo & Malan, 1992)	TAU	Bressi, C., Porcellana, M., Marinaccio, P. M., Nocito, E. P., & Magri, L. (2010). Short-term psychodynamic psychotherapy versus treatment as usual for depressive and anxiety disorders: a randomized clinical trial of efficacy. <i>The Journal of Nervous and Mental Disease</i> , 198(9), 647–52. <a href="http://www.ncbi.nlm.nih.gov/pubmed/20823726">http://www.ncbi.nlm.nih.gov/pubmed/20823726</a>
29	Brockman, et al.	1987	48	Mixed sample	Adult	Interpretive therapy (Mann & Goldman, 1982)	Cognitive-analytic therapy (CAT; Ryle, 1979; 1982)	Brockman, B., Poynton, A., Ryle, A., & Watson, J. P. (1987). Effectiveness of time-limited therapy carried out by trainees. Comparison of two methods. <i>Br J Psychiatry</i> , 151, 602-610. <a href="http://bjp.rcpsych.org/content/151/5/602">http://bjp.rcpsych.org/content/151/5/602</a>

30	Brodady & Andrews	1983	56	Mixed sample	Adult	Short-Term Dynamic Psychotherapy (STDP; Balant, Malan & Sifneos)	1. Family practitioner 2. No treatment	Brodady, H., & Andrews, G. (1983). Brief psychotherapy in family practice. A controlled prospective intervention trial. <i>Br J Psychiatry</i> , 143, 11-19. <a href="http://bjp.rcpsych.org/content/143/1/11.short">http://bjp.rcpsych.org/content/143/1/11.short</a>
31	Brom, et al.	1989	112	PTSD	Adult	Brief Psychodynamic Therapy (BPT; Horowitz, 1976)	1. Trauma Desensitization (no specific reference) 2. Hypnotherapy (no specific reference)	Brom, D., Kleber, R. J., & Defares, P. B. (1989). Brief psychotherapy for posttraumatic stress disorders. <i>J Consult Clin Psychol</i> , 57, 607-612. <a href="http://www.ncbi.nlm.nih.gov/pubmed/2571625">http://www.ncbi.nlm.nih.gov/pubmed/2571625</a>
32	Budman, et al.	1988	98	Mixed sample	Adult	Time-Limited Psychotherapy (TLP; Mann, 1973)	Time-limited group psychotherapy (Budman & Bennett, 1983)	Budman, S. H., Demby, A., Redondo, J. P., Hannan, M., Feldstein, M., & Ring, J., et al. (1988). Comparative outcome in time-limited individual and group psychotherapy. <i>Int J Group Psychother</i> , 38, 63-86. <a href="http://www.tandfonline.com/doi/abs/10.1080/00207284.1988.11491085">http://www.tandfonline.com/doi/abs/10.1080/00207284.1988.11491085</a>
33	Burnand, et al.	2002	74	Depression	Adult	Psychodynamic psychotherapy + clomipramine, (unclear which PDT-model, Safran & Muran is mentioned among references)	Supportive care + clomipramine	Burnand, Y., Andreoli, A., Kolatte, E., Venturini, A., & Rosset, N. (2002). Psychodynamic psychotherapy and clomipramine in the treatment of major depression. <i>Psychiatr Serv</i> , 53, 585-590. <a href="http://www.ncbi.nlm.nih.gov/pubmed/11986508">http://www.ncbi.nlm.nih.gov/pubmed/11986508</a>
34	Burns, et al.	2005	40	Alzheimers disease	Older adult	Psychodynamic-Interpersonal Therapy (PIT; Hobson, 1985)	TAU	Burns, A., Guthrie, E., Marino-Francis, F., Busby, C., Morris, J., Russell, E., ... Byrne, J. (2005). Brief psychotherapy in Alzheimer's disease. <i>British Journal Of Psychiatry</i> , 187(2), 143-147. <a href="http://bjp.rcpsych.org/content/187/2/143.short">http://bjp.rcpsych.org/content/187/2/143.short</a>

35	Bögels, et al.	2014	47	Social anxiety disorder (SAD)	Adult	Short-Term Dynamic Psychotherapy (STDP; Malan, 1979; also mentions Luborsky 1984)	CBT (Clark & Wells, 1995)	Bögels, S., Wijts, P., Oort, F., & Sallaerts, S. J. (2014). Psychodynamic psychotherapy versus cognitive-behavior therapy for social anxiety disorder: An efficacy and partial effectiveness trial. <i>Depression and Anxiety</i> , 31(5), 363–373. <a href="http://doi.wiley.com/10.1002/da.22246">http://doi.wiley.com/10.1002/da.22246</a>
36	Carty, et al.	2019	62	Chronic urigenital pain	Adult	Emotional Awareness and Expression Therapy (Integrative method with psychodynamic components, see Lumley & Schubiner, 2019)	TAU	□ Carty, J. N., Ziadni, M. S., Holmes, H. J., Tomakowsky, J., Peters, K., Schubiner, H., & Lumley, M. A. (2019). The Effects of a Life Stress Emotional Awareness and Expression Interview for Women with Chronic Urogenital Pain: A Randomized Controlled Trial. <i>Pain Medicine</i> , 20(7), 1321–1329. <a href="https://doi.org/10.1093/pm/pny182">https://doi.org/10.1093/pm/pny182</a>
37	Chavooshi, et al.	2016	100	Medically unexplained pain (MUP)	Adult	Internet-delivered Intensive Short-Term Dynamic Psychotherapy (ID-ISTDP; Abbass, 2015)	TAU	Chavooshi, B., Mohammadkhani, P., & Dolatshahee, B. (2016). A Randomized Double- Blind Controlled Trial Comparing Davanloo's Intensive Short-Term Dynamic Psychotherapy as Internet-Delivered Versus Treatment as Usual for Medically Unexplained Pain: A Six- Month Pilot Study. <i>Psychosomatics</i> , 57(3), 292–300. <a href="http://linkinghub.elsevier.com/retrieve/pii/S0033318216000025">http://linkinghub.elsevier.com/retrieve/pii/S0033318216000025</a>
38	Chavooshi, et al.	2016	81	Medically unexplained pain (MUP)	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Abbass, 2015)	Internet-delivered ISTDP (ID-ISTDP)	Chavooshi, B., Mohammadkhani, P., & Dolatshahee, B. (2016). Telemedicine vs. in- person delivery of intensive short-term dynamic psychotherapy for patients with medically unexplained pain: A 12-month randomized, controlled trial. <i>Journal of Telemedicine and Telecare</i> , 0(0), 1–9. <a href="http://jtt.sagepub.com/lookup/doi/10.1177/1357633X15627382">http://jtt.sagepub.com/lookup/doi/10.1177/1357633X15627382</a>
39	Chavooshi, et al.	2016	63	Medically unexplained pain (MUP)	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Abbass, 2015)	1. Mindfulness-based stress reduction (MBSR; no reference) 2. TAU	Chavooshi, B., Mohammadkhani, P., & Dolatshahee, B. (2016). Efficacy of Intensive Short-Term Dynamic Psychotherapy for Medically Unexplained Pain: A Pilot Three- Armed Randomized Controlled Trial Comparison with Mindfulness-Based Stress Reduction. <i>Psychotherapy and Psychosomatics</i> , 123–125. <a href="http://www.karger.com/?doi=10.1159/000441698">http://www.karger.com/?doi=10.1159/000441698</a>



40	Chavooshi, et al.	2017	341	Medically unexplained pain (MUP)	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Abbass, 2015)	CBT (Turk et al., 1983)	Chavooshi, B., Saberi, M., Tavallaie, S. A., & Sahraei, H. (2017). Psychotherapy for Medically Unexplained Pain: A Randomized Clinical Trial Comparing Intensive Short-Term Dynamic Psychotherapy and Cognitive Behavior Therapy, <i>Psychosomatics</i> , <a href="http://dx.doi.org/10.1016/j.psych.2017.01.003">http://dx.doi.org/10.1016/j.psych.2017.01.003</a>
41	Clarici, et al.	2015	16	Depression (post-partum)	Adult	Psychodynamic approach (non-manualized?) + oxytocine	Psychodynamic approach (non-manualized?) + placebo	Clarici, A., Pellizzoni, S., Guaschino, S., Alberico, S., Bembich, S., Giuliani, R., ... Panksepp, J. (2015). Intranasal administration of oxytocin in postnatal depression: implications for psychodynamic psychotherapy from a randomized double-blind pilot study. <i>Frontiers in Psychology</i> , <i>06</i> , 1–10. <a href="http://journal.frontiersin.org/article/10.3389/fpsyg.2015.00426/abstract">http://journal.frontiersin.org/article/10.3389/fpsyg.2015.00426/abstract</a>
42	Clarkin, et al.	2007	90	Borderline personality	Adult	Transference-Focused Psychotherapy (TFP; Clarkin, Yeomans, & Kernberg, 1999)	1. DBT (Linehan, 1991)	Clarkin, J. F., Levy, K. N., Lenzenweger, M. F., & Kernberg, O. F. (2007). Evaluating three treatments for borderline personality disorder: a multiwave study. <i>Am J Psychiatry</i> , <i>164</i> , 922-928. <a href="http://www.ncbi.nlm.nih.gov/pubmed/17541052">http://www.ncbi.nlm.nih.gov/pubmed/17541052</a>
43	Connolly Gibbons, et al.	2012	40	Depression	Adult	Supportive-Expressive Psychotherapy (SEP; manual adapted from Luborsky, 1984)	TAU	Connolly Gibbons, M. B., Thompson, S. M., Scott, K., Schauble, L. a, Mooney, T., Thompson, D., ... Crits-Christoph, P. (2012). Supportive-expressive dynamic psychotherapy in the community mental health system: A pilot effectiveness trial for the treatment of depression. <i>Psychotherapy (Chicago, Ill.)</i> , <i>49</i> (3), 303–16. <a href="http://www.ncbi.nlm.nih.gov/pubmed/22962_971">http://www.ncbi.nlm.nih.gov/pubmed/22962_971</a>
44	Connolly Gibbons, et al.	2016	237	Depression	Adult	Supportive-Expressive Psychotherapy (SEP; Book, 1998; Luborsky, 1984)	CBT (Beck, 1995)	Connolly Gibbons, M. B., Gallop, R., Thompson, D., Luther, D., Crits-Christoph, K., Jacobs, J., ... Crits-Christoph, P. (2016). Comparative effectiveness of Cognitive Therapy and Dynamic Psychotherapy for Major Depressive Disorder in a community mental health setting. <i>JAMA Psychiatry</i> , <i>191</i> (4), 1–8. <a href="http://doi.org/10.1001/jamapsychiatry.2016.1.720">http://doi.org/10.1001/jamapsychiatry.2016.1.720</a>

45	Cooper, et al.	2003	193	Depression (post-partum)	Adult	Psychodynamic therapy (Cramer et al, 1990; Stern, 1995)	1. TAU 2. Non-directive counseling (Holden et al, 1989) 3. Cognitive-Behavioural Therapy (Hawton et al, 1989)	Cooper, P. J., Murray, L., Wilson, A., & Romaniuk, H. (2003). Controlled trial of the short- and long-term effect of psychological treatment of post-partum depression. I. Impact on maternal mood. <i>Br J Psychiatry</i> , 182, 412-419. <a href="http://www.ncbi.nlm.nih.gov/pubmed/12724_244">http://www.ncbi.nlm.nih.gov/pubmed/12724_244</a>
46	Covi & Lipman	1987	90	Depression	Adult	Traditional Group Therapy (based on "psychodynamic-Interpersonal" theories but with no reference)	1. CBT group therapy (Beck, 1979; Covi, 1982) 2. CBT group therapy + Imipramine	Covi, L., & Lipman, R. S. (1987). Cognitive behavioral group psychotherapy combined with imipramine in major depression. <i>Psychopharmacol Bull</i> , 23, 173-176. <a href="http://www.ncbi.nlm.nih.gov/pubmed/36023_15">http://www.ncbi.nlm.nih.gov/pubmed/36023_15</a>
47	Covi, et al.	1974	146	Depression (chronic)	Adult	Psychodynamically oriented group therapy (no reference) + medication or placebo	Brief supportive contact + medication or placebo	Covi, L., Lipman, R. S., Derogatis, L. R., Smith, J. E., & Pattison, J. H. (1974). Drugs and group psychotherapy in neurotic depression. <i>Am J Psychiatry</i> , 131, 191-198. <a href="http://ajp.psychiatryonline.org/doi/abs/10.1176/ajp.131.2.191">http://ajp.psychiatryonline.org/doi/abs/10.1176/ajp.131.2.191</a>
48	Creed, et al.	2003	257	Irritable bowel syndrome	Adult	Psychodynamic-Interpersonal Therapy (PIT; Hobson, 1985)	TAU/SSRI	Creed, F., Fernandes, L., Guthrie, E., Palmer, S., Ratcliffe, J., & Read, N., et al. (2003). The cost-effectiveness of psychotherapy and paroxetine for severe irritable bowel syndrome. <i>Gastroenterology</i> , 124, 303-317. <a href="http://www.ncbi.nlm.nih.gov/pubmed/12557_136">http://www.ncbi.nlm.nih.gov/pubmed/12557_136</a>
49	Crits-Christoph, et al.	1999	487	Cocaine dependence	Adult	Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984) + group drug counseling (Mercer & Woody, 1992)	1. Cognitive therapy (Beck, 1993) + group drug counseling (Mercer & Woody, 1992) 2. Group drug counseling alone	Crits-Christoph, P., Siqueland, L., Blaine, J., Frank, A., Luborsky, L., & Onken, L. S., et al. (1999). Psychosocial treatments for cocaine dependence: National Institute on Drug Abuse Collaborative Cocaine Treatment Study. <i>Arch Gen Psychiatry</i> , 56, 493-502. <a href="http://archpsyc.amanetwork.com/article.aspx?articleid=1673777">http://archpsyc.amanetwork.com/article.aspx?articleid=1673777</a>

50	Crits-Christoph, et al.	2005	84	Generalized anxiety disorder (GAD)	Adult	Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984)	Supportive therapy (Borkovec & Matthews, 1988; Borkovec & Costello, 1993)	Crits-Christoph, P., Gibbons, M. B. C., Narducci, J., Schamberger, M., & Gallop, R. (2005). Interpersonal Problems and the Outcome of Interpersonally Oriented Psychodynamic Treatment of GAD. <i>Psychotherapy: Theory, Research, Practice, Training</i> , 42 (2), 211–224. <a href="http://doi.apa.org/getdoi.cfm?doi=10.1037/0_033-3204.42.2.211">http://doi.apa.org/getdoi.cfm?doi=10.1037/0_033-3204.42.2.211</a>
51	Cummings, et al.	2008	54	Oppositional defiant disorder/disruptive behavior disorder	Child	Supportive-Expressive Psychotherapy – Parent Child (SEP-PC; Wittenberg, adapted from Luborsky, 19854)	The Incredible Years Parenting Program	Cummings, J. G., & Wittenberg, J. V. (2008). Supportive expressive therapy - Parent child version: an exploratory study. <i>Psychotherapy Theory, Research, Practice, Training</i> , 45, 148-164. <a href="http://www.ncbi.nlm.nih.gov/pubmed/22122_414">http://www.ncbi.nlm.nih.gov/pubmed/22122_414</a>
52	Dare, et al.	2001	84	Anorexia	Adult	Focal psychoanalytic psychotherapy (Dare, 1995; Malan, 1979)	Cognitive Analytic Therapy (Ryle, 1990; Treasure et al, 1995) Family therapy (no specific reference)	Dare, C., Eisler, I., Russell, G., Treasure, J., & Dodge, L. (2001). Psychological therapies for adults with anorexia nervosa: randomised controlled trial of out-patient treatments. <i>Br J Psychiatry</i> , 178, 216-221. <a href="http://www.ncbi.nlm.nih.gov/pubmed/11230_031">http://www.ncbi.nlm.nih.gov/pubmed/11230_031</a>
53	de Jonghe, et al.	2001	129	Depression	Adult	Short Psychodynamic Supportive Psychotherapy (SPSP; de Jonghe, 2005) + medication	Medication alone	de Jonghe, F., Kool, S., van Aalst, G., Dekker, J., & Peen, J. (2001). Combining psychotherapy and antidepressants in the treatment of depression. <i>Journal of Affective Disorders</i> , 64 (2-3), 217–29. <a href="http://www.ncbi.nlm.nih.gov/pubmed/11313_088">http://www.ncbi.nlm.nih.gov/pubmed/11313_088</a>
54	de Jonghe, et al.	2004	191	Depression	Adult	Short Psychodynamic Supportive Psychotherapy (SPSP; de Jonghe, 2005)	Short Psychodynamic Supportive Psychotherapy + antidepressants	de Jonghe, F., Hendriksen, M., van Aalst, G., Kool, S., Peen, J., & Van, R., et al. (2004). Psychotherapy alone and combined with pharmacotherapy in the treatment of depression. <i>British Journal of Psychiatry</i> , 185, 37-45. <a href="http://www.ncbi.nlm.nih.gov/pubmed/15231554">http://www.ncbi.nlm.nih.gov/pubmed/15231554</a>

55	de Roten, et al.	2017	149	Depression	Adult	Intensive Brief Psychodynamic Psychotherapy (IBPP; Despland et al., 2010) + TAU	TAU only	de Roten, Y., Ambresin, G., Herrera, F., Fassassi, S., Fournier, N., Preisig, M., & Despland, J.-N. (2017). Efficacy of an adjunctive brief psychodynamic psychotherapy to usual inpatient treatment of depression: Results of a randomized controlled trial. <i>Journal of Affective Disorders</i> , 209, 105–113. <a href="http://doi.org/10.1016/j.jad.2016.11.013">http://doi.org/10.1016/j.jad.2016.11.013</a>
56	Dekker, et al.	2005	103	Depression	Adult	Short Psychodynamic Supportive Psychotherapy (SPSP; de Jonghe, 2005) 8 sessions + medication	Short Psychodynamic Supportive Psychotherapy (SPSP; de Jonghe, 2005) 16 sessions + medication	Dekker, J., Molenaar, P. J., Kool, S., Van Aalst, G., Peen, J., & de Jonghe, F. (2005). Dose– effect relations in time-limited combined psycho-pharmacological treatment for depression. <i>Psychological Medicine</i> , 35(1), 47–58. <a href="http://www.journals.cambridge.org/abstract_S0033291704002685">http://www.journals.cambridge.org/abstract_S0033291704002685</a>
57	Dekker, et al.	2008	70	Depression	Adult	Short Psychodynamic Supportive Psychotherapy (SPSP; de Jonghe, 2005)	Pharmacotherapy	Dekker, J. J. M., Koelen, J. A., Van, H. L., Schoevers, R. A., Peen, J., Hendriksen, M., ... De Jonghe, F. (2008). Speed of action: the relative efficacy of short psychodynamic supportive psychotherapy and pharmacotherapy in the first 8 weeks of a treatment algorithm for depression. <i>Journal of Affective Disorders</i> , 109(1-2), 183–188. <a href="http://linkinghub.elsevier.com/retrieve/pii/S0165032707003588">http://linkinghub.elsevier.com/retrieve/pii/S0165032707003588</a>
58	Dinger, et al.	2014	44	Depression	Adult	Day-clinic multimodal psychodynamic psychotherapy (no specific manual referenced)	Inpatient multimodal psychodynamic psychotherapy (no specific manual referenced)	Dinger, U., Klipsch, O., Köhling, J., Ehrenthal, J. C., Nikendei, C., Herzog, W., & Schauenburg, H. (2014). Day-clinic and inpatient psychotherapy for depression (DIP-D): A randomized controlled pilot study in routine clinical care. <i>Psychotherapy and Psychosomatics</i> , 83(3), 194–195. <a href="http://doi.org/10.1159/000357437">http://doi.org/10.1159/000357437</a>
59	Doering, et al.	2010	104	Borderline personality disorder	Adult	Transference-Focused Psychotherapy (TFP; Clarkin, Yeomans, & Kernberg, 1999)	TAU (experienced therapists)	Doering, S., Hörz, S., Rentrop, M., Fischer- Kern, M., Schuster, P., & Benecke, C., et al. (2010). Transference-focused psychotherapy v. treatment by community psychotherapists for borderline personality disorder: randomised controlled trial. <i>Br J Psychiatry</i> , 196, 389-395. <a href="http://www.ncbi.nlm.nih.gov/pubmed/20435966">http://www.ncbi.nlm.nih.gov/pubmed/20435966</a>

60	Driessen, et al.	2013	341	Depression	Adult	Short Psychodynamic Supportive Psychotherapy (SPSP; de Jonghe, 2005)	Cognitive-Behavior Therapy (CBT; Molenaar et al., 2009)	Driessen E, Van HL, Don FJ, Peen J, Kool, S., Westra, D., ... Dekker, J. J. M. (2013). The Efficacy of Cognitive-Behavioral Therapy and Psychodynamic Therapy in the Outpatient Treatment of Major Depression: A Randomized Clinical Trial. <i>American Journal of Psychiatry</i> , 170(9), 1041-1050 <a href="https://www.ncbi.nlm.nih.gov/pubmed/24030613">https://www.ncbi.nlm.nih.gov/pubmed/24030613</a>
61	Durham, et al.	1994	110	Generalized anxiety disorder (GAD)	Adult	Analytic-based psychotherapy (no specific reference)	Cognitive Therapy / Anxiety Management training (Beck & Emery, 1985)	Durham, R. C., Murphy, T., Allan, T., Richard, K., Treliving, L. R., & Fenton, G. W., et al. (1994). Cognitive therapy, analytic psychotherapy and anxiety management training for generalised anxiety disorder. <i>Br J Psychiatry</i> , 165, 315-323. <a href="http://www.ncbi.nlm.nih.gov/pubmed/79945_00">http://www.ncbi.nlm.nih.gov/pubmed/79945_00</a>
62	Durham, et al.	2003	66	Schizophrenia (and other medication-resistant psychotic symptoms)	Adult	Supportive therapy (dynamically oriented; Garfield, 1995; De Jonghe, 1993)	CBT (Tarrier, 1992; Kingdon & Turkington, 1994). + TAU	Durham, R. C., Guthrie, M., Morton, R. V., Reid, D. a, Treliving, L. R., Owler, D. F., & Macdonald, R. A. R. (2003). Tayside-Fife clinical trial of cognitive-behavioural therapy for medication-resistant psychotic symptoms. <i>British Journal of Psychiatry</i> , 182, 303-311. <a href="http://www.ncbi.nlm.nih.gov/pubmed/12668_405">http://www.ncbi.nlm.nih.gov/pubmed/12668_405</a>
63	Edginton, et al.	2018	32	Treatment-resistant conduct disorders (children and carers)	Child	Manualised psychoanalytic child psychotherapy (mPCP)	TAU	Edginton, E., Walwyn, R., Twiddy, M., Wright-hughes, A., Tubeuf, S., Reed, S., ... Group, F. (2018). TIGA-CUB-manualised psychoanalytic child psychotherapy versus treatment as usual for children aged 5 – 11 with treatment-resistant conduct disorders and their primary carers: results from a randomised controlled feasibility trial. <i>Journal of Child and Adolescent Mental Health</i> , 0583. <a href="http://doi.org/10.2989/17280583.2018.15324_33">http://doi.org/10.2989/17280583.2018.15324_33</a>
64	Emmelkamp, et al.	2006	62	Avoidant personality disorder	Adult	Brief Dynamic Therapy (BDT; Malan, 1979; also reference to Luborsky, 1984)	CBT (Beck & Freeman, 1990; Emmelkamp et al, 1992)	Emmelkamp, P. M. G., Benner, A., Kuipers, A., Feiertag, G. A., Koster, H. C., & Van Apeldoorn, F. J., et al. (2006). Comparison of brief dynamic and cognitive-behavioural therapies in avoidant personality disorder. <i>Br J Psychiatry</i> , 189, 60-64. <a href="http://www.ncbi.nlm.nih.gov/pubmed/16816_307">http://www.ncbi.nlm.nih.gov/pubmed/16816_307</a>

65	Fairburn, et al.	1986	24	Bulimia	Adult	Short-term Focal Psychotherapy (Rosen, 1979)	CBT (Fairburn, 1985)	Fairburn, G., Kirk, J., Connor, M. O., & Cooper, P. J. (1986). A comparison of two psychological treatments for bulimia. <i>Behaviour research and therapy</i> , 24(6), 629–643. <a href="http://www.sciencedirect.com/science/article/pii/0005796786900586">http://www.sciencedirect.com/science/article/pii/0005796786900586</a>
66	Faramarzi, et al.	2013	49	Functional dyspepsia		Supportive-Expressive Psychotherapy (SEP; Book, 1998, based on Luborsky, 1984) + standard medical therapy	TAU (medical therapy)	Faramarzi, M., Azadfallah, P., Book, H. E., Tabatabaei, K. R., Taheri, H., & Shokri-Shirvani, J. (2013). A randomized controlled trial of brief psychoanalytic psychotherapy in patients with functional dyspepsia. <i>Asian journal of psychiatry</i> , 6(3), 228–34. <a href="http://www.ncbi.nlm.nih.gov/pubmed/23642981">http://www.ncbi.nlm.nih.gov/pubmed/23642981</a>
67	Fonagy, et al.	2015	129	Depression (treatment resistant)	Adult	Long-Term Psychoanalytic Psychotherapy (LTPP; Taylor, 2015)	TAU	Fonagy, P., Rost, F., Carlyle, J.-A., Mcpherson, S., Thomas, R., Fearon, R. M. P., ... Taylor, D. (2015). Pragmatic randomized controlled trial of long-term psychoanalytic psychotherapy for treatment-resistant depression : the Tavistock Adult Depression Study (TADS ). <i>World Psychiatry</i> , 14(3), 312-321 <a href="http://www.ncbi.nlm.nih.gov/pubmed/26407787">http://www.ncbi.nlm.nih.gov/pubmed/26407787</a>
68	Fonagy, et al.	2016	74	Parents with mental health problems	Adult/child	Parent-Infant Psychotherapy (PIP)	Standard care	Fonagy, P., Slead, M., & Baradon, T. (2016). Randomized Controlled Trial of Parent-Infant Psychotherapy for Parents With Mental Health Problems and Young Infants. <i>Infant Mental Health Journal</i> , 37(2), 97-114 <a href="http://doi.wiley.com/10.1002/imhj.21553">http://doi.wiley.com/10.1002/imhj.21553</a>
69	Fonagy, et al.	2019	147	Depression	Adult	Dynamic Interpersonal Therapy (DIT; Lemma et al., 2010, 2011)	1. Low intensity treatment (Coull & Morris, 2011) 2. Standard CBT (Beck & Haigh, 2014)	Fonagy, P., Lemma, A., Target, M., O’Keeffe, S., Constantinou, M. P., Ventura Wurman, T., ... Pilling, S. (2019). Dynamic interpersonal therapy for moderate to severe depression: a pilot randomized controlled and feasibility trial. <i>Psychological Medicine</i> , (May), 1–10. <a href="https://doi.org/10.1017/S0033291719000928">https://doi.org/10.1017/S0033291719000928</a>

70	Fooladi, et al.	2018	16	Social anxious mothers of children with Aspergers syndrome	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1980)	No treatment	Fooladi, F., Broojeni, M. K., Soodjani, Y. R., & Province, B. (2018). Effectiveness of Intensive Short-Term Dynamic Psychotherapy (ISTDP) on the Social Anxiety of Mothers of Children with Asperger Syndrome. <i>Journal of Exceptional Children (Iran)</i> , 55–64.
71	Frederickson, et al.	2019	62	Substance abuse	Adult	ISTDP-based inpatient program (Abbass, 2015; Frederickson, 2013)	TAU	Frederickson, J., Dendooven, B., Abbass, A., Solbakken, O. A., & Rousmaniere, T. (2019). Pilot study: An inpatient drug rehabilitation program based on intensive short-term dynamic psychotherapy. <i>Journal of Addictive Diseases</i> , 0(0), 1–7. <a href="https://doi.org/10.1080/10550887.2019.1658513">https://doi.org/10.1080/10550887.2019.1658513</a>
72	Gallagher-Thompson, et al.	1994	66	Depression (among family caregivers)	Adult	Time-Limited Psychotherapy (TLP; Mann, 1973)	CBT (Beck et al., 1979; Lewinsohn et al, 1985; Gallagher et al 1981)	Gallagher-Thompson, D., & Steffen, A. M. (1994). Comparative effects of cognitive- behavioral and brief psychodynamic psychotherapies for depressed family caregivers. <i>J Consult Clin Psychol</i> , 62, 543-549. <a href="http://www.ncbi.nlm.nih.gov/pubmed/8063980">http://www.ncbi.nlm.nih.gov/pubmed/8063980</a>
73	Gallagher, et al.	1982	30	Depression	Older adult	Brief relational/insight psychotherapy (Bellak & Small, 1965)	Behavioral therapy / Cognitive therapy (Lewinsohn et al, 1976; Gallagher et al., 1981)	Gallagher, D. E., & Thompson, L. W. (1982). Treatment of major depressive disorder in older adult outpatients with brief psychotherapies. <i>Psychotherapy: Theory, Research, and Practice</i> , 482-490. <a href="http://psycnet.apa.org/journals/pst/19/4/482/">http://psycnet.apa.org/journals/pst/19/4/482/</a>
74	Garner, et al.	1993	60	Bulimia	Adult	Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984)	CBT (Fairburn, 1985)	Garner, D. M., Rockert, W., Davis, R., Garner, M. V., Olmsted, M. P., & Eagle, M., et al. (1993). Comparison of cognitive-behavioral and supportive-expressive therapy for bulimia nervosa. <i>Am J Psychiatry</i> , 150, 37-46. <a href="http://www.ncbi.nlm.nih.gov/pubmed/8417578">http://www.ncbi.nlm.nih.gov/pubmed/8417578</a>

75	Gelder, et al.	1967	44	Phobic states	Adult	Psychotherapy (described as dynamic, no reference)	1. Desensitization (Wolpe) 2. Group psychotherapy (Foulkes)	Gelder, M. G., Marks, I. M., & Wolff, H. H. (1967). Desensitization and psychotherapy in the treatment of phobic states: a controlled inquiry. <i>British Journal of Psychiatry</i> , 113(494), 53–81. <a href="http://bjp.rcpsych.org/cgi/doi/10.1192/bjp.113.494.53">http://bjp.rcpsych.org/cgi/doi/10.1192/bjp.113.494.53</a>
76	Gersons, et al.	2000	42	PTSD	Adult	Brief Eclectic Psychotherapy (BEP;Gersons & Carlier, 1994; Manual includes both CBT and PDT components)	Waitlist	Gersons, B. P., Carlier, I. V., Lamberts, R. D., & van der Kolk, B. a. (2000). Randomized clinical trial of brief eclectic psychotherapy for police officers with posttraumatic stress disorder. <i>Journal of Traumatic Stress</i> , 13(2), 333–47. <a href="http://www.ncbi.nlm.nih.gov/pubmed/10838679">http://www.ncbi.nlm.nih.gov/pubmed/10838679</a>
77	Ghorbani, et al.	2000	27	Students	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1990)	Simple verbal disclosure groups (SVD)	Ghorbani, N., Dadsetan, P., Ejei, J., & Motiyan, H. (2000). The consequences of overcoming resistance and emotional disclosure on lymphocyte T-helper and T-suppressor and psychological pathology. <i>Journal of Psychology (in persian)</i> , 3, 368–89.
78	Giesen-Bloo, et al.	2006	88	Borderline personality disorder	Adult	Transference-Focused Psychotherapy (TFP; Clarkin, Yeomans, & Kernberg, 1999; Yeomans, Clarkin, & Kernberg, 2002)	Schema-focused therapy (Young, 1994; Young et al, 2003)	Giesen-Bloo, J., van Dyck, R., Spinhoven, P., van Tilburg, W., Dirksen, C., & van Asselt, T., et al. (2006). Outpatient psychotherapy for borderline personality disorder: randomized trial of schema-focused therapy vs transference-focused psychotherapy. <i>Arch Gen Psychiatry</i> , 63, 649-658. <a href="http://www.ncbi.nlm.nih.gov/pubmed/16754838">http://www.ncbi.nlm.nih.gov/pubmed/16754838</a>
79	Gilbert, et al.	1981	52	Depression (psychotic and neurotic)	Adult	Analytically oriented psychotherapy (Mann, 1963)	CBT (Beck, 1976, 1978)	Gilbert, A. R. (1982). <i>Psychotherapy and clinical depression: An evaluation of Cognitive-behavioral and Psychoanalytic modes of treatment intervention</i> . Dissertation. The Wright Institute Graduate School of Psychology (Berkeley).



80	Gilboa-Schechtman, et al.	2010	38	PTSD	Adolescent	Time-Limited Psychotherapy for Adolescents (TLP-A; Shefler et al, 1995)	Prolonged exposure (Foa)	Gilboa-Schechtman, E., Foa, E. B., Shafran, N., Aderka, I. M., Powers, M. B., Rachamim, L., ... Apter, A. (2010). Prolonged exposure versus dynamic therapy for adolescent PTSD: a pilot randomized controlled trial. <i>Journal of the American Academy of Child and Adolescent Psychiatry</i> , 49(10), 1034–42. <a href="http://www.pubmedcentral.nih.gov/articlerender.fcgi?artid=2945239&amp;tool=pmcentrez&amp;rendertype=abstract">http://www.pubmedcentral.nih.gov/articlerender.fcgi?artid=2945239&amp;tool=pmcentrez&amp;rendertype=abstract</a>
81	Goodyer, et al.	2016	470	Depression	Adolescent	Short-Term Psychoanalytic Psychotherapy (STPP; Cregeen et al., 2016)	1. CBT (Graham et al., 2015) 2. Brief Psychosocial Intervention (BPI; Trowell et al., 2009)	Goodyer, I. M., Reynolds, S., Barrett, B., Byford, S., Dubicka, B., Hill, J., ... Midgley, N. (2016). Cognitive behavioural therapy and short-term psychoanalytical psychotherapy versus a brief psychosocial intervention in adolescents with unipolar major depressive disorder (IMPACT): a multicentre, pragmatic, observer-blind, randomised controlled superiority trial. <i>The Lancet Psychiatry</i> , 366(16), 1–11. <a href="http://doi.org/10.1016/S2215-0366(16)30378-9">http://doi.org/10.1016/S2215-0366(16)30378-9</a>
82	Gowers, et al.	1994	90	Anorexia	Adolescent/young adult	Short term individual + family interview (Butcher, 1986)	Assessment only	Gowers, S., Norton, K., Halek, C., & Crisp, A. H. (1994). Outcome of outpatient psychotherapy in a random allocation treatment study of anorexia nervosa. <i>Int J Eat Disord</i> , 15, 165-177 <a href="http://www.ncbi.nlm.nih.gov/pubmed/8173562">http://www.ncbi.nlm.nih.gov/pubmed/8173562</a>
83	Gregory, et al.	2008	30	Borderline personality disorder + alcohol use disorder	Adult	Dynamic Deconstructive Therapy (DDT; Gregory & Remen)	TAU	Gregory, R. J., Chlebowsky, S., Kang, D., Remen, A. L., Soderberg, M. G., & Stepkovitch, J., et al. (2008). A controlled trial of psychodynamic psychotherapy for co-occurring borderline personality disorder and alcohol use disorder. <i>Psychotherapy: Theory, Research, Practice, Training</i> , 45, 28-41. <a href="https://www.ncbi.nlm.nih.gov/pubmed/22122363">https://www.ncbi.nlm.nih.gov/pubmed/22122363</a>
84	Griffiths, et al.	2019	53	Recent self-ham (6 months)	Adolescent	MBT introductory group manual for an adolescent population (MBT-Ai; Karterud, 2011) + TAU	TAU	Griffiths, H., Duffy, F., Duffy, L., Brown, S., Hockaday, H., Eliasson, E., ... Schwannauer, M. (2019). Efficacy of Mentalization-based group therapy for adolescents: The results of a pilot randomised controlled trial. <i>BMC Psychiatry</i> , 19(1), 1–13. <a href="https://doi.org/10.1186/s12888-019-2158-8">https://doi.org/10.1186/s12888-019-2158-8</a>

85	Grothe, et al.	2003	22	PTSD	Adult	Mehrdimensionale Psychodynamische Traumaterapie (MPTT; Fischer, 2000)	1. EMDR (Shapiro, 1995; 1998) 2. Waitlist control (?)	Grothe, C., Bering, R., Spieß, R., Luneburg, E., & Fischer, G. (2003). Mehrdimensionale Psychodynamische Traumaterapie (MPTT) Forschungsergebnisse zur Standardversion. <i>Zeitschrift für Psychotraumatologie, Psychotherapiewissenschaft und Psychologische Medizin</i> 1 (2), 27–43.
86	Gunderson, et al.	1984	95	Schizophrenia	Adult	Exploratory, insight oriented psychotherapy (Adapted from Fromm-Reichmann, no reference)	Reality-adaptive, supportive psychotherapy	Gunderson, J. G., Frank, A. F., Katz, H. M., Vannicelli, M. L., Frosch, J. P., & Knapp, P. H., et al. (1984). Effects of psychotherapy in schizophrenia: II. Comparative outcome of two forms of treatment. <i>Schizophr Bull</i> , 10, 564-598. <a href="http://www.ncbi.nlm.nih.gov/pubmed/6151246">http://www.ncbi.nlm.nih.gov/pubmed/6151246</a>
87	Guthrie, et al.	1991	115	Irritable bowel syndrome	Adult	Psychodynamic-Interpersonal Therapy (PIT; Hobson, 1985)	Supportive listening	Guthrie, E., Creed, F., Dawson, D., & Tomenson, B. (1991). A controlled trial of psychological treatment for the irritable bowel syndrome. <i>Gastroenterology</i> , 100, 450-457. <a href="http://www.gastrojournal.org/article/0016-5085(91)90215-7/pdf">http://www.gastrojournal.org/article/0016-5085(91)90215-7/pdf</a>
88	Guthrie, et al.	1999	110	Mixed sample	Adult	Psychodynamic-Interpersonal Therapy (PIT; Hobson, 1985)	TAU	Guthrie, E., Moorey, J., Margison, F., Barker, H., Palmer, S., & McGrath, G., et al. (1999). Cost-effectiveness of brief psychodynamic-interpersonal therapy in high utilizers of psychiatric services. <i>Arch Gen Psychiatry</i> , 56, 519-526. <a href="http://www.ncbi.nlm.nih.gov/pubmed/10359466">http://www.ncbi.nlm.nih.gov/pubmed/10359466</a>
89	Guthrie, et al.	2001	119	Deliberate self-poisoning	Adult	Psychodynamic-Interpersonal Therapy (PIT; Hobson, 1985)	TAU	Guthrie, E., Kapur, N., Mackway-Jones, K., Chew-Graham, C., Moorey, J., & Mendel, E., et al. (2001). Randomised controlled trial of brief psychological intervention after deliberate self poisoning. <i>BMJ</i> , 323, 135-138. <a href="http://www.pubmedcentral.nih.gov/articlerender.fcgi?artid=34723&amp;tool=pmcentrez&amp;rendertype=abstract">http://www.pubmedcentral.nih.gov/articlerender.fcgi?artid=34723&amp;tool=pmcentrez&amp;rendertype=abstract</a>

90	Hall & Crisp	1987	30	Anorexia	Adolescent/young adult	Combined individual and family psychotherapy (no reference)	Dietary advice	Hall, A., & Crisp, A. H. (1987). Brief psychotherapy in the treatment of anorexia nervosa: Outcome at one year. <i>British Journal of Psychiatry</i> , 151, 185-191. <a href="http://www.ncbi.nlm.nih.gov/pubmed/36901_08">http://www.ncbi.nlm.nih.gov/pubmed/36901_08</a>
91	Hamilton, et al.	2000	95	Chronic Functional Dyspepsia	Adult	Psychodynamic-Interpersonal Therapy (PIT; Hobson, 1985)	Supportive therapy (Guthrie, unpub.)	Hamilton, J., Guthrie, E., Creed, F., Thompson, D., Tomenson, B., & Bennett, R., et al. (2000). A randomized controlled trial of psychotherapy in patients with chronic functional dyspepsia. <i>Gastroenterology</i> , 119, 661-669. <a href="http://linkinghub.elsevier.com/retrieve/pii/S0016508500145949">http://linkinghub.elsevier.com/retrieve/pii/S0016508500145949</a>
92	Hardy, et al.	1995	114	Depression + personality disorder cluster C	Adult	Psychodynamic-Interpersonal Therapy (PIT; Hobson, 1985)	CBT (Firth & Shapiro, 1985)	Hardy, G. E., Barkham, M., Shapiro, D. a, Stiles, W. B., Rees, a, & Reynolds, S. (1995). Impact of Cluster C personality disorders on outcomes of contrasting brief psychotherapies for depression. <i>Journal of consulting and clinical psychology</i> , 63(6), 997-1004. <a href="http://www.ncbi.nlm.nih.gov/pubmed/85437_22">http://www.ncbi.nlm.nih.gov/pubmed/85437_22</a>
93	Hellerstein, et al.	1998	49	Personality disorders (cluster C)	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1980)	Brief Adaptive Therapy (Winston?)	Hellerstein, D. J., Rosenthal, R. N., Pinsker, H., Samstag, L. W., Muran, J. C., & Winston, A., et al. (1998). A randomized prospective study comparing supportive and dynamic therapies. Outcome and alliance. <i>J Psychother Pract Res</i> , 7, 261-271. <a href="http://psycnet.apa.org/psycinfo/1998-12001-001">http://psycnet.apa.org/psycinfo/1998-12001-001</a>
94	Herrmann-Lingen, et al.	2016	570	Depressive symptoms in patients with coronary artery disease	Adult	Stepwise psychotherapy program (3 sessions Supportive-Expressive Psychotherapy (Luborsky, 1984) + group therapy (no specific manual	TAU	Herrmann-Lingen, C., Beutel, M. E., Bosbach, A., Deter, H., Fritzsche, K., Hellmich, M., ... Albus, C. (2016). Stepwise Psychotherapy Intervention for Reducing Risk in Coronary Artery Disease: Results of an Observer-Blinded, Multicenter, Randomized Trial in Depressed Patients With Coronary Artery Disease. <i>Psychosomatic Medicine</i> , 1-12. <a href="http://doi.org/10.1097/PSY.0000000000000332">http://doi.org/10.1097/PSY.0000000000000332</a>

95	Hersen, et al.	1984	120	Depression	Adult	Time-Limited Dynamic Therapy (no reference) + placebo	1. Social skill training + placebo 2. Amitriptyline	Hersen, M., Himmelhoch, J. M., Thase, M. E., & Bellack, A. S. (1984). Effects of social skill training, amitriptyline, and psychotherapy in unipolar depressed women. <i>Behavior Therapy, 15</i> (1), 21–40. <a href="http://linkinghub.elsevier.com/retrieve/pii/S005789484800398">http://linkinghub.elsevier.com/retrieve/pii/S005789484800398</a>
96	Hertzmann, et al.	2016	30	Parents in entrenched conflict	Adult	Mentalization-Based Treatment for Parental Conflict (MBT-PT; Hertzmann & Abse, 2008; Nyberg & Hertzmann, 2014)	Parent Group (psychoeducation)	Hertzmann, L., Target, M., Hewison, D., Casey, P., Fearon, P., & Lassri, D. (2016). Mentalization-based therapy for parents in entrenched conflict: A random allocation feasibility study. <i>Psychotherapy, 53</i> (4), 388-401. <a href="http://psycnet.apa.org/buy/2016-58498-002">http://psycnet.apa.org/buy/2016-58498-002</a>
97	Hoffart, et al.	1990	69	Agoraphobia	Adult	Integrative behavioural-psychodynamic treatment (no specific reference)	Psychodynamic oriented group therapy	Hoffart, A., & Martinsen, E. W. (1990). Exposure-based integrated vs. Pure psychodynamic treatment of agoraphobic inpatients. <i>Psychotherapy: Theory, Research, Practice, Training, Vol 27</i> (2), 210–218. <a href="http://psycnet.apa.org/psycinfo/1990-29285-001">http://psycnet.apa.org/psycinfo/1990-29285-001</a>
98	Horn, et al.	2005	20	Depression	Child/adolescent	Psychodynamic Short-Term Psychotherapy (PSTP: unpublished manual by Hartmann, Horn, & Kronmüller)	Waitlist	Horn, H., Geiser-Elze, A., Reck, C., Hartmann, M., Victor, D., Winkelmann, K., & Kronmüller, K.-T. (2005). Zur Wirksamkeit psychodynamischer Kurzzeitpsychotherapie bei Kindern und Jugendlichen mit Angststörungen [Efficacy of psychodynamic short-term psychotherapy for children and adolescents with depression]. <i>Praxis Der Kinderpsychologie Und Kinderpsychiatrie, 54</i> , 578–597. Article in German. <a href="https://www.ncbi.nlm.nih.gov/pubmed/16180527">https://www.ncbi.nlm.nih.gov/pubmed/16180527</a>
99	Huber, et al.	2012	100	Depression	Adult	Psychoanalysis (non-manualized)	1. LTPP (non-manualized) 2. CBT (non-manualized; patients not randomly assigned to this group)	Huber, D., Henrich, G., Gastner, J., & Klug, G. (2012). Must All Have Prizes? The Munich Psychotherapy Study. In <i>Psychodynamic Psychotherapy Research</i> . <a href="http://link.springer.com/chapter/10.1007%2F978-1-60761-792-1_4#page-1">http://link.springer.com/chapter/10.1007%2F978-1-60761-792-1_4#page-1</a>

100	Hubschmid, et al.	2015	23	Motor conversion disorder and nonepileptic seizures	Adult	Interdisciplinary psychotherapeutic intervention (Psychodynamic-Interpersonal Therapy (PIT) based on Guthrie, 1999)	Standard care	Hubschmid, M., Aybek, S., D, M., Maccaferri, G. E., D, M., Chocron, O., ... D, M. (2015). Efficacy of brief interdisciplinary psychotherapeutic intervention for motor conversion disorder and nonepileptic attacks. <i>General Hospital Psychiatry</i> , 37(5), 448–455. <a href="http://dx.doi.org/10.1016/j.genhosppsych.2015.05.007">http://dx.doi.org/10.1016/j.genhosppsych.2015.05.007</a>
101	Høglend, et al.	2006	100	Mixed sample	Adult	Psychodynamic psychotherapy with transference interpretation (Høglend, 1995)	Psychodynamic psychotherapy without transference interpretation (Høglend, 1995)	Høglend, P., Amlø, S., Marble, A., Bøgwald, K. P., Sørbye, O., & Sjaastad, M. C., et al. (2006). Analysis of the patient-therapist relationship in dynamic psychotherapy: an experimental study of transference interpretations. <i>Am J Psychiatry</i> , 163, 1739-1746. <a href="http://www.ncbi.nlm.nih.gov/pubmed/17012684">http://www.ncbi.nlm.nih.gov/pubmed/17012684</a>
102	Jakobsen, et al.	2014	44	Depression	Adult	Mentalization-Based Treatment (MBT; Danish manual by Larsen, 2009 ( <a href="http://www.ctu.dk">http://www.ctu.dk</a> ))	Third Wave Cognitive Therapy ( <a href="http://ctu.dk/publications/sample-material.aspx">http://ctu.dk/publications/sample-material.aspx</a> ).	Jakobsen, J. C., Glud, C., Kongerslev, M., Larsen, K. A., Sørensen, P., Winkel, P., ... Simonsen, E. (2014). Third-wave cognitive therapy versus mentalisation-based treatment for major depressive disorder: A randomised clinical trial. <i>BMJ Open</i> , 4(8), 1–12. <a href="http://doi.org/10.1136/bmiopen-2014-004903">http://doi.org/10.1136/bmiopen-2014-004903</a>
103	Jang & Kim	2012	9	Migrant women	Adult	Group sandplay Therapy (Kalff, 1973; see also review by Roesler, 2019)	No treatment	Jang, M., & Kim, Y. hee. (2012). The effect of group sandplay therapy on the social anxiety, loneliness and self-expression of migrant women in international marriages in South Korea. <i>Arts in Psychotherapy</i> , 39(1), 38–41. <a href="https://doi.org/10.1016/j.aip.2011.11.008">https://doi.org/10.1016/j.aip.2011.11.008</a>
104	Jantschek, et al.	1999	108	Crohn's disease	Adult	Psychodynamic psychotherapy + relaxation + drug treatment (no manual was used but reference to Luborsky, 1984)	Drug treatment alone	Jantschek, G., Zeitz, M., Wirsching, M., Klor, H. U., Studt, H. H., Rasenack, J., ... Disease, T. G. S. G. on P. I. in C. (1999). Effect of psychotherapy on the course of Crohn's disease. <i>Psychosomatic Intervention in CD</i> , 1289–1296. <a href="http://www.ncbi.nlm.nih.gov/pubmed/9930393">http://www.ncbi.nlm.nih.gov/pubmed/9930393</a>

105	Johansson, et al.	2012	92	Depression	Adult	Internet-Based Psychodynamic Guided Self-Help (IPDT; based on SUBGAP model byilverberg, 2005)	Psychoeducation + support	Johansson, R., Ekbladh, S., Hebert, A., Lindström, M., Möller, S., Petitt, E., ... Andersson, G. (2012). Psychodynamic Guided Self-Help for Adult Depression through the Internet: A Randomised Controlled Trial. (A. Bruce, Ed.) <i>PLoS ONE</i> , 7(5), <a href="http://dx.plos.org/10.1371/journal.pone.0038021">http://dx.plos.org/10.1371/journal.pone.0038021</a>
106	Johansson, et al.	2013	100	Depression and/or anxiety	Adult	Internet-Based Affect-Focused Psychodynamic Guided Self-Help (IPDT; based on Frederick, 2009)	Online therapist support and clinical monitoring	Johansson, R., Björklund, M., Hornborg, C., Karlsson, S., Hesser, H., Ljótsson, B., ... Andersson, G. (2013). Affect-focused psychodynamic psychotherapy for depression and anxiety through the Internet: a randomized controlled trial. <i>PeerJ</i> , 1, e102. <a href="https://peerj.com/articles/102">https://peerj.com/articles/102</a>
107	Johansson, et al.	2017	72	Social anxiety disorder (SAD)	Adult	Internet-Based Affect-Focused Psychodynamic Guided Self-Help (IPDT; based on Frederick, 2009)	Waitlist	Johansson, R., Hesslow, T., Ljótsson, B., Jansson, A., Jonsson, L., Färdig, S., Karlsson, J., Hesser, H., Frederik, R. J., Lilliengren, P., Carlbring, P., & Andersson, G. (2017). Internet-based affect-focused psychodynamic therapy for social anxiety disorder: A randomized controlled trial with 2-year follow-up. <i>Psychotherapy</i> , 54(4). <a href="http://doi.org/10.1037/pst0000147">http://doi.org/10.1037/pst0000147</a>
108	Jørgensen, et al.	2012	85	Borderline personality disorder	Adult	Mentalization-Based Therapy (MBT; Bateman & Fonagy, 2001)	Supportive group therapy	Jørgensen, C. R., Freund, C., Bøye, R., Jordet, H., Andersen, D., & Kjølbbye, M. (2012). Outcome of mentalization-based and supportive psychotherapy in patients with borderline personality disorder: a randomized trial. <i>Acta psychiatrica Scandinavica</i> , 1–13. <a href="http://www.ncbi.nlm.nih.gov/pubmed/22897123">http://www.ncbi.nlm.nih.gov/pubmed/22897123</a>
109	Kamkhagi, et al.	2015	37	Family caregivers to Alzheimer's disease (depression, quality of life, burden)	Adult	Psychodynamic Group Psychotherapy (PGT)	Body Awareness Therapy (BAT)	Kamkhagi, D., Costa, A. C. O., Kusminsky, S., Supino, D., Diniz, B. S., Gattaz, W. F., & Forlenza, O. V. (2015). Benefits of psychodynamic group therapy on depression, burden and quality of life of family caregivers to Alzheimer's disease patients. <i>Archives of Clinical Psychiatry</i> , 42(6), 157–160. <a href="http://doi.org/10.1016/j.jalz.2014.05.934">http://doi.org/10.1016/j.jalz.2014.05.934</a>

110	Karon, et al.	1972	36	Schizophrenia	Adolescent/adult	Psychoanalytic psychotherapy (Karon, 1963, 1964; Karon & Rosberg, 1958; Rosberg & Karon, 1958)	1. Psychoanalytic psychotherapy ("Ego-oriented"; Tierney, 1965) + medication 2. Medication alone	Karon, B. P., & Vandenbos, G. R. (1972). The consequences of psychotherapy for schizophrenic patients. <i>Psychotherapy: Theory, Research &amp; Practice</i> , 9(2), 111–119. <a href="http://doi.org/10.1037/h0086728">http://doi.org/10.1037/h0086728</a>
111	Kim	2014	10	Depressive symptoms in mothers of teenage children	Adult	Sandplay Therapy (Kalff, 1973; see also review by Roesler, 2019)	No treatment	Kim, S. (2014). The Effects of Sandplay Therapy on Improving the Self-Differentiation, Depression, and Mother-Child Relationship of Mothers with Teenage Children. <i>Journal of Symbols &amp; Sandplay Therapy</i> , 5(1), 1–6. <a href="https://doi.org/10.12964/jsst.130011">https://doi.org/10.12964/jsst.130011</a>
112	Klein, et al.	1983	66	Phobias	Adult	Supportive therapy (dynamically oriented; no reference)	Behavior therapy (no reference)	Klein, D. F., Zitrin, C. M., Woerner, M. G., & Ross, D. C. (1983). Treatment of Phobias. II. Behavior therapy and supportive psychotherapy: Are there any specific ingredients? <i>Archives of General Psychiatry</i> , 139–145. <a href="http://www.ncbi.nlm.nih.gov/pubmed/6130751">http://www.ncbi.nlm.nih.gov/pubmed/6130751</a>
113	Kleinman, et al.	1990	56	Cocaine abuse	Adult	Supportive-Expressive Therapy (SEP; Luborsky, 1984)	Family therapy + para professionally led group therapy	Kleinman, P. H., Woody, G. E., Todd, T. C., Millman, R. B., Kang, S. Y., & Kemp, J., et al. (1990). Crack and cocaine abusers in outpatient psychotherapy. <i>NIDA Res Monogr</i> , 104, 24-35. <a href="https://files.eric.ed.gov/fulltext/ED351616.pdf#page=29">https://files.eric.ed.gov/fulltext/ED351616.pdf#page=29</a>
114	Knekt & Lindfors	2004	326	Depression and/or anxiety	Adult	Short-Term Psychodynamic Psychotherapy (STPP; Malan, 1976; Sifneos, 1978)	1. Solution-focused therapy (de Shazer et al, 1986) 2. LTPP (Gabbard, 2004)	Knekt, P., & Lindfors, O. (2004). A randomized trial of the effect of four forms of psychotherapy on depressive and anxiety disorders. Helsinki: Kela. <a href="https://helda.helsinki.fi/handle/10250/3315">https://helda.helsinki.fi/handle/10250/3315</a>

115	Knijnik, et al.	2004	30	Social anxiety disorder (SAD)	Adult	Psychodynamic group therapy (Malan, 1976)	Credible placebo group	Knijnik, D. Z., Kapczinski, F., Chachamovich, E., Margis, R., & Eizirik, C. L. (2004). Psychodynamic group treatment for generalized social phobia. <i>Revista Brasileira de Psiquiatria (São Paulo, Brazil : 1999)</i> , 26(2), 77–81. <a href="http://www.ncbi.nlm.nih.gov/pubmed/15517057">http://www.ncbi.nlm.nih.gov/pubmed/15517057</a>
116	Knijnik, et al.	2008	58	Social anxiety disorder (SAD)	Adult	Psychodynamic group therapy (Malan, 1976) + clonazepam	Clonazepam	Knijnik, D. Z., Blanco, C., Salum, G. A., Moraes, C. U., Mombach, C., Almeida, E., ... Eizirik, C. L. (2008). A pilot study of clonazepam versus psychodynamic group therapy plus clonazepam in the treatment of generalized social anxiety disorder. <i>European Psychiatry : The Journal of the Association of European Psychiatrists</i> , 23(8), 567–74. <a href="http://www.ncbi.nlm.nih.gov/pubmed/18774_274">http://www.ncbi.nlm.nih.gov/pubmed/18774_274</a>
117	Kompoliti, et al.	2013	15	Psychogenic movement disorders	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1980)	Neurological observation and support	Kompoliti, K., Wilson, B., Stebbins, G., Bernard, B., & Hinson, V. (2013). Immediate vs. delayed treatment of psychogenic movement disorders with short-term psychodynamic psychotherapy: Randomized clinical trial. <i>Parkinsonism &amp; Related Disorders</i> , 7–10. <a href="http://www.ncbi.nlm.nih.gov/pubmed/24120_952">http://www.ncbi.nlm.nih.gov/pubmed/24120_952</a>
118	Kool, et al.	2003	128	Depression	Adult	Short Psychodynamic Supportive Psychotherapy (SPSP; de Jonghe, 2005) + pharmacotherapy	Pharmacotherapy	Kool, S., Dekker, J., & Duijsens, I. (2003). Efficacy of combined therapy and pharmacotherapy for depressed patients with or without personality disorders. <i>Harvard Review of Psychiatry</i> , 133–142. <a href="http://informahealthcare.com/doi/abs/10.1080/10673220303950">http://informahealthcare.com/doi/abs/10.1080/10673220303950</a>
119	Kornblith, et al.	1983	49	Depression	Adult	Psychodynamic group therapy (Wolf, 1965; Bernard & Klein, 1977)	Self-reinforcement training and behavioral assignments (Rehm, 1977)	Kornblith, S., Rehm, L., O'Hara, M. W., & Lamparski, D. M. (1983). The contribution of self-reinforcement training and behavioral assignments to the efficacy of self-control therapy for depression. <i>Cogn Ther Res</i> , 7, 499–528. <a href="http://link.springer.com/10.1007/BF01172888">http://link.springer.com/10.1007/BF01172888</a>



120	Kramer, et al.	2013	8	Depression (recurrent)	Adult	Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984) All patients were also given pharmacological treatment	1. Cognitive therapy (Beck, 1995) 2. Psychoanalysis (Robertson, 2002). 3. Clinical management (Csank, 2002; Novalis et al., 1993).	Kramer, U., de Roten, Y., Perry, J. C., & Despland, J.-N. (2013). Change in defense mechanisms and coping patterns during the course of 2-year-long psychotherapy and psychoanalysis for recurrent depression: a pilot study of a randomized controlled trial. <i>The Journal of Nervous and Mental Disease</i> , 201 (7), 614–20. <a href="http://www.ncbi.nlm.nih.gov/pubmed/23817160">http://www.ncbi.nlm.nih.gov/pubmed/23817160</a>
121	Kramer, et al.	2014	85	Borderline personality disorder	Adult	General Psychodynamic-Psychiatric Management (GPM; Gundersson & Links, 2008) + Motive-Oriented Therapeutic	General Psychodynamic-Psychiatric Management (GPM)	Kramer, U., Kolly, S., Berthoud, L., Keller, S., Preisig, M., Caspar, F., ... Despland, J. N. (2014). Effects of motive-oriented therapeutic relationship in a ten-session general psychiatric treatment of borderline personality disorder: A randomized controlled trial. <i>Psychotherapy and Psychosomatics</i> , 83 (3), 176–186. <a href="https://doi.org/10.1159/000358528">https://doi.org/10.1159/000358528</a>
122	Lanza, et al.	2002	27	Male veterans with history of assault	Adult	Psychodynamic group psychotherapy (no specific reference)	Cognitive behavior group therapy (No specific reference)	Lanza, M. L., Anderson, J., Boisvert, C. M., LeBlanc, A., Fardy, M., & Steel, B., et al. (2002). Assaultive behavior intervention in the Veterans Administration: psychodynamic group psychotherapy compared to cognitive behavior therapy. <i>Perspect Psychiatr Care</i> , 38, 89-97. <a href="http://onlinelibrary.wiley.com/doi/10.1111/j.1744-6163.2002.tb00662.x/abstract">http://onlinelibrary.wiley.com/doi/10.1111/j.1744-6163.2002.tb00662.x/abstract</a>
123	LaPonite, et al.	1980	33	Depression	Adult	Insight-oriented group therapy (No reference)	1. Cognitive group therapy (Beck, 19767) 2. Assertiveness training (no reference)	LaPonite, K., & Rimm, D. C. (1980). Cognitive, assertive, and insight-oriented group therapies in the treatment of reactive depression in women. <i>Psychotherapy: Theory, Research &amp; Practice</i> , 17 (3), 312–321. <a href="http://psycnet.apa.org/journals/pst/17/3/312/">http://psycnet.apa.org/journals/pst/17/3/312/</a>
124	Lau, et al.	2007	151	Women with childhood sexual abuse	Adult	Analytic group therapy (Foulkes, 1986)	Systemic group therapy (Holme, 1999)	Lau, M., & Kristensen, E. (2007). Outcome of systemic and analytic group psychotherapy for adult women with history of intrafamilial childhood sexual abuse: a randomized controlled study. <i>Acta Psychiatr Scand</i> , 116, 96-104. <a href="http://www.ncbi.nlm.nih.gov/pubmed/17650270">http://www.ncbi.nlm.nih.gov/pubmed/17650270</a>

125	Laurensen, et al.	2018	95	Borderline personality disorder	Adult	Day Hospital Mentalization-Based Treatment (DH-MBT; Bateman & Fonagy, 2004)	Specialized treatment as usual (S-TAU; Van Oenen et al. 2007)	Laurensen, E. M. P., Luyten, P., Kikkert, M. J., Westra, D., Peen, J., Soons, M. B. J., ... Dekker, J. J. M. (2018). Day hospital mentalization- based treatment v. specialist treatment as usual in patients with borderline personality disorder: Randomized controlled trial. <i>Psychological Medicine</i> , 14(1), 1-8. <a href="http://doi.org/10.1017/S0033291718000132">http://doi.org/10.1017/S0033291718000132</a>
126	Lawson, et al.	2010	54	Violent men	Adult	Integrative CBT- psychodynamic group therapy (Strupp & Binder, 1984)	CBT (Lawson, 2001)	Lawson, D. M. (2010). Comparing cognitive behavioral therapy and integrated cognitive behavioral therapy/psychodynamic therapy in group treatment for partner violent men. <i>Psychotherapy: Theory, Research, Practice, Training</i> , 47(1), 122–133. <a href="http://doi.apa.org/getdoi.cfm?doi=10.1037/a0018841">http://doi.apa.org/getdoi.cfm?doi=10.1037/a0018841</a>
127	Lee & Kowen	2016	24	Mothers of disabled children	Adult	Sandplay Therapy (Kalf, 1973; see also review by Roesler, 2019)	No treatment	Lee, J., & Kowen, M. (2016). on Anxiety and Defense Style of Mother of Disabled Children. <i>Journal of Symbols &amp; Sandplay Therapy</i> , 7(1), 77–95.
128	Leichsenring, et al.	2009	57	Generalized anxiety disorder (GAD)	Adult	Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984)	CBT (Borcovec & Rucio, 2001, Brown, 1993)	Leichsenring, F., Salzer, S., Jaeger, U., Kächele, H., Kreische, R., & Leweke, F., et al. (2009). Short-Term Psychodynamic Psychotherapy and Cognitive-Behavioral Therapy in Generalized Anxiety Disorder: A Randomized, Controlled Trial. <i>Am J Psychiatry</i> , 166, 875-881. <a href="https://focus.psychiatryonline.org/doi/10.1176/foc.8.1.foc66">https://focus.psychiatryonline.org/doi/10.1176/foc.8.1.foc66</a>
129	Leichsenring, et al.	2013	495	Social anxiety disorder	Adult	Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984; Leichsenring, Beutel, Leibing, 2007)	1. CBT (Clark & Wells, 1995) 2. Waitlist	Leichsenring, F., Salzer, S., Beutel, M. E., Herpertz, S., Hiller, W., Hoyer, J., ... Leibing, E. (2013). Psychodynamic Therapy and Cognitive-Behavioral Therapy in Social Anxiety Disorder: A Multicenter Randomized Controlled Trial. <i>American Journal of Psychiatry</i> , 170(7), 759-767. <a href="http://www.ncbi.nlm.nih.gov/pubmed/23680854">http://www.ncbi.nlm.nih.gov/pubmed/23680854</a>

130	Leichsenring, et al.	2016	124	Personality disorders	Adult	Psychoanalytic-Interactional Therapy (Streeck & Leichsenring, 2009)	Psychodynamic therapy by experts (non-manualized; Gabbard, 2000)	Leichsenring, F., Masuhr, O., Jaeger, U., Rabung, S., Dally, A., Dimpelmann, M., ... Streeck, U. (2016). Psychoanalytic-Interactional Therapy versus Psychodynamic Therapy by Experts for Personality Disorders: A Randomized Controlled Efficacy-Effectiveness Study in Cluster B Personality Disorders. <i>Psychotherapy and Psychosomatics</i> , 85(2), 71-80. <a href="http://www.karger.com/?doi=10.1159/000441731">http://www.karger.com/?doi=10.1159/000441731</a>
131	Lemma, et al.	2013	24	Depression	Adult	Online Group Dynamic	Internet discussion group	Lemma, A., & Fonagy, P. (2013). Feasibility study of a psychodynamic online group intervention for depression. <i>Psychoanalytic Psychology</i> , 30(3), 367-380. <a href="http://doi.apa.org/getdoi.cfm?doi=10.1037/a0033239">http://doi.apa.org/getdoi.cfm?doi=10.1037/a0033239</a>
132	Lerner, et al.	1992	42	Opiate dependence	Adult	Short-Term Dynamic Psychotherapy (STDP; Luborsky, 1984; Mann, 1973; Davanloo, 1978)	Long-Term Dynamic Psychotherapy (Karasu,	Lerner, A., Sigal, M., Bacalu, A., & Gelkopf, M. (1992). Short term versus long term psychotherapy in opioid dependence: A pilot study. <i>Israeli Journal of Psychiatry and Related Sciences</i> , 29(2), 114-9. <a href="http://www.ncbi.nlm.nih.gov/pubmed/1526756">http://www.ncbi.nlm.nih.gov/pubmed/1526756</a>
133	Leuzinger-Bohleber, et al.	2018	252	Depression (chronic)	Adult	Long-Term Psychoanalytic Psychotherapy (LTPP; Taylor, 2015)	Long-term Cognitive-Behavioural Therapy (CBT; Hautzinger, 2013)	Leuzinger-Bohleber, M., Hautzinger, M., Fiedler, G., Keller, W., Bahrke, U., Kallenbach, L., ... Beutel, M. (2018). Outcome of psychoanalytic and cognitive-behavioural long-term therapy with chronically depressed patients: A controlled trial with preferential and randomized allocation. <i>The Canadian Journal of Psychiatry</i> , 64(1), 47-58. <a href="http://doi.org/10.1177/0706743718780340">http://doi.org/10.1177/0706743718780340</a>
134	Levy Berg, et al.	2009	61	Generalized anxiety disorder (GAD)	Adult	Affect-Focused Body Psychotherapy (Monsen & Monsen, 2000)	TAU	Levy Berg, A., Sandell, R., & Sandahl, C. (2009). Affect-focused body psychotherapy in patients with generalized anxiety disorder: Evaluation of an integrative method. <i>Journal of Psychotherapy Integration</i> , 19(1), 67-85. <a href="http://doi.apa.org/getdoi.cfm?doi=10.1037/a0015324">http://doi.apa.org/getdoi.cfm?doi=10.1037/a0015324</a>

135	Lieberman, et al.	1981	24	Repeated suicide attempts	Adult	Insight-Oriented Psychotherapy	Behavior Therapy	Lieberman, R. P., & Eckman, T. (1981). Behavior therapy vs insight-oriented therapy for repeated suicide attempters. <i>Archives of General Psychiatry</i> , 38(10), 1126–1130. <a href="http://archpsyc.jamanetwork.com/article.aspx?doi=10.1001/archpsyc.1981.01780350060007">http://archpsyc.jamanetwork.com/article.aspx?doi=10.1001/archpsyc.1981.01780350060007</a>
136	Lindauer, et al.	2005	24	PTSD	Adult	Brief eclectic psychotherapy (BEP; Gersons et al., 2004; Manual includes both CBT and PDT components)	Waitlist	Lindauer, R. J. L., Gersons, B. P. R., Van Meijel, E. P. M., Blom, K., Carlier, I. V. E., Vrijlandt, I., & Olff, M. (2005). Effects of brief eclectic psychotherapy in patients with posttraumatic stress disorder: Randomized clinical trial. <i>Journal of Traumatic Stress</i> , 18(3), 205–212. <a href="http://doi.wiley.com/10.1002/jts.20029">http://doi.wiley.com/10.1002/jts.20029</a>
137	Linnert, et al.	2001	32	Atopic dermatitis (anxiety)	Adult	Brief Dynamic Psychotherapy (BDP; Malan, 1992)	Control (TAU?)	Linnert, J., & Jemec, G. B. (2001). Anxiety level and severity of skin condition predicts outcome of psychotherapy in atopic dermatitis patients. <i>Int J Dermatol</i> , 40, 632-636. <a href="http://www.ncbi.nlm.nih.gov/pubmed/11737_422">http://www.ncbi.nlm.nih.gov/pubmed/11737_422</a>
138	Lipsitz, et al.	2008	70	Social anxiety disorder (SAD)	Adult	Psychodynamic Supportive Therapy (PST; Lipsitz et al., 2006)	Interpersonal Therapy (Klerman et al., 1984; Weissman et al., 2000)	Lipsitz, J. D., Gur, M., Vermes, D., Petkova, E., Cheng, J., Miller, N., ... Fyer, A. J. (2008). A randomized trial of interpersonal therapy versus supportive therapy for social anxiety disorder. <i>Depression and Anxiety</i> , 25(6), 542–553. <a href="http://doi.wiley.com/10.1002/da.20364">http://doi.wiley.com/10.1002/da.20364</a>
139	Lock, et al.	2010	121	Anorexia	Adolescent	Adolescent Focused Therapy (AFT, Robin et al.)	Treatments Family-Based Treatment (FBT; Locke et al., 2001)	Lock, J., Grange, D. Le, & Agras, W. (2010). Randomized clinical trial comparing family-based treatment with adolescent-focused individual therapy for adolescents with anorexia nervosa. <i>Archives of General Psychiatry</i> , 67(10), 1025–1032. <a href="http://archpsyc.ama-assn.org/cgi/reprint/67/10/1025.pdf">http://archpsyc.ama-assn.org/cgi/reprint/67/10/1025.pdf</a>

140	Lorentzen, et al.	2013	167	Anxiety and personality disorders	Adult	Long-Term Psychodynamic Group Therapy (Lorentzen, 2013)	Short-Term Psychodynamic Group Therapy (Lorentzen, 2013)	Lorentzen, S., Ruud, T., Fjeldstad, A., & Høglend, P. (2013). Comparison of short- and long-term dynamic group psychotherapy: Randomised clinical trial. <i>The British Journal of Psychiatry: The Journal of Mental Science</i> .. <a href="http://www.ncbi.nlm.nih.gov/pubmed/24029539">http://www.ncbi.nlm.nih.gov/pubmed/24029539</a>
141	Ludwig, et al.	2013	196	Mixed depression and anxiety (in cancer patients)	Adult	Brief Dynamic Psychotherapy (BDP; Mann, 1973; Davanloo, 1994)	Waitlist	Ludwig, G., Krenz, S., Zdrojewski, C., Bot, M., Roussele, I., Stagno, D., ... Stiefel, F. (2013). Psychodynamic interventions in cancer care I: Psychometric results of a randomized controlled trial. <i>Psycho-oncology</i> , 23, 65-74. <a href="http://www.ncbi.nlm.nih.gov/pubmed/23983_096">http://www.ncbi.nlm.nih.gov/pubmed/23983_096</a>
142	Lumley, et al.	2017	230	Fibromyalgia	Adult	Emotional Awareness and Expression Therapy (Integrative method with psychodynamic components, see Lumley & Schubiner, 2019)	1. CBT 2. Psychoeducation	Lumley, M. A., Schubiner, H., Lockhart, N. A., Kidwell, K. M., Harte, S. E., Clauw, D. J., & Williams, D. A. (2017). Emotional awareness and expression therapy, cognitive behavioral therapy, and education for fibromyalgia: A cluster-randomized controlled trial. <i>Pain</i> , 158(12), 2354–2363. <a href="https://doi.org/10.1097/j.pain.0000000000001036">https://doi.org/10.1097/j.pain.0000000000001036</a>
143	Maina, et al.	2005	30	Depression (mild to moderate)	Adult	Brief Dynamic Psychotherapy (BDP; Malan, 1979)	1. Brief Supportive Psychotherapy (BSP; Novalis et al., 1993) 2. Waitlist	Maina, G., Forner, F., & Bogetto, F. (2005). Randomized controlled trial comparing brief dynamic and supportive therapy with waiting list condition in minor depressive disorders. <i>Psychotherapy and Psychosomatics</i> , 74, 43-50. <a href="http://www.ncbi.nlm.nih.gov/pubmed/15627856">http://www.ncbi.nlm.nih.gov/pubmed/15627856</a>
144	Maina, et al.	2010	57	OCD + depression	Adult	Brief Dynamic Psychotherapy (BDP; Malan, 1979) + medication	Medication only	Maina, G., Rosso, G., Rigardetto, S., Chiadò Piat, S., & Bogetto, F. (2010). No effect of adding brief dynamic therapy to pharmacotherapy in the treatment of obsessive-compulsive disorder with concurrent major depression. <i>Psychotherapy and Psychosomatics</i> , 79(5), 295–302. <a href="http://www.ncbi.nlm.nih.gov/pubmed/20616_624">http://www.ncbi.nlm.nih.gov/pubmed/20616_624</a>

145	Maina, et al.	2007	35	Depression	Adult	Brief Dynamic Psychotherapy (BDP; Malan, 1963; 1976) + medication	Brief Supportive Psychotherapy (BSP; Novalis et al., 1993) + medication	Maina, G., Rosso, G., Crespi, C., & Bogetto, F. (2007). Combined brief dynamic therapy and pharmacotherapy in the treatment of major depressive disorder: A pilot study. <i>Psychotherapy and Psychosomatics</i> , 76(5), 298–305. <a href="http://www.ncbi.nlm.nih.gov/pubmed/17700_050">http://www.ncbi.nlm.nih.gov/pubmed/17700_050</a>
146	Marmar, et al.	1988	61	Bereavement	Adult	Brief Dynamic Psychotherapy (BPD; Malan, Sifneos, Mann)	Mutual Self-Help Groups	Marmar, C. R., Horowitz, M. J., Weiss, D. S., Wilner, N. R., & Kaltreider, N. B. (1988). A controlled trial of brief psychotherapy and mutual-help group treatment of conjugal bereavement. <i>Am J Psychiatry</i> , 145, 203-209. <a href="https://www.ncbi.nlm.nih.gov/pubmed/3277450">https://www.ncbi.nlm.nih.gov/pubmed/3277450</a>
147	Martini, et al.	2011	35	Panic disorder + depression	Adult	Brief Dynamic Psychotherapy (BDP; Malan, 1963) + medication	Brief Supportive Psychotherapy (BSP) + medication	Martini, B., Rosso, G., Chiodelli, D. F., De Cori, D., & Maina, G. (2011). Brief dynamic therapy combined with pharmacotherapy in the treatment of panic disorder with concurrent depressive symptoms. <i>Clinical Neuropsychiatry</i> , 8(3), 204–21. <a href="http://www.clinicalneuropsychiatry.org/pdf/0_4_martini.pdf">http://www.clinicalneuropsychiatry.org/pdf/0_4_martini.pdf</a>
148	McCallum & Piper	1990	79	Mixed sample	Adult	Short-term psychoanalytically oriented group psychotherapy (STG; manual mentioned but no specific reference)	Waitlist	McCallum, M., & Piper, W. E. (1990). A controlled study of effectiveness and patient suitability for short-term group psychotherapy. <i>Int J Group Psychother</i> , 40, 431-452. <a href="http://www.ncbi.nlm.nih.gov/pubmed/2228349">http://www.ncbi.nlm.nih.gov/pubmed/2228349</a>
149	McLean, et al.	1979	55	Depression	Adult	Short-Term Psychotherapy (Marmor, 1975; Wolberg, 1967)	1. Relaxation therapy (no reference) 2. Behavior therapy (McLean, 1976) 3. Drug therapy	McLean, P., & Hakstian, A. (1979). Clinical depression: Comparative efficacy of outpatient treatments. <i>J Consult Clin Psychol</i> , 47, 818-836. <a href="https://psycnet.apa.org/record/1980-01360-001">https://psycnet.apa.org/record/1980-01360-001</a>

150	McMain, et al.	2009	180	Borderline personality disorder	Adult	General psychiatric management, dynamically informed therapy (Gunderson, 1984)	Dialectical Behavior Therapy (DBT; Linehan et al., 1991)	McMain, S. F., Links, P. S., Gnam, W. H., Guimond, T., Cardish, R. J., & Korman, L., et al. (2009). A randomized trial of dialectical behavior therapy versus general psychiatric management for borderline personality disorder. <i>Am J Psychiatry</i> , 166, 1365-1374. <a href="http://www.ncbi.nlm.nih.gov/pubmed/19755574">http://www.ncbi.nlm.nih.gov/pubmed/19755574</a>
151	Meyer & Bolz	1981	214	Mixed sample	Adult	Psychodynamic conflict-centered time-limited psychotherapy (no reference)	Waitlist	Meyer, A. E., & Bolz, W. (1981). The Hamburg short psychotherapy comparison experiment. Foreword and introduction. <i>Psychother Psychosom</i> , 35, 81-84. <a href="http://www.karger.com/doi/10.1159/000287484">http://www.karger.com/doi/10.1159/000287484</a>
152	Midgley, et al.	2019	36	Children in foster care	Child	Mentalization-Based Treatment (MBT; Bateman & Fonagy, 2004)	TAU	Midgley, N., Besser, S. J., Fearon, P., Wyatt, S., Byford, S., & Wellsted, D. (2019). The Herts and Minds study: feasibility of a randomised controlled trial of Mentalization-Based Treatment versus usual care to support the wellbeing of children in foster care. <i>BMC Psychiatry</i> , 1–11. <a href="https://doi.org/10.1186/s12888-019-2196-2">https://doi.org/10.1186/s12888-019-2196-2</a>
153	Miller, et al.	1972	67	Phobias	Child	Play psychotherapy (Lippman, 1956)	Reciprocal inhibition	Miller, L. C., Barrett, C. L., Hampe, E., & Noble, H. (1972). Comparison of reciprocal inhibition, psychotherapy, and waiting list control for phobic children. <i>Journal of Abnormal Psychology</i> , 79(3), 269–279. <a href="http://psycnet.apa.org/journals/abn/79/3/269/">http://psycnet.apa.org/journals/abn/79/3/269/</a>
154	Milrod, et al.	2007	49	Panic disorder	Adult	Panic-Focused Psychodynamic Psychotherapy (PFPP; Milrod et al, 1997)	Applied relaxation (Öst & Westling, 1995)	Milrod, B., Leon, A. C., Busch, F., Rudden, M., Schwalberg, M., & Clarkin, J., et al. (2007). A randomized controlled clinical trial of psychoanalytic psychotherapy for panic disorder. <i>Am J Psychiatry</i> , 164, 265-272. <a href="http://www.ncbi.nlm.nih.gov/pubmed/17267789">http://www.ncbi.nlm.nih.gov/pubmed/17267789</a>

155	Milrod, et al.	2015	201	Panic disorder	Adult	Panic-Focused Psychodynamic Psychotherapy (PFPP; Milrod et al, 2001)	1. CBT (Craske, 2000) 2. Applied relaxation (Öst & Westling, 1995)	Milrod, B., Chambless, D. L., Gallop, R., Busch, F. N., Schwalberg, M., McCarthy, K. S., Gross, C., Sharpless, B.A., Leon, A.C., & Barber, J. P. (2015). Psychotherapies for Panic Disorder: A Tale of Two Sites. <i>The Journal of Clinical Psychiatry</i> , 10065, 1–9. <a href="https://www.researchgate.net/publication/277988042_Psychotherapies_for_Panic_Disorder_A_Tale_of_Two_Sites">https://www.researchgate.net/publication/277988042_Psychotherapies_for_Panic_Disorder_A_Tale_of_Two_Sites</a>
156	Molenaar, et al.	2011	103	Depression	Adult	Short Psychodynamic Supportive Psychotherapy (SPSP; de Jonghe, Rijnierse, & Janssen, 1994) 8 sessions + medication	Short Psychodynamic Supportive Psychotherapy (de Jonghe, Rijnierse, & Janssen, 1994) 16 sessions + medication	Molenaar, P. J., Boom, Y., Peen, J., Schoevers, R. A., Van, R., & Dekker, J. J. (2011). Is there a dose-effect relationship between the number of psychotherapy sessions and improvement of social functioning? <i>The British Journal of Clinical Psychology</i> . <a href="https://www.ncbi.nlm.nih.gov/pubmed/21810106">https://www.ncbi.nlm.nih.gov/pubmed/21810106</a>
157	Monsen & Monsen	2000	40	Chronic pain	Adult	Psychodynamic body therapy (Monsen & Monsen, 1999)	TAU	Monsen, K., & Monsen, J. T. (2000). Chronic Pain and Psychodynamic Body Therapy: A Controlled Outcome Study. <i>Psychotherapy: Theory, Research, Practice, Training</i> , 37(3), 257–269. <a href="https://psycnet.apa.org/record/2000-02713-007">https://psycnet.apa.org/record/2000-02713-007</a>
158	Montag, et al.	2014	58	Schizophrenia	Adult	Psychodynamic art therapy (Dannecker, 2010)	TAU	Montag, C., Haase, L., Seidel, D., Bayerl, M., Gallinat, J., Herrmann, U., & Dannecker, K. (2014). A Pilot RCT of Psychodynamic Group Art Therapy for Patients in Acute Psychotic Episodes: Feasibility, Impact on Symptoms and Mentalising Capacity. <i>PLoS One</i> , 9(11), e112348. <a href="http://www.pubmedcentral.nih.gov/articlerender.fcgi?artid=4231093&amp;tool=pmcentrez&amp;render_type=abstract">http://www.pubmedcentral.nih.gov/articlerender.fcgi?artid=4231093&amp;tool=pmcentrez&amp;render_type=abstract</a>
159	Morris	1975	52	Depression	Adult	Group insight-oriented treatment (no reference)	Group Self-Instruction Method for depression (Lazarus, no reference)	Morris (1975) A group self-instruction method for the treatment of depressed outpatients. Dissertation. University of Toronto.



160	Mowlaie, et al.	2018	30	Separation Anxiety Disorder	Adult	1. Empathic Dynamic Psychotherapy (Seruya, 1997) 2. Affect Phobia Therapy (APT; McCullough et al, 2003)	Control (not specified)	Mowlaie, M., Hajloo, N., Hashjin, G., Mikaeili, N., & Heidari, S. (2018). The Effectiveness of Empathic Dynamic Psychotherapy and Anxiety-Regulating Psychodynamic Therapy in Treating Adult Separation Anxiety Disorder. <i>Journal of Practice in Clinical Psychology</i> , 6(3), 143–153. Retrieved from <a href="https://ejop.psychopen.eu/article/view/1528">https://ejop.psychopen.eu/article/view/1528</a>
161	Munroe-Blum & Marziali	1995	110	Borderline personality disorder	Adult	Time-limited group therapy (Marziali & Munroe-Blum, 1995)	Individual psychodynamic psychotherapy (Kernberg, 1975)	Munroe-Blum, H., & Marziali, E. (1995). A controlled trial of short-term group treatment for borderline personality disorder. <i>Journal of Personal Disorders</i> , 9, 190-198. <a href="http://psycnet.apa.org/psycinfo/1996-17928-001">http://psycnet.apa.org/psycinfo/1996-17928-001</a>
162	Muran, et al.	2005	128	Personality disorders (mixed; mainly cluster C)	Adult	Brief Relational Therapy (BRT; Safran & Muran, 2000)	1. Short-Term Dynamic Psychotherapy (STDP: Pol-lack, Flegenheimer, & Kaufman, 1992) 2. Cognitive-behavioral therapy	Muran, J. C., Safran, J. D., Samstag, L. W., & Winston, A. (2005). Evaluating an alliance- focused treatment for personality disorders. <i>Psychotherapy: Theory, Research, Practice, Training</i> , 42(4), 532–545. <a href="https://pdfs.semanticscholar.org/88ac/178eb2055cc5">https://pdfs.semanticscholar.org/88ac/178eb2055cc5</a>
163	Nader-Mohammadi Moghadam, et al.	2015	27	Social anxiety disorder (SAD)	Adult	Affect Phobia Therapy (APT; McCullough et al., 2003)	1. Sertraline 2. Waitlist	Nader-Mohammadi Moghadam, M. Atef-Vahid, M. K., Asgharnejad-Farid, A. A, Shabani. A., & Lavasni, F. (2015). Effectiveness of short-term dynamic psychotherapy versus sertraline in treatment of social phobia. <i>Iran Journal of Psychiatry</i> , 9(2), 2–6. <a href="https://www.ncbi.nlm.nih.gov/pubmed/26288%20643">https://www.ncbi.nlm.nih.gov/pubmed/26288%20643</a>
164	Nijdam, et al.	2012	140	PTSD	Adult	Brief eclectic psychotherapy (BEP; Gersons et al, 2004; Manual includes both CBT and PDT components)	Eye movement and reprocessing (EMDR; De Jongh et al, 2004)	Nijdam, M. J., Gersons, B. P. R., Reitsma, J. B., de Jongh, A., & Olf, M. (2012). Brief eclectic psychotherapy v. eye movement desensitisation and reprocessing therapy for post-traumatic stress disorder: randomised controlled trial. <i>The British Journal of Psychiatry : The Journal of Mental Science</i> , 200(3), 224–31. <a href="http://www.ncbi.nlm.nih.gov/pubmed/22322_458">http://www.ncbi.nlm.nih.gov/pubmed/22322_458</a>

165	Nordentoft, et al.	2010	94	Schizophrenia	Adult	Hospital-based rehabilitation (included individual supportive psychodynamic psychotherapy)	1. Assertive community training 2. Standard treatment	Nordentoft, M., Øhlenschlger, J., Thorup, A., Petersen, L., Jeppesen, P., & Bertelsen, M. (2010). Deinstitutionalization revisited: A 5- year follow-up of a randomized clinical trial of hospital-based rehabilitation versus specialized assertive intervention (OPUS) versus standard treatment for patients with first-episode schizophrenia spectrum disorders. <i>Psychological Medicine</i> , 40(10), 1619–1626. <a href="http://doi.org/10.1017/S0033291709992182">http://doi.org/10.1017/S0033291709992182</a>
166	O'Brien, et al.	1972	100	Schizophrenia	Adult	Individual psychotherapy (no reference, not clear if dynamic, but Luborsky among authors)	Group psychotherapy (no reference, not clear if dynamic, but Luborsky among authors)	O'Brien, C. P., Hamm, K. B., Ray, B. A., Pierce, J. F., Luborsky, L., & Mintz, J. (1972). Group vs Individual Psychotherapy With Schizophrenics: A Controlled Outcome Study. <i>Archives of General Psychiatry</i> , 27(4), 474–478. <a href="http://doi.org/10.1001/archpsyc.1972.017502_80042008">http://doi.org/10.1001/archpsyc.1972.017502_80042008</a>
167	Ojehagen, et al.	1992	72	Alcohol dependence	Adult	"Psychiatric treatment" based on psychodynamic principles (Luborsky, 1984)	Multimodal behavior therapy (Lazarus, 1981)	Ojehagen, A., Berglund, M., Appel, C. P., Andersson, K., Nilsson, B., & Skjaeris, A., et al. (1992). A randomized study of long-term out- patient treatment in alcoholics. Psychiatric treatment versus multimodal behavioural therapy, during 1 versus 2 years of treatment. <i>Alcohol Alcohol</i> , 27, 649-658. <a href="http://www.ncbi.nlm.nih.gov/pubmed/12924_38">http://www.ncbi.nlm.nih.gov/pubmed/12924_38</a>
168	Parisuz, et al.	2019	40	Women with marital conflict	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1999)	No treatment	Parisuz, A., Najarpourian, S., & Mohammadi, K. (2019). The Effect of Intensive Short-Term Dynamic Psychotherapy on Marital Conflicts and Interpersonal Processing of Married Women with Emotional Divorce. <i>Iranian Evolutionary and Educational Psychology Journal</i> , 1(2), 112–122. <a href="https://doi.org/10.29252/ieepi.1.2.112">https://doi.org/10.29252/ieepi.1.2.112</a>
169	Philips, et al.	2018	46	Borderline personality disorder (+ substance abuse)	Adult	Mentalization-Based Treatment (MBT; Bateman & Fonagy, 2004) + Substance abuse treatment	Substance abuse treatment alone	Philips, B., Wennberg, P., Konradsson, P., & Franck, J. (2018). Mentalization-Based Treatment for Concurrent Borderline Personality Disorder and Substance Use Disorder: A Randomized Controlled Feasibility Study. <i>European Addiction Research</i> , 1–8. <a href="http://doi.org/10.1159/000485564">http://doi.org/10.1159/000485564</a>

170	Pierloot & Vinck	1978	22	Anxiety	Adult	Short-Term Dynamic Psychotherapy (STDP; Malan, 1963)	Systematic desensitization (Wolpe, 1969)	Pierloot, R., & Vinck, J. (1978). Differential outcome of short-term dynamic psychotherapy and systematic desensitizations in the treatment of anxious outpatients: A preliminary report. <i>Psychologica Belgica</i> , 18, 87-98. <a href="http://psycnet.apa.org/psycinfo/1980-32873-001">http://psycnet.apa.org/psycinfo/1980-32873-001</a>
171	Piper, et al.	1984	106	Mixed sample	Adult	Short-Term Individual (STI; Malan, 1976)	1. Short-term group (STG) 2. Long-term individual (LTI) 3. Long-term group (LTG) Non manuals used	Piper, W. E., Debbane, E. G., Bienvenu, J. P., & Garant, J. (1984). A comparative study of four forms of psychotherapy. <i>J Consult Clin Psychol</i> , 52, 268-279. <a href="https://pdfs.semanticscholar.org/ec6c/82a0f85af038592f00d9697b15891a7954ca.pdf">https://pdfs.semanticscholar.org/ec6c/82a0f85af038592f00d9697b15891a7954ca.pdf</a>
172	Piper, et al.	1990	144	Mixed sample	Adult	Short-Term Dynamic Psychotherapy (STDP; Malan, 1976; Strupp & Binder, 1984)	Waitlist	Piper, W. E., Azim, H. F., McCallum, M., & Joyce, A. S. (1990). Patient suitability and outcome in short-term individual psychotherapy. <i>J Consult Clin Psychol</i> , 58, 475-481. <a href="http://www.ncbi.nlm.nih.gov/pubmed/2212185">http://www.ncbi.nlm.nih.gov/pubmed/2212185</a>
173	Piper, et al.	1998	144	Mixed sample	Adult	Interpretive psychotherapy (Piper, Azim, Joyce, & McCallum, 1993)	Supportive psychotherapy (Piper, Azim, Joyce, & McCallum, 1993)	Piper, W. E., Joyce, a S., McCallum, M., & Azim, H. F. (1998). Interpretive and supportive forms of psychotherapy and patient personality variables. <i>Journal of consulting and clinical psychology</i> , 66(3), 558-67. <a href="http://www.ncbi.nlm.nih.gov/pubmed/10224_738">http://www.ncbi.nlm.nih.gov/pubmed/10224_738</a>
174	Piper, et al.	2001	139	Complicated grief	Adult	Interpretive group therapy (no specific reference)	Supportive group therapy (no specific reference)	Piper, W. E., McCallum, M., Joyce, A. S., Rosie, J. S., & Ogrodniczuk, J. S. (2001). Patient personality and time-limited group psychotherapy for complicated grief. <i>Int J Group Psychother</i> , 51, 525-552. <a href="http://www.ncbi.nlm.nih.gov/pubmed/11582_899">http://www.ncbi.nlm.nih.gov/pubmed/11582_899</a>

175	Poulsen	1991	46	Rheumatic disease	Adult	Time-limited group therapy (Foulkes, 1975)	Waitlist	Poulsen, A. (1991). Psychodynamic, time- limited group therapy in rheumatic disease—a controlled study with special reference to alexithymia. <i>Psychother Psychosom</i> , 56, 12-23. <a href="http://www.ncbi.nlm.nih.gov/pubmed/1891575">http://www.ncbi.nlm.nih.gov/pubmed/1891575</a>
176	Poulsen, et al.	2014	70	Bulimia	Adult	Psychoanalytic psychotherapy for bulimia nervosa (Lunn & Poulsen, 2012)	CBT (Fairburn, 2008)	Poulsen, S., Lunn, S., Daniel, S. I. F., Folke, S., Mathiesen, B. B., Katznelson, H., & Fairburn, C.G. (2014). A randomized controlled trial of psychoanalytic psychotherapy or cognitive-behavioral therapy for bulimia nervosa. <i>The American Journal of Psychiatry</i> , 109-116. <a href="https://www.ncbi.nlm.nih.gov/pubmed/24275909">https://www.ncbi.nlm.nih.gov/pubmed/24275909</a>
177	Qaziani & Arefi	2017	30	Anxiety (affection control in anxious women)	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; no specific reference to manual)	No treatment waitlist	Qaziani, M. M., & Arefi, M. (2017). The effectiveness of intensive short-term dynamic psychotherapy on affection control of anxious women. <i>International Journal of Educational and Psychological Researches</i> , 3(4), 235-239. <a href="http://www.ijeprjournal.org/temp/IntJEducPsycholRes34235-6200115_171321.pdf">http://www.ijeprjournal.org/temp/IntJEducPsycholRes34235-6200115_171321.pdf</a>
178	Ranjbar Sudejani, et al.	2017	32	OCD	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1990; Abbass, 2015)	No treatment waitlist	Ranjbar Sudejani, Y., Sharifi, K., Sayyah. S.S., & Malek Mohamadi Galeh, Z. (2017) Effectiveness of Intensive Short-Term Dynamic Psychotherapy (ISTDP) on correcting irrational beliefs and reducing cognitive avoidance of people with obsessive compulsive disorder. <i>Journal of Counseling Research (article in persian)</i> , 15 (62), 140-169. <a href="http://iran-counseling.ir/journal/article-1-364-en.html">http://iran-counseling.ir/journal/article-1-364-en.html</a>
179	Reneses, et al.	2013	53	Borderline personality disorder	Adult	Representation focused Psychotherapy (PRFP; (Trujillo, 2001; 2010)	TAU	Reneses, B., Galián, M., Serrano, R., Figuera, D., Fernandez Del Moral, A., López-Ibor, J. J., ... Trujillo, M. (2013). A new Time Limited Psychotherapy for BPD: Preliminary Results of a Randomized and Controlled Trial. <i>Actas españolas de psiquiatría</i> , 41 (3), 139–48. <a href="http://www.ncbi.nlm.nih.gov/pubmed/23803797">http://www.ncbi.nlm.nih.gov/pubmed/23803797</a>



185	Rosso, et al.	2012	88	Depression	Adult	Brief Dynamic Psychotherapy (BDP; Malan, 1976)	Brief Supportive Psychotherapy (BSP; Novalis et al., 1993)	Rosso, G., Martini, B., & Maina, G. (2012). Brief dynamic therapy and depression severity: A single-blind, randomized study. <i>Journal of affective disorders</i> , 1–6. <a href="http://www.ncbi.nlm.nih.gov/pubmed/23174_499">http://www.ncbi.nlm.nih.gov/pubmed/23174_499</a>
186	Rossouw & Fonagy	2012	80	Self-harm	Adolescent	Mentalization-Based Treatment for adolescents (MBT-A; Rossouw, unpublished)	TAU	Rossouw, T. I., & Fonagy, P. (2012). Mentalization-based treatment for self-harm in adolescents: a randomized controlled trial. <i>Journal of the American Academy of Child and Adolescent Psychiatry</i> , 51(12), 1304–1313. <a href="http://www.ncbi.nlm.nih.gov/pubmed/23200_287">http://www.ncbi.nlm.nih.gov/pubmed/23200_287</a>
187	Rousseau, et al.	2009	105	Preschoolers with immigrant traumatic background	Child	Sandplay Therapy (Kalff, 1973; see also review by Roesler, 2019)	No treatment	Rousseau, C., Benoit, M., Lacroix, L., & Gauthier, M. F. (2009). Evaluation of a sandplay program for preschoolers in a multiethnic neighborhood. <i>Journal of Child Psychology and Psychiatry and Allied Disciplines</i> , 50(6), 743–750. <a href="https://doi.org/10.1111/j.1469-7610.2008.02003.x">https://doi.org/10.1111/j.1469-7610.2008.02003.x</a>
188	Salminen, et al.	2008	51	Depression	Adult	Short-Term Dynamic Psychotherapy (STDP; Malan, 1976; Mann, 1973)	Fluoxetine	Salminen, J. K., Karlsson, H., Hietala, J., Kajander, J., Aalto, S., & Markkula, J., et al. (2008). Short-term psychodynamic psychotherapy and fluoxetine in major depressive disorder: a randomized comparative study. <i>Psychother Psychosom</i> , 77, 351-357. <a href="http://www.ncbi.nlm.nih.gov/pubmed/18701_831">http://www.ncbi.nlm.nih.gov/pubmed/18701_831</a>
189	Salomonsson & Sandell	2011	80	Mothers who worry about child	Adults	Mother–Infant Psychoanalytic treatment (MIP; Norman, 2001; 2004)	Child Health Center Care (TAU)	Salomonsson, B., & Sandell, R. (2011). A randomized controlled trial of mother–infant psychoanalytic treatment: I. Outcomes on self-report questionnaires and external ratings. <i>Infant Mental Health Journal</i> , 32(2), 207–231. <a href="http://onlinelibrary.wiley.com/doi/10.1002/i_mhj.20291/full">http://onlinelibrary.wiley.com/doi/10.1002/i_mhj.20291/full</a>

190	Salzer, et al.	2013	66	Mixed sample of adolescents Adolescents with Borderline personality disorder (subsample in secondary study)	Adolescent	Psychoanalytic-Interactional Method (PIM; Streeck & Leichsenring, 2009; Leichsenring et al., 2010)	Waitlist/TAU	Salzer, S., Cropp, C., Jaeger, U., Masuhr, O., & Streeck-Fischer, a. (2013). Psychodynamic therapy for adolescents suffering from co-morbid disorders of conduct and emotions in an in-patient setting: a randomized controlled trial. <i>Psychological medicine</i> , 1–10. <a href="http://www.ncbi.nlm.nih.gov/pubmed/24229481">http://www.ncbi.nlm.nih.gov/pubmed/24229481</a>
191	Salzer, et al.	2016	107	Social phobia (SAD; adolescents)	Adolescent	Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984; modified for social phobia in adolescents by Horn et al, 2010)	1. CBT (Clark et al, 1995) 2. Waitlist	Salzer, S., Stefani, A., Kronmüller, K.-T., Leibing, E., Leichsenring, F., Henningsen, P., Peseschkian, H., Reich, G., Rosner, R., Ruhl, U., Schopf, Y., Steinert, C., Vonderlin, E., & Steil, R. (2018). Cognitive-behavioral and psychodynamic therapy in adolescents with social anxiety disorder: A multicenter randomized controlled trial. <i>Psychotherapy and Psychosomatics</i> , 1–11. <a href="http://doi.org/10.1159/000488990">http://doi.org/10.1159/000488990</a>
192	Sanchez, et al.	1980	32	Depression	Adult	“Traditional” Group Therapy (No specific reference)	Assertion training	Sanchez, V. C., Lewinsohn, P. M., & Larson, D. W. (1980). Assertion training: effectiveness in the treatment of depression. <i>J Clin Psychol</i> , 36, 526-529. <a href="http://www.ncbi.nlm.nih.gov/pubmed/7372826">http://www.ncbi.nlm.nih.gov/pubmed/7372826</a>
193	Sandahl, et al.	1998	49	Alcohol dependence	Adult	Time-limited group psychotherapy (Foulkes, 1964)	Cognitive-behavioural group therapy (Annis, 1986; Marlatt & Gordon, 1985; Sandahl and Ronnberg, 1990)	Sandahl, C., Herlitz, K., Ahlin, G., & Rönnerberg, S. (1998). Time-limited group psychotherapy for moderately alcohol dependent patients: A randomized controlled clinical trial. <i>Psychotherapy Research</i> , 8, 361-378. <a href="http://www.tandfonline.com/doi/abs/10.1080/10503309812331332467">http://www.tandfonline.com/doi/abs/10.1080/10503309812331332467</a>
194	Sandahl, et al.	2011	120	Depression (work-related)	Adult	Focused Psychodynamic Group Therapy (FGT; Sandahl & Lindgren, 2003)	1. Cognitive Group Therapy (no specific reference) 2. Comparison condition	Sandahl, C., Lundberg, U., Lindgren, A., Rylander, G., Herlofson, J., Nygren, A., & Asberg, M. (2011). Two forms of group therapy and individual treatment of work-related depression: a one-year follow-up study. <i>International journal of group psychotherapy</i> , 61 (4), 539–55. <a href="http://www.ncbi.nlm.nih.gov/pubmed/21985258">http://www.ncbi.nlm.nih.gov/pubmed/21985258</a>

195	Sattel, et al.	2011	211	Multisomatiform disorder	Adult	Psychodynamic-Interpersonal Therapy (PIT; Guthrie, 2011; Henningsen, 2011)	Enhanced medical care	Sattel, H., Lahmann, C., Gündel, H., Guthrie, E., Kruse, J., Noll-Hussong, M., Ohmann, C., Ronel, J., Sack, M., Sauer, N., Schneider, G., & Henningsen, P. (2011). Brief psychodynamic interpersonal psychotherapy for patients with multisomatiform disorder: randomised controlled trial. <i>The British Journal of Psychiatry : The Journal of Mental Science</i> , 60– 67. <a href="http://www.ncbi.nlm.nih.gov/pubmed/22075_651">http://www.ncbi.nlm.nih.gov/pubmed/22075_651</a>
196	Saunders	1996	218	Violent men	Adult	Process-Psychodynamic Group Therapy (PPT; Browne, Saunders, & Staecker, in press)	Feminist-group CBT (FCBT; Browne, Saunders, & Staecker, in press)	Saunders, D. G. (1996). Feminist-cognitive- behavioral and process-psychodynamic treatments for men who batter: interaction of abuser traits and treatment models. <i>Violence Vict</i> , 11, 393-414. <a href="http://www.ncbi.nlm.nih.gov/pubmed/92102_79">http://www.ncbi.nlm.nih.gov/pubmed/92102_79</a>
197	Schaefer, et al.	2013	304	Medically Unexplained Symptoms (MUS)	Adult	GP management + Group Interpersonal Psychodynamic Therapy (Stuart & Noyes, 2006)	GP management alone	Schaefer, R., Kaufmann, C., Wild, B., Schellberg, D., Boelter, R., Faber, R., Szecsenyi, J., Sauer, N., Guthrie, E., & Herzog, W. (2013). Specific collaborative group intervention for patients with medically unexplained symptoms in general practice: A cluster randomized controlled trial. <i>Psychotherapy and Psychosomatics</i> , 82(2), 106–119. <a href="http://doi.org/10.1159/000343652">http://doi.org/10.1159/000343652</a>
198	Scheidt, et al.	2012	46	Fibromyalgia + depression	Adult	Psychodynamic-Interpersonal Therapy (PIT; Hobson, 1985; Goldberg et al., 1984; Guthrie, 2013)	TAU	Scheidt, C. E., Waller, E., Endorf, K., Schmidt, S., König, R., Zeeck, A., Joos, A., & Lacour, M. (2012). Is brief psychodynamic psychotherapy in primary fibromyalgia syndrome with concurrent depression an effective treatment ? A randomized controlled trial. <i>General Hospital Psychiatry</i> , 160-167. <a href="https://www.ncbi.nlm.nih.gov/pubmed/23218844">https://www.ncbi.nlm.nih.gov/pubmed/23218844</a>
199	Schnyder, et al.	2011	30	PTSD	Adult	Brief Eclectic Psychotherapy (BEP; Gersons et al, 2004; Manual includes both CBT and PDT components)	Minimal attention control	Schnyder, U., Müller, J., Maercker, A., & Wittmann, L. (2011). Brief Eclectic Psychotherapy for PTSD: A Randomized Controlled Trial. <i>The Journal of Clinical Psychiatry</i> , 72(4): 564– 566. <a href="http://europepmc.org/abstract/MED/21527127?europe PMC_extredirect=https://doi.org/10.4088/JCP.10l06247blu">http://europepmc.org/abstract/MED/21527127?europe PMC_extredirect=https://doi.org/10.4088/JCP.10l06247blu</a>



200	Shaffer, et al.	1997	61	Opiate addiction	Adult	Dynamic group psychotherapy (no reference)	Hatha yoga therapy	Shaffer, H. J., LaSalvia, T. A., & Stein, J. P. (1997). Comparing Hatha yoga with dynamic group psychotherapy for enhancing methadone maintenance treatment: a randomized clinical trial. <i>Altern Ther Health Med</i> , 3, 57-66. <a href="http://www.ncbi.nlm.nih.gov/pubmed/9210777">http://www.ncbi.nlm.nih.gov/pubmed/9210777</a>
201	Shapiro & Firth	1987	48	Depression and anxiety	Adult	Exploratory therapy (no specific reference)	Prescriptive therapy (no specific reference)	Shapiro, D., & Firth, J. (1987). Prescriptive v. Exploratory Psychotherapy Outcomes of the Sheffield Psychotherapy Project. <i>The British Journal of Psychiatry</i> , 151, 790-799 <a href="http://bjp.publicaciones.saludcastillayleon.es/content/151/6/790.short">http://bjp.publicaciones.saludcastillayleon.es/content/151/6/790.short</a>
202	Shapiro, et al.	1994	117	Depression	Adult	Psychodynamic-Interpersonal Therapy (PIT; Hobson, 1985; Goldberg et al., 1984)	Cognitive Therapy (CT; Beck, Rush, Shaw, and Emery, 1979)	Shapiro, D. A., Barkham, M., Rees, A., Hardy, G. E., Reynolds, S., & Startup, M., et al. (1994). Effects of treatment duration and severity of depression on the effectiveness of cognitive-behavioral and psychodynamic-interpersonal psychotherapy. <i>J Consult Clin Psychol</i> , 62, 522-534. <a href="http://www.ncbi.nlm.nih.gov/pubmed/8063978">http://www.ncbi.nlm.nih.gov/pubmed/8063978</a>
203	Shaw, et al.	2001	54	Mixed sample	Adult	Psychodynamic-Interpersonal Therapy (PIT; Hobson, 1985)	Waitlist	Shaw, C. M., Margison, F. R., Guthrie, E. A., & Tomenson, B. (2001). Psychodynamic interpersonal therapy by inexperienced therapists in a naturalistic setting: A pilot study. <i>European Journal of Psychotherapy, Counselling, and Health</i> , 4, 87-101. <a href="http://www.tandfonline.com/doi/abs/10.1080/13642530110040091">http://www.tandfonline.com/doi/abs/10.1080/13642530110040091</a>
204	Shefler, et al.	1995	33	Mixed sample	Adult	Time-Limited Psychotherapy (TLP; Mann, 1973)	Waitlist	Shefler, G., Dasberg, H., & Ben-Shakhar, G. (1995). A randomized controlled outcome and follow-up study of Mann's time-limited psychotherapy. <i>J Consult Clin Psychol</i> , 63, 585-593. <a href="http://psycnet.apa.org/journals/ccp/63/4/585/">http://psycnet.apa.org/journals/ccp/63/4/585/</a>

205	Simpson, et al.	2003	145	Depression (chronic)	Adult	Psychodynamic counselling (Burton, 1998)	General practice	Simpson, S., Corney, R., Fitzgerald, P., & Beecham, J. (2003). A randomized controlled trial to evaluate the effectiveness and costeffectiveness of psychodynamic counselling for general practice patients with chronic depression. <i>Psychol Med</i> , 33, 229-239. <a href="http://www.ncbi.nlm.nih.gov/pubmed/12622">http://www.ncbi.nlm.nih.gov/pubmed/12622</a>
206	Sjodin, et al.	1986	103	Peptic ulcer disease	Adult	Short-Term Dynamic Therapy (STDP; Malan, 1976)	Medication	Sjodin, I., Svedlund, J., Ottosson, J. O., & Dotevall, G. (1986). Controlled study of psychotherapy in chronic peptic ulcer disease. <i>Psychosomatics</i> , 27, 187-91, 195. <a href="http://www.psychosomaticsjournal.com/article/S0033-3182(86)72711-4/abstract">http://www.psychosomaticsjournal.com/article/S0033-3182(86)72711-4/abstract</a>
207	Sleed, et al.	2013	88	High risk mothers (and their babies) in prison	Adult/child	Attachment-based intervention (Baradon, 2006)	Standard health and social care	Sleed, M., Baradon, T., & Fonagy, P. (2013). New Beginnings for mothers and babies in prison: A cluster randomized controlled trial. <i>Attachment &amp; Human Development</i> , 15 (4), 349–67. <a href="http://www.ncbi.nlm.nih.gov/pubmed/23550526">http://www.ncbi.nlm.nih.gov/pubmed/23550526</a>
208	Sloane, et al.	1975	94	Anxiety or personality disorder	Adult	Short-Term Analytically Oriented Psychotherapy (no specific reference)	1. Waitlist 2. Behavior Therapy (no specific reference)	Sloane, R. B., Staples, F. R., Cristol, A. H., Yorkston, N. J., & Whipple, K. (1975). Short-term analytically oriented psychotherapy versus behavior therapy. <i>American Journal of Psychiatry</i> , 132, 373-377. <a href="http://www.ncbi.nlm.nih.gov/pubmed/1119588">http://www.ncbi.nlm.nih.gov/pubmed/1119588</a>
209	Smits, et al.	2019	114	Borderline personality disorder	Adult	Day Hospital Mentalization-Based Treatment (DH-MBT; Bateman & Fonagy, 2004)	Intensive outpatient MBT	Smits, M. L., Feenstra, D. J., Eeren, H. V., Bales, D. L., Laurensen, E. M. P., Blankers, M., ... Luyten, P. (2019). Day hospital versus intensive out-patient mentalisation-based treatment for borderline personality disorder: multicentre randomised clinical trial. <i>The British Journal of Psychiatry</i> , 1–6. <a href="https://doi.org/10.1192/bjp.2019.9">https://doi.org/10.1192/bjp.2019.9</a>

210	Smyrniotis & Kirkby	1993	30	Mixed problems	Child	Time-limited brief psychotherapy (Smyrniotis, Kirkby, Smyrniotis, & Picone, 1987)	Time-unlimited psychotherapy (Klein, 1975; Segal, 1978)	Smyrniotis, K. X., & Kirkby, R. J. (1993). Long-term comparison of brief versus unlimited psychodynamic treatments with children and their parents. <i>J Consult Clin Psychol</i> , 61, 1020-1027. <a href="http://www.ncbi.nlm.nih.gov/pubmed/8113479">http://www.ncbi.nlm.nih.gov/pubmed/8113479</a>
211	Snyder, et al.	1991	59	Couples with relational problems	Adult	Insight-Oriented Marital Therapy (IOMT; no specific reference)	Behavioral Marital Therapy (BMT; no specific reference)	Snyder, D. K., Wills, R. M., & Grady-Fletcher, a. (1991). Long-term effectiveness of behavioral versus insight-oriented marital therapy: a 4-year follow-up study. <i>Journal of Consulting and Clinical Psychology</i> , 59(1), 138-41. <a href="http://www.ncbi.nlm.nih.gov/pubmed/2002129">http://www.ncbi.nlm.nih.gov/pubmed/2002129</a>
212	Spiess, et al.	1995	23	Type I diabetic patients	Adult	Group PDT program (no specific manual or reference) + treatment as usual	Treatment as usual	Spiess, K., Sachs, G., Pietschmann, P., & Prager, R. (1995). A program to reduce onset distress in unselected type I diabetic patients: Effects on psychological variables and metabolic control. <i>European Journal of Endocrinology</i> . <a href="https://www.ncbi.nlm.nih.gov/pubmed/7749498">https://www.ncbi.nlm.nih.gov/pubmed/7749498</a>
213	Stanton, et al.	1984	164	Schizophrenia (non-chronic)	Adult	Expressive, insight-oriented psychotherapy (EIO; Stanton, in press)	Reality-adaptive, supportive therapy (RAS; May, 1968)	Stanton, A. H., Gunderson, J. G., Knapp, P. H., Frank, A. F., Vancelli, M. L., & Schnitzer, R., et al. (1984). Effects of psychotherapy in schizophrenia: I. Design and implementation of a controlled study. <i>Schizophr Bull</i> , 10, 520-563. <a href="http://www.ncbi.nlm.nih.gov/pubmed/6151245">http://www.ncbi.nlm.nih.gov/pubmed/6151245</a>
214	Stefini, et al.	2017	81	Bulimia	Adolescent	Focal psychodynamic therapy for bulimia (Reich et al, 1998; 2014)	CBT (Bents, 2007; 2010; Fairburn, 2008)	Stefini A, Salzer S, Reich G, Horn H, Winkelmann K, Bents H, Rutz U, Frost U, Boetticher Av, Ruhl U, Specht N, Kronmüller K-T. (2017). Cognitive-Behavioral and Psychodynamic Therapy in Female Adolescents With Bulimia Nervosa: A Randomized Controlled Trial. <i>Journal of the American Academy of Child &amp; Adolescent Psychiatry</i> , 56(4), 329-335. <a href="http://doi.org/10.1016/j.jaac.2017.01.019">http://doi.org/10.1016/j.jaac.2017.01.019</a>

215	Steinert, et al.	2016	86	PTSD	Adult	Resource-Oriented Trauma Therapy (ROTATE; Wöller & Mattheß, 2016)	Waitlist	Steinert, C., Bumke, P. J., Hollekamp, R. L., Larisch, A., Leichsenring, F., Mattheß, H., ... Kruse, J. (2016). Resource activation for treating post-traumatic stress disorder, co-morbid symptoms and impaired functioning: a randomized controlled trial in Cambodia. <i>Psychological Medicine</i> , 1–12. <a href="http://doi.org/10.1017/S0033291716002592">http://doi.org/10.1017/S0033291716002592</a>
216	Suchman, et al.	2011	47	Mothers with alcohol and drug addiction	Adult	The Mothers and Toddlers Program (MTP)	Parent Education (PE)	Suchman, N. E., Decoste, C. L., Castiglioni, N., McMahon, T. J., Rounsaville, B. J., & Mayes, L. (2011). The Mothers and Toddlers Program, an attachment-based parenting intervention for substance using women: Post-treatment results from a randomized clinical pilot. <i>Attachment &amp; Human Development</i> , 12(5), 483–504. <a href="http://doi.org/10.1080/14616734.2010.501983">http://doi.org/10.1080/14616734.2010.501983</a>
217	Suchman, et al.	2017	87	Mothers with histories of alcohol and drug addiction	Adult	Mothering from the Inside Out (MIO; Suchman & Bers, 2015)	Parent Education (PE)	Suchman, N. E., Decoste, C. L., McMahon, T. J., Dalton, R., Mayes, L. C., & Borelli, J. (2017). Mothering from the Inside Out: Results of a second randomized clinical trial testing a mentalization-based intervention for mothers in addiction treatment. <i>Development and Psychopathology</i> , 29(2), 617–636. <a href="http://doi.org/10.1017/S0954579417000220">http://doi.org/10.1017/S0954579417000220</a>
218	Svartberg, et al.	1998	20	Mixed sample	Adult	Short-Term Anxiety-Provoking Psychotherapy (STAPP; utvecklares specifikt för studien)	Non-directive Psychotherapy (NDP; utvecklares specifikt för studien)	Svartberg, M., Seltzer, M. H., & Stiles, T. C. (1998). The effects of common and specific factors in short-term anxiety-provoking psychotherapy: a pilot process-outcome study. <i>J Nerv Ment Dis</i> , 186, 691-696. <a href="https://www.ncbi.nlm.nih.gov/pubmed/9824171">https://www.ncbi.nlm.nih.gov/pubmed/9824171</a>
219	Svartberg, et al.	2004	50	Personality disorder (Cluster C)	Adult	Short-Term Dynamic Psychotherapy (STDP; McCullough Vaillant, 1997)	Cognitive Therapy (CT; Beck & Freeman, 1990)	Svartberg, M., Stiles, T. C., & Seltzer, M. H. (2004). Randomized, controlled trial of the effectiveness of short-term dynamic psychotherapy and cognitive therapy for cluster C personality disorders. <i>Am J Psychiatry</i> , 161, 810-817. <a href="http://www.ncbi.nlm.nih.gov/pubmed/15121">http://www.ncbi.nlm.nih.gov/pubmed/15121</a>

220	Svedlund, et al.	1983	101	IBS	Adult	Brief Dynamic Psychotherapy (BDP; Malan, 1979)	Treatment as usual (TAU) (medical)	Svedlund, J., Sjödin, I., Ottosson, J. O., & Dotevall, G. (1983). Controlled study of psychotherapy in irritable bowel syndrome. <i>Lancet</i> , 2, 589-592. <a href="https://www.ncbi.nlm.nih.gov/pubmed/6136745">https://www.ncbi.nlm.nih.gov/pubmed/6136745</a>
221	Szapocznik, et al.	1989	69	Behavioral problems among boys	Child	Individual psychodynamic child therapy (IPCT) (Adams, 1974; Cooper & Wanerman, 1977)	1. Structural Family Therapy (SFT; Minuchin & Fishman, 1981; Minuchin, Montalvo, Guerney, Rosman, & Schuman, 1967) 2. Recreational	Szapocznik, J., Rio, A., Murray, E., Cohen, R., Scopetta, M., & Rivas-Vazquez, A., et al. (1989). Structural family versus psychodynamic child therapy for problematic Hispanic boys. <i>J.Consult.Clin.Psychol.</i> , 57, 571-578. <a href="http://www.ncbi.nlm.nih.gov/pubmed/2794177">http://www.ncbi.nlm.nih.gov/pubmed/2794177</a>
222	Sørensen, et al.	2010	80	Hypochondriasis	Adult	Short-Term Psychodynamic Psychotherapy (No specific reference)	1. Cognitive-behavioural Therapy (CBT; Salkovskis, 1989; Warwick, 1989; Salkovskis et al. 2003) 2. Waitlist	Sørensen, P., Birket-Smith, M., Wattar, U., Buemann, I., & Salkovskis, P. (2010). A randomized clinical trial of cognitive behavioural therapy versus short-term psychodynamic psychotherapy versus no intervention for patients with hypochondriasis. <i>Psychol Med</i> , 1-11. <a href="http://www.ncbi.nlm.nih.gov/pubmed/20380779">http://www.ncbi.nlm.nih.gov/pubmed/20380779</a>
223	Tasca, et al.	2006	135	Binge eating disorder	Adult	Group psychodynamic interpersonal psychotherapy (Tasca et al., 2002; Strupp & Binder, 1984; Malan 1979)	Group cognitive-behavior therapy (GCBT; Wilfley et al., 1996)	Tasca, G., Ritchie, K., Conrad, G., Balfour, L., Gayton, J., & Lybanon, V., et al. (2006). Attachment scales predict outcome in a randomized controlled trial of two group therapies for binge eating disorder: An aptitude by treatment interaction. <i>Psychotherapy Research</i> , 16, 106-121. <a href="http://www.tandfonline.com/doi/abs/10.1080/10503300500090928">http://www.tandfonline.com/doi/abs/10.1080/10503300500090928</a>
224	Tasca, et al.	2018	85	Binge eating disorder	Adult	Group psychodynamic interpersonal psychotherapy (Tasca et al., 2002; Strupp & Binder, 1984; Malan 1979)	No treatment control	Tasca, G. A., Koszycki, D., Brugnera, A., Chyurlia, L., Hammond, N., Francis, K., ... Balfour, L. (2018). Testing a stepped care model for binge-eating disorder: a two-step randomized controlled trial. <i>Psychological Medicine</i> . <a href="https://www.ncbi.nlm.nih.gov/pubmed/29792242">https://www.ncbi.nlm.nih.gov/pubmed/29792242</a>

225	Thakur, et al.	2017	106	Irritable bowel syndrome	Adult	Emotional Awareness and Expression Therapy (Integrative method with psychodynamic components, see Lumley & Schubiner, 2019)	1. Relaxation training 2. Waitlist	Thakur, E. R., Holmes, H. J., Lockhart, N. A., Carty, J. N., Ziadni, M. S., Doherty, H. K., ... Lumley, M. A. (2017). Emotional awareness and expression training improves irritable bowel syndrome: A randomized controlled trial. <i>Neurogastroenterology and Motility</i> , 29(12), 1–10. <a href="https://doi.org/10.1111/nmo.13143">https://doi.org/10.1111/nmo.13143</a>
226	Thompson, et al.	1987	91	Depression	Older adult	Brief psychodynamic therapy (Horowitz & Kaltreider, 1979)	1. Cognitive Therapy (CT; Beck, Rush, Shaw, & Emery, 1979) 2. Behavioral Therapy (BT; Gallagher & Thompson, 1981; Lewinsohn, 1974)	Thompson, L. W., Gallagher, D., & Breckenridge, J. S. (1987). Comparative effectiveness of psychotherapies for depressed elders. <i>J Consult Clin Psychol</i> , 55, 385-390. <a href="https://www.researchgate.net/publication/19563884_Comparative_Effectiveness_of_Psychotherapies_for_Depressed_Elders">https://www.researchgate.net/publication/19563884_Comparative_Effectiveness_of_Psychotherapies_for_Depressed_Elders</a>
227	Thyme, et al.	2007	39	Depression	Adult	Short-Term Psychodynamic Verbal Therapy (Mann, 1973)	Art psychotherapy (no reference)	Thyme, K. E., Sundin, E. C., Stahlberg, G., Lindstrom, B., Eklof, H., & Wiberg, B., et al. (2007). The outcome of short-term psychodynamic art therapy compared to short-term psychodynamic verbal therapy for depressed women. <i>Psychoanalytic Psychotherapy</i> , 21, 250-264. <a href="http://www.tandfonline.com/doi/abs/10.1080/02668730701535610">http://www.tandfonline.com/doi/abs/10.1080/02668730701535610</a>
228	Town, et al.	2017	60	Depression (treatment resistant)	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Abbass, 2015)	TAU (Canadian depression guidelines)	Town, J. M., Abbass, A., Stride, C. & Bernier, D. (2017) A randomised controlled trial of Intensive Short-Term Dynamic Psychotherapy for treatment resistant depression: the Halifax Depression Study, <i>Journal of Affective Disorders</i> , in Press <a href="http://dx.doi.org/10.1016/j.jad.2017.02.035">http://dx.doi.org/10.1016/j.jad.2017.02.035</a>
229	Trowell, et al.	2002	71	PTSD (sexually abused girls)	Child	Individual therapy (Unclear with no reference)	Psychopedagogical /analytic group therapy	Trowell, J., Kolvin, I., Weeramanthri, T., Sadowski, H., Berelowitz, M., & Glaser, D., et al. (2002). Psychotherapy for sexually abused girls: psychopathological outcome findings and patterns of change. <i>Br J Psychiatry</i> , 180, 234-247. <a href="http://www.ncbi.nlm.nih.gov/pubmed/11872_516">http://www.ncbi.nlm.nih.gov/pubmed/11872_516</a>

230	Trowell, et al.	2007	72	Depression	Child	Focused Individual Psychotherapy (Malan & Osmimo, 1992; Davanloo, 1978)	Systems Integrative Family Therapy (Byung-Hall, 1995; Will, 1985)	Trowell, J., Joffe, I., Campbell, J., Clemente, C., Almqvist, F., & Soininen, M., et al. (2007). Childhood depression: a place for psychotherapy. An outcome study comparing individual psychodynamic psychotherapy and family therapy. <i>Eur Child Adolesc Psychiatry</i> , 16, 157-167. <a href="http://www.ncbi.nlm.nih.gov/pubmed/17200793">http://www.ncbi.nlm.nih.gov/pubmed/17200793</a>
231	Vinnars, et al.	2005	156	Personality disorder (mixed)	Adult	Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984)	Non-manualized PDT	Vinnars, B., Barber, J. P., Norén, K., Gallop, R., & Weinryb, R. M. (2005). Manualized supportive-expressive psychotherapy versus nonmanualized community-delivered psychodynamic therapy for patients with personality disorders: bridging efficacy and effectiveness. <i>Am J Psychiatry</i> , 162, 1933-1940. <a href="http://www.ncbi.nlm.nih.gov/pubmed/16199841">http://www.ncbi.nlm.nih.gov/pubmed/16199841</a>
232	Vitriol, et al.	2009	87	Depression (+ childhood trauma, PTSD)	Adult	Brief psychodynamic psychotherapy (Kudler et al, 2003; Davies et al., 1994)	TAU	Vitriol, V. G., Ballesteros, S. T., Florenzano, R. U., Weil, K. P., & Benadof, D. F. (2009). Evaluation of an outpatient intervention for women with severe depression and a history of childhood trauma. <i>Psychiatr Serv</i> , 60, 936-942. <a href="https://www.ncbi.nlm.nih.gov/pubmed/19564224">https://www.ncbi.nlm.nih.gov/pubmed/19564224</a>
233	Watzke, et al.	2010	291	Mixed sample	Adult	Psychodynamic brief group therapy (Heigl-Evers et al., 1997)	Cognitive-behavioural group therapy (Fiedler, 2001)	Watzke, B., Rüdell, H., Jürgensen, R., Koch, U., Kriston, L., Grothgar, B., & Schulz, H. (2010). Effectiveness of systematic treatment selection for psychodynamic and cognitive-behavioural therapy: randomised controlled trial in routine mental healthcare. <i>The British Journal of Psychiatry : The Journal of Mental Science</i> , 197(2), 96-105. <a href="http://www.ncbi.nlm.nih.gov/pubmed/20679260">http://www.ncbi.nlm.nih.gov/pubmed/20679260</a>
234	Wang et al.	2012	30	ADHD	Child	Sandplay Therapy (no specific reference; see review by Roesler, 2019)	No treatment	Wang, Q.-M., Hang, G., Zhang, X.-L., He, X.-L., & Wang, D.-D. (2012). Effects of sandplay therapy in children with attention deficit hyperactivity disorder. <i>Chinese Mental Health Journal</i> , 24(9), 691-695. <a href="http://en.cnki.com.cn/Article_en/CJFDTOTAL-ZXWS201009015.htm">http://en.cnki.com.cn/Article_en/CJFDTOTAL-ZXWS201009015.htm</a>

235	Wiborg & Dahl	1996	40	Panic disorder	Adult	Brief Dynamic Psychotherapy (BDP; Davanloo, 1978; Malan 1976; 1979; Strupp & Binder, 1984) + Clomipramin	Clomipramin alone	Wiborg, I. M., & Dahl, A. A. (1996). Does brief dynamic psychotherapy reduce the relapse rate of panic disorder? <i>Arch Gen Psychiatry</i> , 53, 689-694. <a href="https://www.ncbi.nlm.nih.gov/pubmed/8694682">https://www.ncbi.nlm.nih.gov/pubmed/8694682</a>
236	Wiltink, et al.	2017	109	Social Phobia	Adult	Manualized Short-Term Psychodynamic Psychotherapy (based on Supportive-Expressive Psychotherapy; Luborsky, 1984)	Non-manualized Short-Term Psychodynamic Psychotherapy (tauSTPP; no manual)	Wiltink, J., Ruckes, C., Hoyer, J., Leichsenring, F., Joraschky, P., Leweke, F., ... Beutel, M. E. (2017). Transfer of manualized Short Term Psychodynamic Psychotherapy (STPP) for social anxiety disorder into clinical practice: results from a cluster-randomised controlled trial. <i>BMC Psychiatry</i> , 17(1), 92. <a href="http://doi.org/10.1186/s12888-017-1257-7">http://doi.org/10.1186/s12888-017-1257-7</a>
237	Winston, et al.	1991	81	Personality disorders (mixed)	Adult	Short-Term Dynamic Therapy (STDP; Davanloo, 1980; Also reference to Mann, Malan, and Sifneos)	Brief Adaptive Psychotherapy (BAP; Pollack et al., 1991)	Winston, A., Pollack, J., McCullough, L., Flegenheimer, W., Kestenbaum, R., & Trujillo, M., et al. (1991). Brief psychotherapy of personality disorders. <i>J Nerv Ment Dis</i> , 179, 188-193. <a href="http://psycnet.apa.org/psycinfo/1991-25198-001">http://psycnet.apa.org/psycinfo/1991-25198-001</a>
238	Woody, et al.	1983	110	Opiate dependence	Adult	Supportive-Expressive Psychotherapy (SEP; Luborsky, 1977; unpublished manual)	Cognitive-Behavior Therapy (CBT; Beck, unpublished) Drug Counseling (DC; Stockdale & Hargrove, unpublished material, 1977)	Woody, G. E., Luborsky, L., McLellan, A. T., O'Brien, C. P., Beck, A. T., & Blaine, J., et al. (1983). Psychotherapy for opiate addicts. Does it help? <i>Arch Gen Psychiatry</i> , 40, 639-645. <a href="http://www.ncbi.nlm.nih.gov/pubmed/6847332">http://www.ncbi.nlm.nih.gov/pubmed/6847332</a>
239	Woody, et al.	1995	84	Opiate dependence	Adult	Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984)	Drug counseling	Woody, G. E., McLellan, A. T., Luborsky, L., & O'Brien, C. P. (1995). Psychotherapy in community methadone programs: A validation study. <i>American Journal of Psychiatry</i> , 152, 1302-1308. <a href="https://www.ncbi.nlm.nih.gov/pubmed/7653685">https://www.ncbi.nlm.nih.gov/pubmed/7653685</a>



240	Zajenkowska, et al.	2019	50	Depression	Adult	Group PDT (no specific manual or reference)	Group CBT (no reference)	Zajenkowska, A., Rajchert, J., Macianowicz, O., Holas, P., & Murawic, S. (2019). Cognitive-Behavioral (CBT) and Psychodynamic (PDT) Group Psychotherapy and Their Impact on Depressive Symptoms and Hostile Attributions. <i>International Journal of Group Psychotherapy</i> , 0(00), 1–25. <a href="https://doi.org/10.1080/00207284.2019.1653189">https://doi.org/10.1080/00207284.2019.1653189</a>
241	Ziadini, et al.	2018	75	Medically Unexplained Symptoms (MUS)	Adult	Emotional Awareness and Expression Therapy (Integrative method with psychodynamic components, see Lumley & Schubiner, 2019)	TAU	Ziadni, M. S., Carty, J. N., Doherty, H. K., Porcerelli, J. H., Rapport, L. J., Schubiner, H., & Lumley, M. A. (2018). A life-stress, emotional awareness, and expression interview for primary care patients with medically unexplained symptoms: A randomized controlled trial. <i>Health Psychology</i> , 37(3), 282–290. <a href="https://doi.org/10.1037/hea0000566">https://doi.org/10.1037/hea0000566</a>
242	Zipfel, et al.	2013	242	Anorexia	Adult	Focal psychodynamic therapy (FPT; Schauenburg et al., 2009)	1. Enhanced cognitive behavior therapy (CBT-E; Fairburn, 2008) 2. Optimized TAU	Zipfel, S., Wild, B., Groß, G., Friederich, H., Teufel, M., Schellberg, D., ... Zwaan, M. De. (2013). Focal psychodynamic therapy, cognitive behaviour therapy, and optimised treatment as usual in outpatients with anorexia nervosa (ANTOP study): randomised controlled trial. <i>The Lancet</i> , 383, 127–137. <a href="https://www.ncbi.nlm.nih.gov/pubmed/24131861">https://www.ncbi.nlm.nih.gov/pubmed/24131861</a>
243	Zwerenz, et al.	2017	319	Work-related stress	Adult	Online intervention based on Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984)	Online control group	Zwerenz, R., Becker, J., Gerzymisch, K., Siepmann, M., Holme, M., Kiwus, U., ... Beutel, M. E. (2017). Evaluation of a transdiagnostic psychodynamic online intervention to support return to work: A randomized controlled trial. <i>Plos One</i> , 12(5), e0176513. <a href="http://doi.org/10.1371/journal.pone.0176513">http://doi.org/10.1371/journal.pone.0176513</a>
244	Zwerenz, et al.	2017	229	Depression (inpatients)	Adult	Inpatient Psychodynamic Psychotherapy (program of different interventions, no manual referenced) + Internet intervention (Deprexis)	Inpatient Psychodynamic Psychotherapy (program of different interventions, no manual referenced) + Internet control intervention	Zwerenz, R., Becker, J., Knickenberg, R. J., Siepmann, M., Hagen, K., & Beutel, M. E. (2017). Online Self-Help as an Add-On to Inpatient Psychotherapy: Efficacy of a New Blended Treatment Approach. <i>Psychotherapy and Psychosomatics</i> , 341–350. <a href="http://doi.org/10.1159/000481177">http://doi.org/10.1159/000481177</a>

